

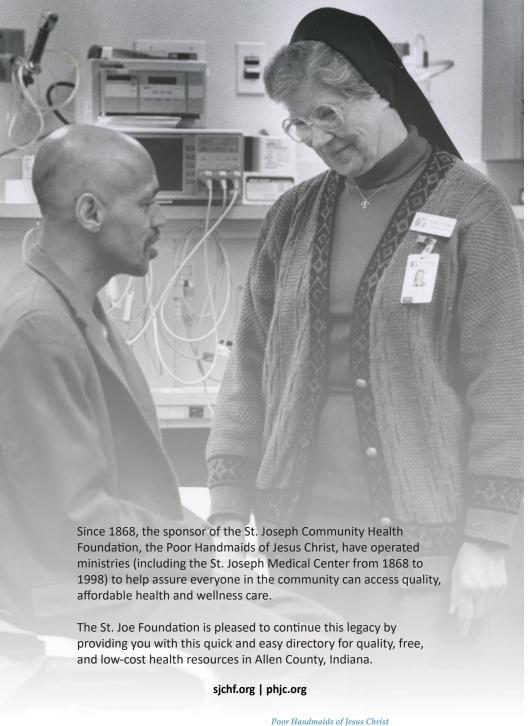
# **Community Health Resource Directory**2022 - 2023







The contents of this directory of quality, low-cost services are not an endorsement of providers. Users are encouraged to take responsibility for their own decisions on their choice of providers and the services they utilize.









### **Allen County Department of Health** Infectious Disease Center

Formerly TB Clinic

4813 New Haven Ave. Fort Wayne, IN 46803

260-449-7920 www.AllenCountyHealth.com



SPANISH, BURMESE Daily by appointment only **OTHER LANGUAGES** By appointment only

### Services

- Surveillance of all reportable communicable diseases
- Provide community information regarding infectious diseases
- · Treatment of individuals with active and latent Tuberculosis (TB); community referrals encouraged
- Contact investigation for active Tuberculosis (TB) and other communicable diseases
- Site investigations for reports of unusual occurrence of illnesses
- Information on reportable communicable diseases, including Tuberculosis (TB)
- Dispense medication on-site as needed for clients undergoing treatment

### **ADDITIONAL SERVICES**



### Hours

M-F

### 8AM-12PM\* 1PM-4:30PM\*

\*Physician visits by appointment only

Walk-ins accepted for first visit by a nurse during walkin hours

#### **BUS ROUTE**

10 New Haven

### **I** Payment

· Minimal fees charged

#### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Most private insurance

### **I** Eligibility

- Valid U.S. governmentissued ID needed
- No one refused services
- · Diagnosis with communicable disease referred to Department of Health
- Referral from physician for latent or active Tuberculosis (TB)

### **Allen County Department of Health** STD Clinic

4813 New Haven Ave. Fort Wayne, IN 46803

260-449-7504 www.AllenCountyHealth.com



SPANISH, BURMESE Daily by appointment only

OTHER LANGUAGES

By appointment only

- Sexually Transmitted Diseases (STD) testing
- Confidential AIDS/HIV testing
- Patient education/information
- Case management and referrals
- Dispense medication on-site as needed for clients undergoing treatment

#### ADDITIONAL SERVICES









#### M-F 8AM-12PM 1PM-4:30PM

Call to schedule appointment

Limited walk-ins

**BUS ROUTE** 10 New Haven

### • Minimal fees charged

### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Most private insurance
- Valid U.S. governmentissued ID needed
- No one refused services
- Anyone age 13 or older



### **Alliance Health Centers**

2700 Lafayette St. Fort Wayne, IN 46806

260-266-0780 www.MyAllianceHealth.org



### SPANISH

Offered daily on-site

### **∣** Services

- Primary medical care for all ages
- · Lab tests including blood draw
- Patient assistance in applying for reduced-fee prescriptions
- Medication formulary with low-cost alternatives
- Assistance with enrolling in health insurance (Medicaid and Marketplace)

#### **ADDITIONAL SERVICES**





· Physicals, wellness exams, sick visits, vaccinations, orders for labs, and referrals

Assessments of the following systems:

ear, nose, throat, neurological, eye, musculoskeletal, genitourinary, dermatology

### **I** Payment

• Sliding fee scale based upon income

### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

## **I** Eligibility

- No U.S. governmentissued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card
- No one will be turned away regardless of ability to pay

#### **Bowen Health Clinic**

201 E. Rudisill Blvd., Suite #106 Fort Wayne, IN 46806

260-443-7543 www.BowenCenter.org/bhc-fortwayne

#### Medical care for:

to specialty care

· Respiratory, cardiology, gastroenterology,

#### M,W,F T-TH

Hours

M.W-F

**BUS ROUTE** 

5 Southgate Plaza

8AM-5PM 8AM-7PM

8AM-5PM

9AM-6PM

### • Sliding fee scale based upon income

#### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

• No U.S. governmentissued ID needed

### **Christian Community Health Care**

13410 Main St. Grabill, IN 46741

260-627-2242 www.ChristianCommunity HealthCare.org

Addiction Counseling Line 260-218-8299

- Acute Care clinic (all ages)
- Ear-Nose-Throat specialty clinic
- · Living Free addiction counseling
- · Mental health counseling

#### **ACUTE CARE CLINIC**

M 10AM-11:30AM T-TH 6PM-7:30PM

SPECIALTY CLINICS. ADDICTION COUNSELING. and MENTAL HEALTH COUNSELING Call for appointment

#### • Free

· Donations accepted

- No U.S. governmentissued ID needed
- Patients welcome from any county
- Appointments may be scheduled for all services. Walk-in patients always welcome.



### **∣** Services

### **Hours** | Payment

### | Eligibility

#### Clinica Madre de Dios

Lower level of St. Patrick Parish School 2120 S. Harrison St. Fort Wayne, IN 46802

260-755-3897



### **SPANISH**

Offered daily by staff

Primary medical care including

gynecologyDiabetic clinic

#### **WALK-IN CLINIC**

W 1:30PM-5PM

### **DIABETIC CLINIC\***

FIRST T 6PM-8PM
\*By appointment only

#### **BUS ROUTE**

5 Southeast

• Free

• No insurance accepted

 No U.S. governmentissued ID needed

 Must be less than 200% of the poverty level and uninsured

### **Family Medicine Center**

750 Broadway, Suite #350 Fort Wayne, IN 46802

260-423-2675 www.FWFMC.com



## SPANISH, BURMESE, AND OTHER LANGUAGES

Offered by video-interpreter services

#### SIGN LANGUAGE

Available via video-interpreter by appointment only

- Primary medical care, patient education, and immunizations
- Pregnancy and childbirth (obstetrics/OB)
- Chronic disease testing and management
- Immunizations
- Diabetes prevention, education, and weight loss
- Smoking cessation
- Medication formulary with low-cost alternatives
- Provide assistance in Medicaid enrollment

M 8AM-7PMT,W,F 8AM-5PMTH 8AM-12PM

Call to schedule appointment

#### **BUS ROUTES**

1 Northcrest 6 Franke Park 9 St. Francis/Gateway  Sliding fee scale based upon income

## PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

 No U.S. governmentissued ID needed

### Fort Wayne Community Schools (FWCS) Health and Wellness Services

1200 S. Barr St. Fort Wayne, IN 46802

260-467-1080 www.FWCS.k12.in.us/health-services



#### **SPANISH, BURMESE**

Via tele-interpreter by appointment only

- Free vision screening
- Assistance with glasses
- Eye exams
- Glasses repair
- Guidance for other medical/dental resources for FWCS students

## DURING REGULAR SCHOOL HOURS ONLY

## **BUS ROUTE** 8 Calhoun

 Sliding fee scale based upon income

## PAYMENT METHODS ACCEPTED:

- Medicaid
- Private insurance
- No U.S. governmentissued ID needed
- Children enrolled in Fort Wayne Community Schools

### **Medical Services**

## X

### Organization/Agency

### **∣** Services

### **Payment**

### **| Eligibility**

### Fort Wayne Sexual Assault Treatment Center

1420 Kerrway Ct. Fort Wayne, IN 46805

260-423-2222 www.FWSATC.org

- Medical forensic exam and evidence collection
- Referrals to community resources

24/7

Hours

Free

- No U.S. governmentissued ID needed
- Call for more information

#### **GiveHear**

130 W. Main St., Suite #150 Fort Wayne, IN 46802

260-602-3276

#### **Hearing Impaired:**

Hear@GiveHear.org www.GiveHear.org



SPANISH, BURMESE, SIGN LANGUAGE, AND MORE

By appointment only

- Hearing testing
- Hearing aids
- · Hearing aid repair
- Hearing aid loan program for cancer and hospice patients upon referral

## CALL TO SCHEDULE APPOINTMENT

#### **BUS ROUTE** 6 Franke Park

 Sliding fee scale based upon income

## PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

- Must be less than 400% of the federal poverty level
- Volunteer service commitment required to receive hearing aids

### Matthew 25 Health and Care

413 E. Jefferson Blvd. Fort Wayne, IN 46802

260-426-3250 www.Matthew25Online.org



Please provide your own interpreter

- Medical appointments for acute care, like illness and infection, as well as chronic diseases
- Vision exams with financial assistance for glasses
- · Mental health counseling
- Diabetes education and counseling
- Free medications dispensed on-site for current patients of Matthew 25
- Physical Therapy Center on-site
- Specialty Clinics that meet at the Matthew 25 Health Center. Some of these include cardiology, orthopedics, pulmonary, gynecology, ENT (ears, nose, and throat), and podiatry

#### **ADDITIONAL SERVICES**

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**M,T,W,F** 8:30AM-4PM **TH** 8:30AM-12PM

To become a new patient, you must complete registration paperwork and bring eligibility documents any weekday between 8:30AM-11:30AM.

