

# Healthier Moms & Babies

**Bold  
Compassion.**





# Our Mission

To prevent infant mortality and improve pregnancy outcomes in our community

# Our Why

- **Indiana has the 7<sup>th</sup> highest infant mortality rate in the U.S.**
- **Allen County's 46806 zip code has one of the highest infant mortality rates in the state.**
- **For every 1,000 infants born in Allen County, 6 will die before their first birthdays.**
- **The leading causes of infant mortality include preterm labor, congenital anomalies, preterm birth, and unsafe sleep practices.**
- **Everyone deserves the chance to live a healthy, happy life.**
- **That's why we wholeheartedly support families—of all sizes, structures, cultures, and experiences.**
- **When we uplift our most vulnerable families, we uplift our entire community for generations to come.**



# How We Do It

- In our home visitation programs, we provide education and mentorship to high-risk families early in pregnancy until after the baby is born by addressing the leading causes of infant and maternal mortality and empowering our moms, dads, and caregivers.
- We care about being the right resource, for the right person, at the right time.
- In everything we do, we meet families where they are in their journey—physically, mentally, and emotionally.
- We receive referrals from partner agencies, health systems, and word-of-mouth.

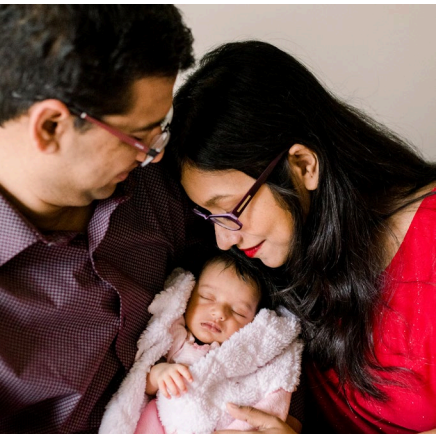




# What We Do

## Programs

- Nurse Family Partnership and Healthy Start Home visitation
- Maternal Mental Health Services
- Women's Health & Wellness classes
- Community-based Doula Services
- Diaper distribution and mobile outreach



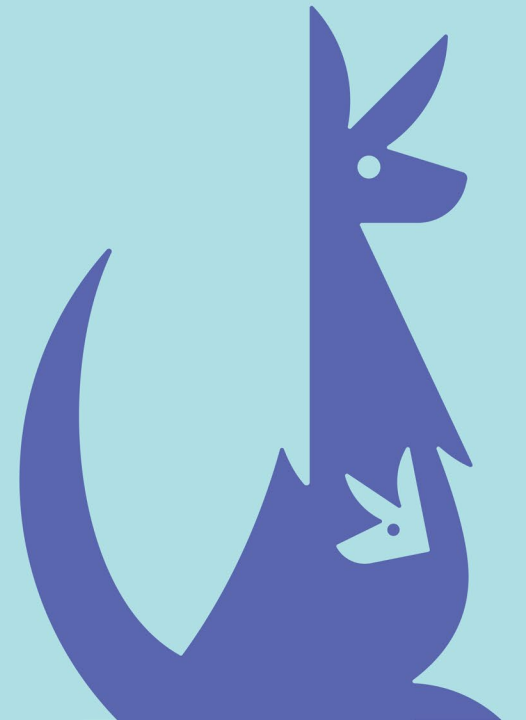
# Home Visiting Programs

## Nurse Family Partnership

- Enroll in early pregnancy until 28 weeks 6 days
- Paired with Registered Nurse
- Served through 24 months

## Healthy Start

- Enroll at any gestation and number of pregnancy
- Paired with Family Advocate
- Served through 18 months



## Resources

- Provide incentives including wipes, formula, car seats, pack & plays, and other donation-based items.
- Referrals to Super Shots for in-home vaccinations
- Partnership with Navigate Maternity
- Connections to available community resources and offerings