#### **BUS ROUTE**

4 Parkview

- Free: there is no cost to come to Matthew 25
- A free-will donation of \$5 is suggested but not required
- No insurance accepted

## ELIGBLE COUNTIES IN INDIANA

Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, & Whitley

#### **COUNTIES IN OHIO**

Defiance, Paulding, Van Wert, & Williams

- Have NO insurance, including Medicare or Medicaid
- Be an adult, 18 years of age and older. Required: government-issued photo ID to prove age (from ANY country)
- Live at or below 200% of the federal poverty level.
   Required: income information—for example W2 with filed taxes, one month of pay stubs, disability award letter, etc.
- Reside in a county we serve. Required: piece of mail with name and address



### Services

### **Hours**

### **I** Payment

### **I** Eligibility

### **Multi-County Medical Outreach Clinic**

Formerly Wolf Lake Free Health Clinic 885 Connexion Way, Suite #200 Columbia City, IN 46725

260-564-1946 (Answered only on clinic days) www.MultiCountyMOC.org

- Basic primary healthcare, and treatment of chronic health problems
- · Education regarding chronic/new health challenges
- Referrals as needed for tests and labs
- No services provided for: worker's comp injuries, mental health illnesses, immunizations, disability claims, dental care, OB/GYN care, or STDs

1PM-5PM\*

\*Closed on 5th Thursdays of the month and holidays.

- Free
- Donations accepted
- No U.S. governmentissued ID needed
- · Uninsured and underinsured patients welcome from any county
- Must be less than 200% of the poverty level

### **Neighborhood Health**

1717 S. Calhoun St. Fort Wayne, IN 46802

3350 E. Paulding Rd. Fort Wayne, IN 46816

260-458-2641 www.MyNHFW.org



### SPANISH, BURMESE Interpreter available daily

**OTHER LANGUAGES** 

Available via tele-interpreter

- · Medical care for adults and children
- · Family practice
- Pregnancy and childbirth (Obstetrics/OB), ultrasounds, and women's health
- Pediatrics/children
- Lab tests at Calhoun St. location (M-F) and Paulding Rd. location (T,TH)
- · Patient assistance in applying for reduced-fee prescriptions
- Medication formulary with low-cost
- Optometry services available at S. Calhoun location, call for more information
- Assistance with enrolling for Marketplace insurance and Medicaid
- Women, Infants, and Children (WIC) nutritional services

#### **ADDITIONAL SERVICES**







### **CALHOUN LOCATION**

M-TH 8AM-7PM F 8AM-5PM

#### **BUS ROUTES**

3 Village Woods 6 McKinnie 8 Calhoun/Tillman Rd. 9 Brooklyn/Taylor

### PAULDING LOCATION

M.T.TH.F 8AM-5PM 10AM-7PM

#### **BUS ROUTE**

3 Village Woods

### • Sliding fee scale based upon income

#### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Some private insurance
- Cash

- No U.S. governmentissued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card

**Medical Services** 

#### Oak Street Health

436 East Washington Blvd. Fort Wayne, IN 46802

260-215-4079 www.OakStreetHealth.com Services

- Primary care
- Pharmacy
- Behavioral health
- Podiatry
- Chronic condition care
- Wellness and preventive care
- Psychiatry
- Medicare benefit support
- Immunizations
- Laboratory and testing services
- · Specialty care referrals

Hours

1 Northcrest/River Cove

8AM-5PM

8AM-4:30PM

By appointment

9AM-7PM

8AM-1PM

M-F

**BUS ROUTE** 

M,T,TH

M-F

### **I** Payment

### **I** Eligibility

#### **PAYMENT METHODS** ACCEPTED:

Medicare

Free

Some private insurance

Call for more information

### **Positive Resource Connection**

Formerly AIDS Task Force

525 Oxford St.

Fort Wayne, IN 46806

260-744-1144 800-417-3085

www.PositiveResourceConnection.org



### SPANISH

Offered daily by staff

**BURMESE** 

**T** 9AM-12PM and by appointment

- Medical case management
- Free HIV and Hepatitis C testing (by appointment only)
- Hepatitis B and Syphilis testing (for PrEP patients only)
- Education, prevention, testing, and risk reduction counseling

#### ADDITIONAL SERVICES









## HOSPICE HOME **IN-PATIENT CARE**

**DISEASE TESTING** 

**BUS ROUTE** 

6 McKinnie

24/7

#### **ADMINISTRATIVE OFFICE HOURS**

M-F 8AM-5PM

NO BUS ROUTE

- Sliding fee scale based upon income
- · Donations accepted

#### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

• No U.S. governmentissued ID needed

No U.S. government-

• Programs are for HIV

positive individuals

population

• Education, prevention,

testing, and risk reduction

counseling are for general

• Call for more information

issued ID needed

- INDIANA COUNTIES SERVED: Allen, Adams, Blackford, DeKalb, Grant, Huntington, Jay, Noble, Wabash, Wells, and Whitley
- Care provided regardless of ability to pay
- Call for more information

### **Visiting Nurse**

5910 Homestead Rd. Fort Wayne, IN 46814

24/7 Phone Line: 260-435-3222 www.VNFW.org



### SPANISH, BURMESE, ARABIC, FRENCH, & OTHER LANGUAGES

Available 24/7 via in-person interpreters & tele-interpreters

- · Hospice or palliative care available to patients living in their own homes, other assisted living and nursing facilities, and Visiting Nurse's 14-bed inpatient Hospice Home
- Visiting Nurse Hospice Home: compassionate, end-of-life care for patients and support for their families with 24-hour in-patient care

#### ADDITIONAL SERVICES





### **∣** Services

• Dentures

### **I** Payment

### **I** Eligibility

#### **Familia Dental**

5328 Coldwater Rd. Fort Wayne, IN 46825 260-471-5016

100 E. Pettit Ave. Fort Wayne, IN 46806 260-255-8269

www.FamiliaDental.com



### CALL FOR LANGUAGE INFO

## CALL FOR CURRENT SCHEDULE

Hours

Late afternoon and Saturday hours available at both locations

## • Sliding fee scale based upon income

## PAYMENT METHODS ACCEPTED:

- Medicaid
- Private insurance
- Valid photo ID is needed (does not have to be U.S. government-issued)
- Call for more information

## Indiana University Fort Wayne Dental Hygiene Clinic

Neff Hall, Room 109 2101 E. Coliseum Blvd. Fort Wayne, IN 46805

260-257-6826 www.IUFW.edu/dental-clinic  Adult/children teeth cleaning (including oral cancer screening)

• Dental care for adults and children

• Braces (Coldwater location only)

- Sealants
- Fluoride
- X-rays
- At-home care items

## CALL FOR CURRENT SCHEDULE

Hours vary depending on semester and no summer appointments available

### **BUS ROUTE**

3 Canterbury

- \$45 adult cleaning
- \$33 child cleaning
- \$28 sealants
- \$21 fluoride treatment
- \$30 panoramic X-rays
- \$35 full mouth X-rays
- \$20 bitewing X-rays
- \$27-\$148 periodontal therapy

## PAYMENT METHODS ACCEPTED:

- Medicaid
- Cash
- Most dental insurance

- No U.S. governmentissued ID needed
- Open to the public



**Dental Services** 

### Matthew 25 **Health and Care**

413 E. Jefferson Blvd. Fort Wayne, IN 46802

260-426-3250 www.Matthew25Online.org



PLEASE PROVIDE YOUR OWN **INTERPRETER** 

### Services

- Complete dental exams for new patients include free x-rays and a consultation with a dentist
- Preventive dental cleanings (hygiene)
- Extractions
- Fillings
- Dentures and partials (there is a cost to the patient for oral apparatuses)
- · Free medications dispensed on-site for current patients of Matthew 25

#### **ADDITIONAL SERVICES**

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### Hours

#### M,T,W,F 8:30AM-4PM TH 8:30AM-12PM

To become a new patient, you must complete registration paperwork and bring eligibility documents any weekday between 8:30AM-11:30AM

The new patient complete exam will be scheduled on a different date

### **EXPERIENCING A DENTAL EMERGENCY?**

Be present at 8:15AM on M, W, TH to be entered into a lottery to be seen based on available openings

Emergencies will be triaged on a case-by-case basis. You must bring your eligibility documents to be seen

### **I** Payment

### • Free: there is no cost to come to Matthew 25

- A free-will donation of \$10 is suggested but not required
- No insurance accepted
- The lab at-cost fees for dentures are the responsibility of the patient - limited financial aid available

#### **ELIGBLE COUNTIES IN INDIANA**

Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, & Whitley

#### **COUNTIES IN OHIO**

Defiance, Paulding, Van Wert, & Williams

### **I** Eligibility

- Have NO insurance, including Medicare or Medicaid
- Be an adult, 18 years of age and older. Required: government-issued photo ID to prove age (from ANY country)
- Live at or below 200% of the federal poverty level. Required: income information—for example W2, one month of pay stubs, disability award letter, etc.
- Reside in a county we serve. Required: piece of mail with name and address

### **Neighborhood Health**

1717 S. Calhoun St. Fort Wayne, IN 46802

3350 E. Paulding Rd. Fort Wayne, IN 46816

260-458-2641 www.MyNHFW.org



SPANISH. BURMESE Interpreter available daily

**OTHER LANGUAGES** 

Available via tele-interpreter

- Full family dental care
- · Dentures and partials
- Crowns
- Sealants
- Dental X-rays
- Cavity prevention/treatment

#### ADDITIONAL SERVICES







### **CALHOUN LOCATION**

M-TH 8AM-7PM F 8AM-5PM

#### **BUS ROUTES**

3 Village Woods 6 McKinnie 8 Calhoun/Tillman Rd. 9 Brooklyn/Taylor

### **PAULDING LOCATION**

M,T,TH,F 8AM-5PM 10AM-7PM

### **BUS ROUTE**

3 Village Woods

• Sliding fee scale based upon income

### **PAYMENT METHODS** ACCEPTED:

- Medicare
- Medicaid
- Some private insurance

- No U.S. governmentissued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card

• Cash



### Services

### Hours

### **I** Payment

### **I** Eligibility

#### **Alliance Health Centers**

2700 Lafayette St. Fort Wayne, IN 46806

260-266-0780 www.MyAllianceHealth.org



### SPANISH

Offered daily on-site

- Outpatient services for ages 6 and older
- Psychiatric medication managment
- Addiction and court-ordered services
- Medication formulary with low-cost alternatives
- · Assistance with enrolling in health insurance (Medicaid and Marketplace)

### **ADDITIONAL SERVICES**



#### 8AM-5PM M.W-F 9AM-6PM

### **BUS ROUTE**

5 Southgate Plaza

• Sliding fee scale based upon income

### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

- No U.S. governmentissued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card
- No one will be turned away regardless of ability to pay

### **Amani Family Services**

Formerly Crime Victim Care 5104 N. Clinton St.

Office: 260-484-1414

Fort Wayne, IN 46825

www.AmaniFamilyServices.org



### SPANISH, BURMESE, ARABIC, FRENCH, AND OTHER **LANGUAGES**

By appointment only

- Child abuse/neglect
- Family casework
- Substance abuse
- Support groups
- · Parent education
- Counseling
- Crime victim advocacy
- Cultural competency training

#### M-F 8AM-5PM\* \*By appointment only

#### **BUS ROUTE**

15 Parkview MedLink

- Free (most services)
- · Limited fees for substance abuse services

### **PAYMENT METHODS** ACCEPTED:

• Cash

- No U.S. governmentissued ID needed
- Working primarily with immigrant and refugee families
- · Victims of crime, mental health counseling, families, Criminal Division Services clients, Department of Child Services clients, and SCAN clients

### **Bienestar Sin Fronteras**

(Wellness Without Borders)

201 E. Rudisill Blvd., Suite B102 Fort Wayne, IN 46806

260-745-6734 www.BSFIndiana.org



### **SPANISH**

Offered daily on-site

- · Counseling (individual, family, and marriage)
- Support groups (life transitions, family wellness, acculturation stress, student empowerment)
- Trainings and presentations (suicide prevention, mental health first aid)
- Podcast

#### M-F 8AM-5PM

**BUS ROUTE** 

5 Southgate Plaza 8 Calhoun/Tillman Rd. • Free

- No U.S. governmentissued ID needed
- · All Latinos served



### Organization/Agency

### **∣** Services

### Hours | Payment

### | Eligibility

#### **Bowen Center**

2100 Goshen Rd. Fort Wayne, IN 46808

260-471-3500

**Appointments:** 1-800-342-5652 **24-hr crisis line:** 1-800-342-5653

www.BowenCenter.org

CALL FOR LANGUAGE INFO

Substance abuse and mental health counseling

- Outpatient services
- Home-based/school-based rehabilitation services
- Individual and group therapy
- Medication assisted treatment
- Psychiatric medication management

**M-TH** 8AM-7PM **F** 8AM-5PM

Call to schedule appointment

**BUS ROUTE** 9 Gateway

 Sliding fee scale based upon income

 Health Insurance Navigators will assist individuals with enrollment

PAYMENT METHODS ACCEPTED:

- Medicaid
- Private insurance

 No U.S. governmentissued ID needed

### The Carriage House

3327 Lake Ave. Fort Wayne, IN 46805

260-423-4301 www.FortWayneClubhouse.org  Non-traditional, evidence-based, Clubhouse Model recovery for adults with serious mental illness

Services include assistance with:

- Employment
- Education
- Housing
- Community supports

#### **M-F** 8AM-5PM

Call to schedule appointment

**BUS ROUTE** 2 Georgetown

 Sliding fee scale based upon income

PAYMENT METHODS ACCEPTED:

Medicaid

 No U.S. governmentissued ID needed

### **Cross Connections**

4618 E. State Blvd., Suite #300 Fort Wayne, IN 46815

260-373-0213 www.CrossConnectionsCounseling.com

- Biblical counseling services
- · Individual counseling
- Early childhood counseling
- Youth and teen counseling
- · Family counseling
- Parent counseling
- · Grief counseling
- Marriage counseling
- Addiction counseling
- Online counseling services
- Employee assistance programs

## CALL TO SCHEDULE APPOINTMENT

Appointments made to fit individual scheduling needs

OFFICE HOURS
M-F 9AM-7PM

BUS ROUTE 2 Georgetown • Fees vary by service

- Sliding fee scale for those who need it
- Call for more payment information

## PAYMENT METHODS ACCEPTED:

- Cash
- Private insurance
- Some Medicaid plans

- Services open to the public
- Clients may be referred by a pastor



### Organization/Agency

### **∣** Services

### Payment

### **| Eligibility**

## Crossroad Child & Family Services

1825 Beacon St. Fort Wayne, IN 46805

260-484-4153 www.Crossroad-FWCH.org



**CALL FOR LANGUAGE INFO** 

- Outpatient and home-based counseling for children, adolescents, adults, couples, and families
- Residential treatment programs for youth, ages 6-21
- Mental health wraparound programs for children
- Case management
- Diagnostic, evaluation, and testing services
- Alternative education for grades 1-12

### M-F 8AM-5PM

Call to schedule appointment

Hours

#### **BUS ROUTES**

2 Georgetown 4 Parkview

## PAYMENT METHODS ACCEPTED:

- Medicaid
- Private insurance
- Cash

 No U.S. governmentissued ID needed

 Eligibility varies by program

#### Crosswinds

8211 W. Jefferson Blvd. Fort Wayne, IN 46804

877-594-9204 Text: 260-238-8939 info@crosswinds.org

www.CrosswindsCounseling.org

- Faith-based counseling services
- Family counseling
- Youth and teen counseling
- Parent counseling
- Coaching
- In-home counseling
- Online counseling
- · Couples and marriage counseling
- Employee assistance program

- Morning and evening appointments available
- Call to schedule an appointment
- Make an appointment online

### Sliding fee scale based upon income

## PAYMENT METHODS ACCEPTED:

- Check
- Credit/debit card
- Insurance

- No U.S. governmentissued ID needed
- Call for more information during regular business hours

## Erin's House for Grieving Children

5670 YMCA Park Dr. West Fort Wayne, IN 46835

260-423-2466 www.ErinsHouse.org



**SPANISH** 

Interpreter offered daily

BURMESE AND SIGN LANGUAGE

By appointment only

- Bereavement support groups
- Peer support for children, teens, young adults, and families who have suffered the death of a loved one

#### M-F 8AM-5PM

**OFFICE HOURS** 

**M-F** 9AM-6PM

Evening hours by appointment only

**BUS ROUTE** 

CampusLink is nearest connection

- Free
- · Donations accepted
- No U.S. governmentissued ID needed
- Peer grief support groups for ages 3-25
- Parents and guardians may join in peer support groups
- Call to receive an information packet



### Organization/Agency

### **∣** Services

## Hours | Payment

### **I** Eligibility

### **Headwaters Counseling**

Formerly Family & Children's Services 2712 S. Calhoun St. Fort Wayne, IN 46807

260-744-4326 www.HeadwatersCounseling.org



**CALL FOR LANGUAGE INFO** 

- Quality outpatient mental health and/ or substance use counseling services, for individuals of all ages and their families
- Our services address anxiety, depression, grief, loss, alcohol abuse, drug abuse, smoking cessation, abuse, domestic violence, and adjustment issues

**M-TH** 8AM-8PM **F** 8AM-12PM

Call to schedule appointment

BUS ROUTES
3 Village Woods
8 Calhoun

• Sliding fee scale based upon income

 Health Insurance Navigators will assist individuals with enrollment, free of charge

## PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

 No U.S. governmentissued ID needed

## HealthVisions Midwest of Fort Wayne

2135 S. Hanna St. Fort Wayne, IN 46803

260-745-1600 www.HVUSA.org



SPANISH
Designated classes offered

### Bienvenido Program:

- Preventative education course (six sessions) that increases access to mental health services and improves mental health and the quality of life for Latino residents
- Course may be offered at various community locations
- Participants earn incentives, such as food cards or transportation assistance
- Offered in Spanish