## Education

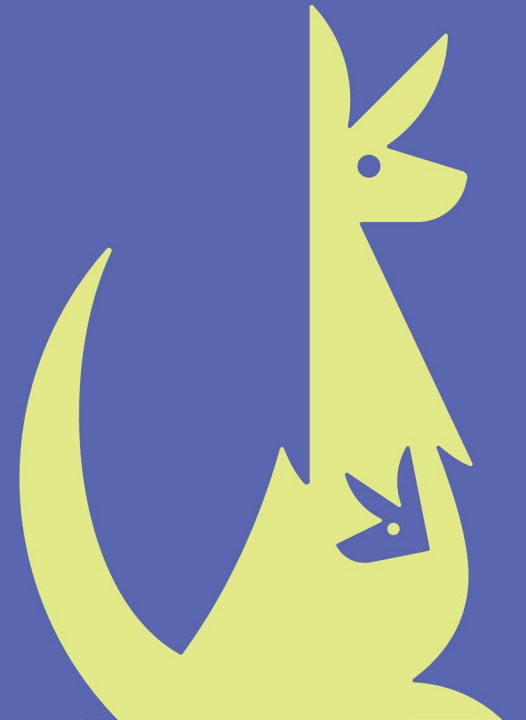
- Pregnancy, infant health, and child development
- Safe Sleep
- Kick Counts
- Preconception and interconception health
- Fatherhood education
- Self-care and coping skills



# Assessments

## Nurse Family Partnership & Healthy Start

- Strength & Risk Assessment
- SDoH
- GAD & Edinburgh
- Interpersonal Violence (IPV)
- Substance Use Screening
- ASQ-3, ASQSE
- Lead Screening





# Our Other Programs

## Maternal Mental Health

- Through therapy opportunities, empowerment groups, and perinatal screening policies, we work to support the whole family. Maternal mental health is one of the leading causes of maternal mortality. By reducing the stigma and providing adequate resources, we can make generational change.
- Not all individuals are receptive to therapy. Through a partnership with Alliance Health, we can refer to a Psychiatric Nurse Practitioner for safe medication use through pregnancy and lactation.



## Women's Health & Wellness Classes

- Women who are healthier prior to getting pregnant have better birth outcomes
- Through group sessions, our staff provide preconception and interconception health with a mind, body, and spirit focus
- Class topics include Health & Wellness, Nutrition, Maternal Mental Health, and Safe Sleep





## Doula Services

- Our trained Doulas assist our highest-risk clients, offering guidance and advocacy throughout childbirth to ensure they have the healthiest and most empowering birth experience possible

## Hopper Mobile Outreach

- Provides diapers and resources to families all across Northeast Indiana
- Families with diaper needs must register for a Hopper event to receive 50 diapers per child (up to 4 children) each month
- For families that live in Allen County, they must attend a Hopper Group Education class before receiving diapers



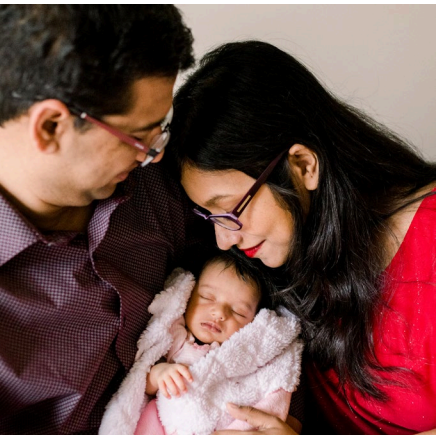
# How to Get Services

## Referring and Partner Agencies

- Fill out a referral form online on behalf of a client: [healthiermomsandbabies.org/find-support](https://healthiermomsandbabies.org/find-support)
- Share our information with your clients

## Interested Clients

- Fill out a referral form online: [healthiermomsandbabies.org/find-support](https://healthiermomsandbabies.org/find-support)
- Register for diapers online: [healthiermomsandbabies.org/mobile-outreach](https://healthiermomsandbabies.org/mobile-outreach)
- Call our office if you have any questions (260) 469-4076



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**Thank you**