#### **ADDITIONAL SERVICES**



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## CALL TO SCHEDULE APPOINTMENT

**BUS ROUTE** 

5 Southeast Local

- Free
- Donations accepted
- No U.S. governmentissued ID needed
- Latinos and Latino immigrants
- Adults age 18 or older

### **Hope Alive**

1747 N. Wells St. Fort Wayne, IN 46808

260-420-6100 www.HopeAliveFortWayne.org

- Counseling and support groups for men, women, and children
- · Women's transitional housing

M-TH 9AM-12PM\* 1PM-3PM\*

\*Counseling by appointment only (not limited to office hours)

Call to schedule appointment

**BUS ROUTE** 4 Wells

- Free (some services)
- \$25 per counseling session

## PAYMENT METHODS ACCEPTED:

Cash

- No U.S. governmentissued ID needed
- No one refused because of limited funds
- Call for more information

**I** Eligibility



### Mental Health & Addiction

### Organization/Agency

LookUpIndiana.org

The Lutheran Foundation

For immediate help 24/7:

Text LOOKUP to 494949

Chat online: www.LookUpIndiana.org

An initiative of

877-257-0208

### Services

Online listings of services, care providers, and resources for individuals and parents about:

- Depression
- Anxiety
- Substance use
- Suicide prevention
- Trauma
- · Faith resources

### **Balance Works:**

333 E. Lewis St. Fort Wayne, IN 46802

**Lutheran Social Services** 

260-426-3347 www.LSSIN.org

#### **Recovery Care**

4031 N. Clinton Street Fort Wayne, IN 46805

Recovery Care services are designed to meet the needs of an individual with Substance Use Disorder who has been through initial treatment

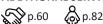
- Therapy services for adults, children, families, and couples
- Eye Movement Desensitization and Reprocessing (EMDR) psychotherapy to address trauma
- Cognitive Behavioral Therapy (CBT) to develop coping strategies for many mental health conditions

#### **Recovery Care:**

- Help participants reach self-sustainability by providing the tools to maintain sobriety
- Assist participants in navigating common barriers (i.e. transportation, employment, housing) in recovery
- Provide case management services through a recovery lens

#### **ADDITIONAL SERVICES**





M-TH 8AM-5PM \*8AM-12PM \*By appointment only

#### **BUS ROUTES**

**Hours** 

24/7

10 New Haven 7 Anthony 8 Calhoun

### • Free

**I** Payment

• All are eligible

#### **PAYMENT METHODS** ACCEPTED:

- Self-pay
- Anthem Blue Cross Blue Shield
- Aetna
- CareSource Marketplace
- HIP
- HHW
- Indiana Medicaid
- MDWise
- MHS Ambetter
- PHP
- Tricare (Humana)

#### **Recovery Care:**

• Free

- Open to the public
- No eligibility requirements

#### **Recovery Care:**

 Must complete prescreen to determine eligibility



www.MHANortheastIndiana.org

Mental Health America

of Northeast Indiana

Fort Wayne, IN 46805

3106 Lake Ave.

### Services

### Not a clinical treatment facility

- Provides low- or no-cost educational opportunities on managing stress, recognizing mental and emotional challenges, local resources to seek help, and other topics
- Training audiences include community members, professionals, and area employers
- Free wellness courses for community members seeking to improve both physical and mental wellness
- Weekly anxiety and depression support group for adults, facilitated by peers with lived experiences of both challenges
- · Online mental health resources, including free screenings

#### **ADDITIONAL SERVICES**



Call agencies to verify their hours, language services, and requirements for services.

### **NAMI Fort Wayne**

(National Alliance on Mental Illness)

2200 Lake Ave., Suite #110 Fort Wayne, IN 46805

260-447-8990 office@namifortwayne.org www.NAMIFortWayne.org

- Family Support Group—peer-led support for adult family members of someone with a mental health condition (every Tuesday)
- Spouse Support Group—peer-led support for spouses and significant others of someone with a mental health condition (meets every 3rd Tuesday)
- Connection Support Group—Peer-led support for adults living with a mental health condition (Meets every Tuesday from 6PM-8PM, alternating in-person and on Zoom)
- Monthly Education Night—educational presentation on a topic related to mental health for the general public over the age of 18 (7PM-9PM at a location TBA)
- Family-to-Family Education—8-week course for adult family members, friends, spouses, significant others
- Peer-to-Peer Education—8-week course for adults with a mental health condition

#### M-TH 8:30AM-5PM F 8:30AM-4:30PM

**I** Payment

Free

• Free

Virtual Anxiety and **Depression Support** Group

Hours

W 6PM-7:30PM

### **I** Eligibility

- No U.S. governmentissued ID needed
- No formal mental health diagnosis is required to access services
- · Ages 18 or older

#### SUPPORT GROUPS

Т 7PM-9PM at Carriage House 3327 Lake Ave. Fort Wayne, IN 46805

COMMUNITY **EDUCATION NIGHT** 4TH T 7PM-9PM

Call for location

**FAMILY-TO-FAMILY** & PEER-TO-PEER **EDUCATION** 

Call office for schedule

**BUS ROUTE** 2 Georgetown

- No U.S. governmentissued ID needed
  - Ages 18 or older
  - Must have family member, friend, significant other living with a mental health condition, or must have a mental health condition



### Organization/Agency

### Services

### Neighborhood Health

1717 S. Calhoun St. Fort Wayne, IN 46802

260-458-2641 www.MyNHFW.org



### SPANISH, BURMESE

Interpreter available daily

#### **OTHER LANGUAGES**

Available via tele-interpreter

- Children and adults
- We treat behavioral issues such as: depression, anxiety, substance abuse, PTSD, ADHD, and more
- For more information visit: www.
   MyNHFW.org/services/behavioral-health/

#### **ADDITIONAL SERVICES**



### Hours

### CALHOUN LOCATION • Slice

**M,W,F** 8AM-5PM **T,TH** 8AM-7PM

#### **BUS ROUTES**

3 Village Woods 6 McKinnie

8 Calhoun/Tillman Rd. 9 Brooklyn/Taylor

### Sliding fee scale based

## upon income PAYMENT METHODS

• Medicare

**Payment** 

- Medicaid
- Some private insurance
- Cash

### **I** Eligibility

- No U.S. governmentissued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card

#### **Parkview Behavioral Health Institute**

#### Parkview Behavioral Health Hospital

1720 Beacon St. Fort Wayne, IN 46805 www.Parkview.com

#### Park Center (Affiliate)

909 E. State Blvd.

Fort Wayne, IN 46805

www.ParkCenter.org

Other outpatient services in other locations and counties

24/7 HelpLine:

260-373-7500

800-284-8439

Free and confidential screenings for treatment/resources

24/7 Walk-In Clinic:

260-471-9440

Crisis intervention by therapists, medication available as determined by medical provider; coordination of other services

- Acute in-patient hospitalization: ages 6 and older
- Intensive Outpatient Programs (IOP): children (seasonal), adolescent, adult, older adult
- Outpatient weekly groups: topics, times and ages served vary
- Individual therapy: all ages
- Home-based/case management
- Evaluation/testing
- Addiction residential: 21-30 days, M/F ages 18 and older
- Group homes-adult M/F
- Outpatient medication management through Parkview Psychiatric Physicians Group: all ages
- Assistance with application for health insurance and reduced-fee prescriptions
- Dialectical Behavior Therapy
- Three Wishes-assists parents with children's behavioral issues
- Medication-Assisted Therapy and outpatient addiction services
- Eating disorders
- Rehabilitation/meaningful employment
- Homelessness/housing insecurities
- Interpreters scheduled as needed for counseling sessions

24/7 HelpLine, Walk-In Clinic and in-patient hospitalization

Other hours dependent on type of service

### PARKVIEW BEHAVIORAL

**BUS ROUTE** 

2 Georgetown

### PARK CENTER BUS ROUTE

3 Canterbury

15 Parkview MedLink

#### · Financial assistance plan

Charity care if qualified

## PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Private insurance
- Cash

- No U.S. governmentissued ID needed
- Level of care is determined upon initial assessment



### Organization/Agency

## Purdue University Fort Wayne Community Counseling Center

Dolnick Learning Center Bldg. 100 Baker Dr. North Fort Wayne, IN 46835

260-481-5405

### **∣** Services

- Counseling services for adults, children, families, and couples
- Topics include: relationships issues, self-concepts enhancement, time management, school problems, family and marital counseling, depression/anxiety disorders, assertiveness training, career counseling, parenting and child discipline, coping with loss, remarriage and stepfamily issues, stress reduction, and life adjustments problems

### Hours

M,W,TH

**BUS ROUTE** 

3 Canterbury

5PM-8PM\*

\*By appointment only

12PM-2:30PM\*

### **∣** Payment

• Free

### | Eligibility

### ,

issued ID neededOpen to the public

• No U.S. government-

No eligibility requirements

### **Visiting Nurse**

The Peggy F. Murphy Community Grief Center

5920 Homestead Rd. Fort Wayne, IN 46814

**24/7 Phone Line:** 260-435-3222 www.VNFW.org



SPANISH, BURMESE, ARABIC, FRENCH, AND OTHER LANGUAGES

Available 24/7 via in-person interpreters and tele-interpreters

- Grief support, education, counseling and programs for adults who have experienced loss due to death
- Individual or family grief counseling
- Support groups for widows, widowers, suicide survivors, newly bereaved, and those anticipating a loss

#### **ADDITIONAL SERVICES**

C p.14

M-F 8AM-5PM\*
\*By appointment only

See website for updated schedule

NO BUS ROUTE

- Free
- Donations accepted
- No U.S. governmentissued ID needed
- Services are available to any adult who has experienced the death of a loved one
- INDIANA COUNTIES SERVED: Allen, Adams, Blackford, DeKalb, Grant, Huntington, Jay, Noble, Wabash, Wells, and Whitley



### **∣** Services

### Hours

**BUS ROUTE** 

8 Calhoun/Tillman

24/7

### **I** Payment

### I Eligibility

#### YWCA Northeast Indiana

Call for location information

260-424-4908

24/7 Domestic Violence & Sexual Assault Crisis Line (toll free): 800-441-4073

Bonnie's House, 24/7 Domestic Violence Emergency Shelter: 800-441-4073

Hope & Harriet Addiction Recovery Services: 260-424-4908 or email intake@ywcaerew.org

**Community-Based Domestic Violence Advocacy:** (260)424-4908 ext. 113 or email advocatecoords@ywcaerew.org to talk to an advocate.

Community-Based Addiction Recovery Support: 260-424-4908 or email intake@ywcaerew.org

To connect with a therapist, email therapyos@ywcaerew.org. Tele-interpreters are available

www.YWCANEIN.com

CALL FOR LANGUAGE INFO

#### **Domestic Violence Services:**

- 24/7 hotline for domestic violence and sexual assault. Bonnie's House emergency shelter for individuals and families in danger from domestic violence
- Advocacy (case management) for individuals staying at Bonnie's House or in the community
- Free therapy for individuals and families affected by domestic violence (shelter and community)

Substance Abuse Recovery (Hope & Harriet) (INARR Level IV, CARF-accredited):

- Residential recovery services for women and women with children
- Outpatient recovery services and case management for women
- Medication Assisted Therapy (MAT) is accepted
- Priority placement to women who are pregnant, IV drug users, homeless, or have rights to dependent children

#### **Dress for Success:**

- Clothing for employment and career assistance
- Accepts clients referred from nonprofit organizations

#### Sexual Assault Services:

- 24/7 hotline
- Advocacy (case management) for individuals who have experienced sexual assault at any point in time
- Free therapy for individuals and families affected by sexual assault (shelter and community)

#### **Community Education:**

 Workshops for schools, businesses, and community groups related to domestic violence, diversity, healthy relationships, and internet safety

### Community-Based Support (non-shelter or residential):

- Community-based advocacy for people experiencing domestic violence or sexual assault
- Outpatient addiction recovery services

#### **ADDITIONAL SERVICES**

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#### Domestic Violence Services:

All Free

### Addictions Programs:

 Fees vary depending on situation, may be self-pay, or referrals from DCS or Recovery Works

#### Dress for Success:

• Free

#### Sexual Assault Services:

Free

#### Community Education:

 Free to schools, fees may vary to non-educational institutions depending on the situation

### Community-Based Support:

Free

 No U.S. government-issued ID needed

#### **Domestic Violence Services:**

 Open to men, women, transgender individuals, or families

#### **Addictions Programs:**

• Women

#### **Dress for Success:**

Women

#### Sexual Assault Services:

 Open to men, women, transgender individuals, or families

#### **Community Education:**

Open to any groups



### **Allen County Department of Health Immunization Clinic**

4813 New Haven Ave. Fort Wayne, IN 46803

260-449-7514 www.AllenCountyHealth.com



**SPANISH, BURMESE** Daily by appointment only **OTHER LANGUAGES** 

By appointment only

### Services

- Childhood immunizations
- Adult immunizations
- Medical exams required by the U.S. Citizenship and Immigration Services for refugees/immigrants who are applying for green card or citizenship status ("Civil Surgeon Exams")
- · Foreign travel immunizations

### **ADDITIONAL SERVICES**







8AM-12PM\* 1PM-4:30PM\*

\*By appointment only

### **BUS ROUTE**

**Hours** 

M-F

10 New Haven

### **Payment**

#### **PAYMENT METHODS** ACCEPTED:

- Medicare
- Medicaid
- Most private insurance

Sliding fee scale based

upon income

PAYMENT METHODS

### **I** Eligibility

- Valid U.S. governmentissued ID needed
- No one refused services
- Children under age 18 must have parent or guardian with them
- Adults age 18 or older for adult immunizations
- Proof of guardianship or age may be required

#### **Alliance Health Centers**

2700 Lafayette St. Fort Wayne, IN 46806

260-266-0780 www.MyAllianceHealth.org



**SPANISH** Offered daily on-site

- Child immunizations
- Adult immunizations

### **ADDITIONAL SERVICES**





#### M,W-F 8AM-5PM 9AM-6PM

### **BUS ROUTE**

5 Southgate Plaza

### ACCEPTED: Medicare

- Medicaid
- Private insurance
- Cash

### • No U.S. governmentissued ID needed

- If uninsured, bring proof of household income
- If insured, bring insurance card
- No one will be turned away regardless of ability to pay

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### **∣** Services

### Child immunizations

#### Adult immunizations

#### **ADDITIONAL SERVICES**



#### Hours

### **I** Payment

### **I** Eligibility

### **Neighborhood Health**

1717 S. Calhoun St. Fort Wayne, IN 46802

3350 E. Paulding Rd. Fort Wayne, IN 46816

260-458-2641 www.MyNHFW.org



### **SPANISH, BURMESE**

Interpreter available daily

**OTHER LANGUAGES** 

Available via tele-interpreter

### **CALHOUN LOCATION**

M-TH 8AM-7PM

8AM-5PM

#### **BUS ROUTES**

3 Village Woods

6 McKinnie

8 Calhoun/Tillman Rd.

9 Brooklyn/Taylor

#### PAULDING LOCATION

M,T,TH,F 8AM-5PM 10AM-7PM

**BUS ROUTE** 3 Village Woods  Sliding fee scale based upon income

### **PAYMENT METHODS** ACCEPTED:

- Medicare
- Medicaid
- Some private insurance
- Cash

- No U.S. governmentissued ID needed
- For patients only
- If uninsured, bring proof of household income
- If insured, bring insurance card

### **Super Shot**

Clinic locations vary

260-424-7468 www.SuperShot.org



#### SPANISH. BURMESE

Hobson Clinic, other clinic locations vary

- Community immunization clinics
- Four convenient, family-friendly sites in churches and medical offices throughout the Fort Wayne area
- Immunizations and flu shots available for children ages 0-18
- Immunizations available for adult populations ages 19 or older
- COVID-19 vaccines for all elligible ages

#### **CHECK WEBSITE FOR CURRENT SCHEDULE**

Daytime, evening, and weekend hours available

### • \$15 per shot PAYMENT METHODS

### ACCEPTED:

- Medicaid
- Cash
- Commercial insurance
- No U.S. governmentissued ID needed
- No one will be turned away regardless of ability to pay
- Ages 0-17 must be with an adult
- Children's current shot record required



### Services

#### **I** Payment Hours

### **I** Eligibility

### A Hope Center

3630 Hobson Rd. Fort Wayne, IN 46815 260-422-3544\*

3702 S. Clinton St. Fort Wayne, IN 46806 260-969-4357\*

344 N. Main St. Columbia City, IN 46725 260-244-7779\*

\*Answered 24 hours a day

www.AHopeCenter.org Email: info@AHCFriends.org Text: 224-585-3544

#### **Mobile Medical Unit**

Fort Wayne community Call or text 260-969-6633



**SPANISH** 

By appointment only

**BURMESE** 

Translation TH 1PM-5PM

- Free medically-administered pregnancy
- Free Chlamydia and Gonorrhea STD testing with a pregnancy test
- Free first-trimester ultrasound (limited)
- · Education on sexually transmitted diseases (STDs)/infections
- Education-based incentive program
- Pregnancy loss support
- Post-abortion-recovery
- Holy Yoga
- Fatherhood mentorship

#### **ADDITIONAL SERVICES**





**HOBSON LOCATION** 

M-TH 9AM-5PM 2<sup>nd</sup> and 4<sup>th</sup> TH 9AM-8PM

**BUS ROUTE** 4 Parkview

**CLINTON LOCATION** 

M-TH 9AM-5PM 1st and 3rd TH 9AM-8PM

**BUS ROUTE** 

8 Calhoun

**COL. CITY LOCATION** 

M-TH 8AM-5PM

It is best to call for appointment, but walkins accommodated when possible

#### **MOBILE MEDICAL UNIT**

See social media for hours and location

Free

 Valid photo ID is needed (does not have to be U.S. government-issued)

### **Allen County Department of Health STD Clinic**

4813 New Haven Ave. Fort Wayne, IN 46803

260-449-7504 www.AllenCountyHealth.com



SPANISH, BURMESE Daily by appointment only **OTHER LANGUAGES** By appointment only

- Sexually Transmitted Diseases (STD) Testing
- Confidential AIDS/HIV testing
- Patient education/information
- · Case management and referrals
- Dispense medication on site as needed for clients undergoing treatment

#### **ADDITIONAL SERVICES**









M-F 8AM-12PM 1PM-4:30PM

Call to schedule appointment

Limited walk-ins

**BUS ROUTE** 10 New Haven · Minimal fees charged

#### PAYMENT METHODS ACCEPTED:

- Medicare
- Medicaid
- Most private insurance
- Valid U.S. governmentissued ID needed
- No one refused services
- Anyone age 13 or older



### Services

#### **I** Payment Hours

### **I** Eligibility

### **Allen County Healthy Homes Program**

2242 Carroll Rd. Fort Wayne, IN 46818

Hotline: 260-449-8600 Lead Screening: 260-449-7514 www.AllenCountyHealth.com

- Not for public visitation, phone inquiries only for services
- Environmental assessments
- Case management for lead-poisoned children

### M-F 8AM-12PM\* 1PM-4:30PM\*

\*By appointment only

### **PAYMENT METHODS** ACCEPTED:

· Minimal fees charged

- Medicare
- Medicaid
- Most private insurance
- Valid U.S. governmentissued ID needed
- · Allen County residents
- · If you are enrolled in Medicaid or other insurance program, please bring your card

### Francine's Friends Mobile Mammography

Sponsored by Francine's Friends, Parkview Comprehensive Cancer Center, and Breast Diagnostic Center

260-483-1847 1-800-727-8439 x 68120 www.FrancinesFriends.org

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**ADDITIONAL SERVICES** 

· Screening mammograms for women

#### **CHECK WEBSITE FOR CURRENT SCHEDULE OF TIMES & LOCATIONS**

Call to schedule appointment

### Sliding fee scale based upon income

### ACCEPTED: • Medicare

- Medicaid
- Private insurance

**PAYMENT METHODS** 

- No U.S. governmentissued ID needed
- Women age 35 or older who have no history of breast cancer and have not had a screening mammogram in the past 12 months

#### **Positive Resource Connection**

Formerly AIDS Task Force

525 Oxford St. Fort Wayne, IN 46806

260-744-1144 800-417-3085 www.PositiveResourceConnection.org



## Offered daily by staff

**BURMESE** 

**T** 9AM-12PM and by appointment

- Free HIV and Hepatitis C testing (by appointment only)
- Hepatitis B and Syphilis testing (for PrEP patients only)
- Education, prevention, testing, and risk reduction counseling
- Viral Hepatitis C case manager services (payment is free)

#### **ADDITIONAL SERVICES**







#### 8AM-4:30PM M,T,TH 9AM-7PM 8AM-1PM

### DISEASE TESTING By appointment

**BUS ROUTE** 6 McKinnie

### • Free

- No U.S. governmentissued ID needed
- Education, prevention, testing, and risk reduction counseling are for general population
- Case managent services for persons living with Hepatitis C



### Services

#### **Payment** Hours

### | Eligibility

### **Cancer Services** of Northeast Indiana

6316 Mutual Dr. Fort Wayne, IN 46825

260-484-9560

Toll free: 1-866-484-9560 www.Cancer-Services.org • Transportation to and from chemo and radiation treatments

#### ADDITIONAL SERVICES





9AM-7PM\* м T-F 9AM-5PM\*

\*Advanced notice required

### **BUS ROUTE** 8 Glenbrook

• Free

• Donations accepted

• No U.S. governmentissued ID needed

Must be a client

Call for more information

#### Citilink

801 Leesburg Rd. Fort Wayne, IN 46808

260-432-4546 260-432-4977 www.FWCitilink.com



SPANISH, BURMESE Materials available online

- Public transportation for fixed routes
- Demand Response Services for elderly and/or persons with disabilities
- All revenue vehicles are wheelchair accessible
- Several materials for riders are available. in Spanish and/or Burmese. Visit www. FWCitilink.com and click on "Riding Citilink/Translated Information."

M-F 5:30AM-9PM SA 7:30AM-6:30PM

- Children (5-18): \$0.60
- Adults (19-59): \$1.25
- Seniors (60+): \$0.60
- Disabled rider: \$0.60
- · Reduced fare riders (other than youth) need to buy a picture ID for \$3

### **PAYMENT METHOD** ACCEPTED:

Cash

- No U.S. governmentissued ID needed
- Must be disabled, a youth, or a senior age 60+ to receive reduced fare IDs; show proof of disability or age (such as Medicare, SSI, or SSDI)
- Demand Response Service access restricted to eligible riders

### **Community Transportation Network (CTN)**

5601 Industrial Rd. Fort Wayne, IN 46825

260-420-3280 www.RideCTN.org



### SPANISH

Printed brochure available

- Provides and coordinates specialized transportation
- Lift-equipped, dependable, door-throughdoor assistance for medical service

M-F 7AM-6PM\* SA 8:30AM-5:30PM\* \*Must preschedule ride

• Sliding fee scale based upon income

### PAYMENT METHODS ACCEPTED:

- Medicaid
- Cash

- No U.S. governmentissued ID needed
- All transit-dependent seniors and persons with special needs for medical trips

### St. Vincent DePaul Society

1600 S. Calhoun St. Fort Wayne, IN 46802

260-456-3561 www.SVDPSFW.org

- Door-to-door transportation (with assistance) for any medical, dental, vaccine, or eye-related appointment
- Wheelchair accessible

### ADDITIONAL SERVICES



#### M.W.F 8AM-4PM\*

\*Must call at least 24 hours in advance with trip request • Free

- No U.S. governmentissued ID needed
- · Low-income individuals, people with disabilities, and seniors

**I** Eligibility



### Organization/Agency

### A Hope Center

3630 Hobson Rd. Fort Wayne, IN 46815 260-422-3544\*

3702 S. Clinton St. Fort Wayne, IN 46806 260-969-4357\*

344 N. Main St. Columbia City, IN 46725 260-244-7779\*

\*Answered 24 hours a day

www.AHopeCenter.org Email: info@AHCFriends.org Text: 224-585-3544

#### **Mobile Medical Unit**

Fort Wayne community Call or Text 260-969-6633



### **SPANISH**

By appointment only

#### BURMESE

Translation TH 1PM-5PM

### Services

- Free medically-administered pregnancy
- Free chlamydia and gonorrhea STD testing with a pregnancy test
- Free first-trimester ultrasound (limited)
- Education on sexually transmitted diseases (STDs)/infections
- Medically accurate education about pregnancy options
- Referrals to pregnancy Medicaid, doctors, professional counseling, and other community resources
- Essential baby supplies through the Earn While You Learn program
- Pregnancy and healthy relationships peer counseling
- Education on parenting, healthy pregnancy, and life skills
- Fatherhood program
- Peer counseling and support for healing after abortion
- Pregnancy Loss Support Group
- Holy Yoga

#### ADDITIONAL SERVICES



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• Information, education, and referrals

• Screenings to identify lead poisoning in children

#### **ADDITIONAL SERVICES**









### **HOBSON LOCATION**

M-TH 9AM-5PM 2<sup>nd</sup> and 4<sup>th</sup> TH 9AM-8PM

**BUS ROUTE** 4 Parkview

8 Calhoun

Hours

#### **CLINTON LOCATION**

M-TH 10AM-8PM 1st and 3rd TH 10AM-6PM **BUS ROUTE** 

#### **COL. CITY LOCATION** M-TH 8AM-5PM

It is best to call for appointment, but walkins accommodated when possible

### **MOBILE MEDICAL UNIT**

See social media for hours and location

• Free

**Payment** 

• Valid photo ID is needed (does not have to be U.S. government-issued)

### **Allen County Healthy Homes Program**

2242 Carroll Rd. Fort Wayne, IN 46818

Hotline: 260-449-8600 Lead Screening: 260-449-7514 www.AllenCountyHealth.com



#### M-F 8AM-12PM\* 1PM-4:30PM\*

\*By appointment only

### PAYMENT METHODS ACCEPTED:

· Minimal fees charged

- Medicare
- Medicaid
- Most private insurance
- Valid U.S. governmentissued ID needed
- Allen County residents
- If you are enrolled in Medicaid or other insurance program, please bring your card



### **Associated Churches of** Fort Wayne & Allen County

602 E. Wayne St. Fort Wayne, IN 46802

#### **Just Between Mothers**

260-422-3528 www.AssociatedChurches.org/Just-Between-Mothers

#### A Baby's Closet

621 E. Wayne St. Fort Wayne, IN 46802

260-745-7959

www.AssociatedChurches.org/A-Babys-Closet

### **∣** Services

#### Just Between Mothers:

• Provides mother mentors to mothers of young children who need a supportive person in their life

#### A Baby's Closet:

- Provides essential baby items to safely care for children
- Opportunities to earn coupons to be redeemed for clothing, a crib, car seat, and baby supplies

#### ADDITIONAL SERVICES



### Hours

M-TH

### **I** Payment

### **I** Eligibility

### 8AM-3PM • Free

#### **BUS ROUTES**

8AM-12PM

7 Anthony 8 Calhoun 10 New Haven

- · Valid photo ID is needed (does not have to be U.S. government-issued)
- · A second form of identification with name and address dated within the past 90 days (ex: utility bill, phone bill, or lease)

### **Brightpoint**

### Main Office and Covering Kids and Families (CKF)

227 E. Washington Blvd. Fort Wayne, IN 46802

**Appointment Line: 800-589-2264** 

### **CKF Presumptive Eligibility for Pregnant Women Office**

1818 Carew St., Suite #300 Fort Wayne, IN 46805 260-425-6640

www.MyBrightpoint.org



#### SPANISH

**T** Main office appointments only TH Main office walk-ins

#### **BURMESE**

M Main office appointments only TH Main office walk-ins

- · Brightpoint helps communities, families, and individuals remove the causes and conditions of poverty
- Complete applications for health insurance coverage programs such as Medicaid, Hoosier Healthwise, Healthy Indiana Plan (HIP), and Marketplace
- · Address problems enrolling in health coverage
- Report changes and renew health coverage
- Understand how to use health insurance

#### MAIN OFFICE

Call for appointment **BUS ROUTE** 4 Parkview

### **CAREW LOCATION**

Call for appointment **BUS ROUTE** 

10 New Haven

- Free or low-cost\*
- \*Each Brightpoint program has specific income limits and other requirements
- Each Brightpint program has specific requirements. Call, visit, or check the website for more details.
- Health Coverage Program eligibility varies by applicant age, household size, and income
- Schedule an appointment to discuss your health coverage needs and options with Licensed **Navigators**
- · Visit the website for more information on documentation needed to apply and to schedule an appointment



## Organization/Agency **Cancer Services**

6316 Mutual Dr. Fort Wayne, IN 46825

of Northeast Indiana

260-484-9560

Toll free: 1-866-484-9560 www.Cancer-Services.org

### **∣** Services

- Emotional support and counseling
- Resources (local and national)
- Educational seminars and workshops
- Home health equipment and supplies
- Wig salon
- Massage for clients and caregivers
- Yoga, meditation, and other programs
- Consultations with registered dietitian

#### **Mental Health Counseling:**

- Programs for adults or children with cancer diagnosis and their caregivers
- Sexual health counseling for adults experiencing sexuality issues due to diagnosis and aftermath

#### **ADDITIONAL SERVICES**





#### **I** Payment **Hours**

M 9AM-7PM T-F 9AM-5PM

### **BUS ROUTE**

8 Glenbrook

- Free
- Sliding fee scale based upon income for counseling services
- · Donations accepted

### **I** Eligibility

- No U.S. governmentissued ID needed
- People with cancer and their families
- INDIANA COUNTIES SERVED:

Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley



### **Catholic Charities**

915 S. Clinton St. Fort Wayne, IN 46802

260-422-5625 www.CCFWSB.org



**SPANISH, BURMESE**By appointment only

### **∣** Services

- Approved provider for Indiana Trafficking Victim Assistance Program
- Resource and referral-financial and material assistance
- Homelessness case managment services
- SCSEP-employment services for seniors

#### **Refugee and Immigrant Services:**

- Health advocates assist with medical appointments and healthcare navigation
- Health advocate services available in Spanish and Burmese
- Assistance for refugees speaking other languages available as needed

#### **Pregnancy and Parenting Services:**

- Education Creates Hope and Opportunity (ECHO) Program, p.82
- Free, confidential counseling and support for women experiencing an unexpected pregnancy

#### **ADDITIONAL SERVICES**



### Hours

**BUS ROUTE**2 Times Corners

M-TH

F

8AM-5PM

### 8AM-12PM

Free

**Payment** 

## | Eligibility

 No U.S. governmentissued ID needed

#### **Center for Nonviolence**

235 W. Creighton Ave. Fort Wayne, IN 46807

260-456-4112 www.CenterForNV.org



**SPANISH**By appointment only

- Support groups
- Health education
- Help scheduling and transportation to medical appointments
- Assessments and referrals for medical and mental health care
- Assistance with emergency and regular Medicaid applications and Healthy Indiana Plan (HIP)
- Assistance getting proper immunizations for children of clients
- Advocacy for non-English speakers

## M,W,TH 9AM-7PMT 9AM-5PM

F 9AM-12PM

### BUS ROUTE

3 Village Woods

#### No U.S. governmentissued ID needed

Must be established as a client

• Free



### Services

### **I** Payment

### **I** Eligibility

### **Fort Wayne Community Schools Family and Community Engagement** (FACE Canter)

230 E. Douglas Ave. Fort Wayne, IN 46802

260-467-2120 www.FWCS.k12.in.us/student-services



#### **SPANISH**

Interpreter available daily

- · Guidance for insurance and medical resources
- Lead screenings for ages 3-6
- Vision and hearing screenings
- Immunizations
- Sports and school entry physicals

#### M-F

**Hours** 

8AM-5PM

Immunizations and physicals by appointment

- Free (some services)
- Sliding fee scale based upon income

### Payment methods accepted:

- Medicaid
- Private insurance

- No U.S. governmentissued ID needed
- Children enrolled in Fort Wayne Community Schools

### Health Visions Midwest of **Fort Wayne**

2135 S. Hanna St. Fort Wayne, IN 46803

260-745-1600 www.HVUSA.org



#### **SPANISH**

All classes offered in English and Spanish

### **Diabetes Empowerment Education** Program (DEEP):

• Six-session course to help prevent or manage diabetes

#### Other health education (one-session interactive classes):

- Mental health—identify signs of anxiety or depression, gain tools for life balance and self-care
- Nutrition—tips for healthy eating choices and meal preparation
- · Obesity—guidance for healthy eating, fitness, and weight loss
- High blood pressure, high cholesterol, and heart disease
- Cancer—sessions available for various types of cancer

#### Support:

 Wellness Initiative—webinars, presentations, and coaching to help set and achieve life goals, reduce stress, gain financial wisdom, find resources to boost careers, grow spiritually, and more

#### For all HealthVisions classes:

• Participants may earn incentives, such as vouchers, or transportation assistance

#### ADDITIONAL SERVICES



#### **CALL TO SCHEDULE APPOINTMENT**

### **BUS ROUTE**

5 Southeast Local

- Free
- Donations accepted
- No U.S. governmentissued ID needed
- · Ages 18 or older



#### The League

5821 S. Anthony Blvd. Fort Wayne, IN 46816

#### Phone/TTY:

260-441-0551 800-889-3443

Video phone: 260-440-3013 DeafLink emergency pager: 260-481-8153 (enter callback number and

press #, then hang up) www.The-League.org



### SIGN LANGUAGE

By appointment only

### **∣** Services

#### **DeafLink Division:**

- Sign language classes
- Case management

#### **Independent Living Skills Division:**

- Advocacy
- Adaptive equipment
- Independent living skills training
- Information and referral services
- Orientation and mobility training
- Braille services
- Senior blind services
- Youth services and volunteer opportunities

#### **Home Care Plus Division:**

- Homemaker service
- · Attendant care
- Respite care

#### **Home Health Care Plus Division:**

- · Skilled nursing care
- In-home medical care

#### **Benefits Enrollment Center:**

- Medicare Part D/Low-Income Subsidy(LSI)
- Medicare Savings Program
- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Low-Income Heating Energy Assistance Program

#### Hours

**BUS ROUTE** 

3 Village Woods

8AM-5PM

8AM-3PM

M-TH

F

### **Payment**

### • Free (some services)

• Sliding fee scale based upon income

### **PAYMENT METHODS** ACCEPTED:

- Medicaid waiver
- Private insurance
- Cash

## | Eligibility

- No U.S. governmentissued ID needed
- · Information and referral for general public
- A person with a significant disability living in our service area
- Call for more information

**I** Eligibility

### Organization/Agency

#### **Lutheran Social Services**

4031 N. Clinton St. Fort Wayne, IN 46805

260-426-3347 www.LSSIN.org

### **∣** Services

• Education Creates Hope and Opportunity (ECHO) program, p.82

#### **Gear-Up Safety Program:**

- · Provides families with safety items, making home safe for children
- Assistance with installation of safety materials and education on safety topics

#### **LSSI Works Program:**

- Develops a client's personal and professional self to find sustainable employment
- Job skills development for specific careers leading to permanent employment

#### **ADDITIONAL SERVICES**





#### **I** Payment Hours

M-TH 8AM-5PM\* F 8AM-12PM\*

\*By appointment only

#### **BUS ROUTES**

8 Calhoun

10 New Haven 7 Anthony

• Free

Call for more information

### **Mental Health America** of Northeast Indiana

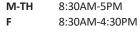
3106 Lake Ave. Fort Wayne, IN 46805

www.MHANortheastIndiana.org

- · Not a clinical treatment facility
- Provides low- or no-cost educational opportunities on managing stress, recognizing mental and emotional challenges, local resources to seek help, and other topics
- Training audiences include community members, professionals, and area employers
- Free wellness courses for community members seeking to improve both physical and mental wellness
- Weekly anxiety and depression support group for adults, facilitated by peers with lived experiences of both challenges
- · Online mental health resources, including free screenings

#### **ADDITIONAL SERVICES**





#### Virtual Anxiety and **Depression Support** Group

W 6PM-7:30PM

• Free

### No formal mental health diagnosis is required to access services

• No U.S. government-

issued ID needed

Ages 18 or older



Support & Education

### **∣** Services

### **Payment**

### **I** Eligibility

#### Positive Resource Connection

Formerly AIDS Task Force 525 Oxford St. Fort Wayne, IN 46806

260-744-1144 800-417-3085 www.PositiveResourceConnection.org



### SPANISH

Offered daily by staff

#### **BURMESE**

**T** 9AM-12PM and by appointment

- Medical case management
- Free HIV and Hepatitis C testing (by appointment only)
- Hepatitis B and Syphilis testing (for PrEP patients only)
- Free PrEP (Pre-Exposure Prophylaxis) navigation services for those who qualify
- Education, prevention, testing, and risk reduction counseling

### **ADDITIONAL SERVICES**







• Free

**DISEASE TESTING** 

M-F By appointment

8AM-4:30PM

9AM-7PM

8AM-1PM

**BUS ROUTE** 

Hours

M.T.TH

6 McKinnie

• No U.S. governmentissued ID needed

- · Programs are for HIV positive individuals who qualify
- Education, prevention, testing, and risk reduction counseling are for general population

#### **Purdue University** Extension

4001 Crescent Ave. Fort Wavne, IN 46815

260-481-6826 www.Extension.Purdue.edu/Allen



### **CALL FOR LANGUAGE INFO**

Information and education programs on healthy home and family lifestyle topics such as:

- Personal health and safety
- Money management
- Youth development
- Family resource education

#### ADDITIONAL SERVICES



#### **OFFICE HOURS**

M-F 8AM-4:30PM

Call for program-specific hours

#### **BUS ROUTE**

3 Canterbury via PFW

· Fees vary by program

• No U.S. governmentissued ID needed

• Open to the public

### **SCAN**

(Stop Child Abuse and Neglect)

500 W. Main St. Fort Wayne, IN 46802

260-421-5000 800-752-7116 www.SCANFW.org



SPANISH, BURMESE Available daily by staff **OTHER LANGUAGES** 

By appointment only

- Healthy Families: parental assistance for families with newborns (<90 days)
- Daybreak Crisis Homes: emergency respite for children under age 11
- Community Partners: case management for parents struggling with issues that could lead to neglect
- Family Connections: group and individual services for divorced parents or parents in paternity situations
- Be SomeOne Now: education, guidance, and support for ages 16-25
- Father Engagement: education in engagement with children for fathers referred by DCS or Probation

#### M-TH 8AM-8PM\* 10AM-2PM\*

\*Hours vary by program

24-hour emergency coverage

### **BUS ROUTE**

9 Brooklyn

- Fees vary by program
- Sliding fee scale based upon income
- Call for program-specific payment information

### **PAYMENT METHODS** ACCEPTED:

- Medicaid (coming soon)
- Private insurance (coming soon)
- Cash

- Valid U.S. governmentissued ID needed
- Must be less than 250% of the poverty level
- If insured, bring insurance card
- Call for program-specific eligibility details



### **∣** Services

### **I** Payment

### **I** Eligibility

## Turnstone Center for Children & Adults with Disabilities

3320 N. Clinton St. Fort Wayne, IN 46805

260-483-2100 www.Turnstone.org

- Adaptive sports and recreation (competitive and recreational)
- Physical, speech, occupational, and aquatic therapy
- Adult day services and memory care
- Equipment loan
- Social work/case management, support groups
- Warm water therapy pool
- Full day childcare (Ages 2-school age)
- Counseling services for all ages
- Recreation therapy

### ADDITIONAL SERVICES



## **M-F** 7AM-7PM\* \*Hours vary by program

### FITNESS CENTER AND POOL

SA 9AM-2PM

### **BUS ROUTE**

Hours

8 Glenbrook

## Minimal fees charged PAYMENT METHODS ACCEPTED:

- Private insurance
- Cash

- Call for information on age and disability requirements
- Need a physician's referral for therapy and a release for fitness and pool
- Childcare available for children of all abilities

### **YMCA of Greater Fort Wayne**

347 W. Berry St., Suite #500 Fort Wayne, IN 46802

260-755-4940 www.FWYMCA.org We believe in promoting and providing access for all individuals to lead a healthy lifestyle, which includes those with special needs and diverse abilities. By building on our mission "for all," the Y offers all individuals the chance to participate in healthy activities where everyone can learn skills, be active, gain confidence, build friendships, and have fun!

- Inclusive and targeted programs/events available
- Adaptive sports and arts options
- Multi-sensory environment room
- Warm water therapy pool
- Adaptive equipment

## CALL FOR LOCATIONS AND HOURS

 Programs are either offered at no cost to participants or have a member and nonmember fee  Call for program-specific eligibility details



Organization/Agency	Services	Hours	Payment	Eligibility	<b>^</b>
Dupont Hospital 2520 E. Dupont Rd. Fort Wayne, IN 46825 260-416-3000 www.TheDupontHospital.com	Hospital	24/7 BUS ROUTE 21 Dupont Rd.	<ul><li>Fees vary by service</li><li>Payment plans available</li></ul>	No one refused care	
Lutheran Hospital 7950 W. Jefferson Blvd. Fort Wayne, IN 46804 260-435-7001 www.LutheranHospital.com	Hospital	24/7 BUS ROUTE 22 Lutheran	<ul><li>Fees vary by service</li><li>Payment plans available</li></ul>	No one refused care	
Lutheran Downtown Hospital 702 Van Buren St. Fort Wayne, IN 46802 260-425-3000 www.LutheranDowntownHospital.com	Hospital	24/7 BUS ROUTES 9 St. Francis/Gateway	<ul><li>Fees vary by service</li><li>Payment plans available</li></ul>	No one refused care	
Parkview Hospital Randallia 2200 Randallia Dr. Fort Wayne, IN 46805 260-373-4000 www.Parkview.com/Randallia	Hospital	24/7 BUS ROUTE 4 Parkview	<ul><li>Fees vary by service</li><li>Payment plans available</li></ul>	No one refused care	
Parkview Regional Medical Center (PRMC) 11109 Parkview Plaza Dr. Fort Wayne, IN 46845 260-266-1000 www.Parkview.com	Hospital	24/7 BUS ROUTE Campus Link	<ul><li>Fees vary by service</li><li>Payment plans available</li></ul>	No one refused care	
VA Northern Indiana Health Care System 2121 Lake Ave. Fort Wayne, IN 46805 260-426-5431 www.NorthernIndiana.va.gov	<ul> <li>Hospital</li> <li>Outpatient/in-patient medical care (non-emergency)</li> <li>Veteran Crisis Line: 1-800-273-8255 (Press 1)</li> </ul>	24/7 BUS ROUTE 4 Parkview	Call for enrollment forms	<ul><li> Veterans only</li><li> Honorable discharge</li><li> Served 2 years active du</li></ul>	ity



### **∣** Services

#### **I** Payment Hours

• Free

Free

8AM-3PM

8AM-12PM

### **I** Eligibility

### **Associated Churches of** Fort Wayne & Allen County

602 E. Wayne St. Fort Wayne, IN 46802

260-422-3528 www.AssociatedChurches.org

#### **Neighborhood Food Network:**

- Offers families food once a month at no charge through a network of 21 local food pantries in churches and social service agencies
- As an "emergency food bank," the pantries provide a 5-day supply of food
- Visit the Associated Churches website to find local food pantries

#### ADDITIONAL SERVICES



p.50

M-TH

**BUS ROUTES** 7 Anthony

8 Calhoun 10 New Haven · Valid photo ID is needed (does not have to be U.S. government-issued)

- A second form of identification with name and address dated within the past 90 days (ex: utility bill, phone bill, or lease)
- Families are eligible for food once a month
- Families must go to the food pantry in the neighborhood where they live

#### **Community Harvest Food Bank of** Northeast Indiana

999 E. Tillman Rd. Fort Wayne, IN 46816

260-447-3696 www.CommunityHarvest.org

- Kids BackPack: weekend meals for children provided in backpacks
- SeniorPak Program: groceries every 2 weeks for limited income seniors
- Hope for Heroes: 9 months of Community Cupboard groceries for veterans and military families
- Community Cupboard: "Mom & Pop" style grocery store for food assistance
- Farm Wagon: mobile food pantry for delivery to low-income rural and city neighborhoods
- Crisis Food Assistance: 10 pounds of shelf-stable food for immediate relief
- Saturday Morning Helping Hands: fresh food distribution for all in need
- The Emergency Food Assistance Program (TEFAP): aid in healthy food options through 46 member agencies
- Commodity Supplemental Food Program (CSFP): supplies USDA food to improve the health of low-income, seniors (ages 60+)

M-F 7:30AM-4PM

**COMMUNITY CUPBOARD** M-F 8:30AM-5PM

**FOOD DISTRIBUTION** SA 8AM-10AM

#### **FARM WAGON**

Mobile distribution schedule is available on the website

**BUS ROUTE** 

8 Calhoun/Tillman Rd

- The Emergency Food Assistance Program (TEFAP) is open to anyone
- Call for program-specific eligibility details



### **Hours** | Payment

### | Eligibility

### **Double Up Indiana**

A program of St. Joseph Community Health Foundation and Parkview Health

260-969-2002 x205 DoubleUp@SJCHF.org www.DoubleUpIndiana.org  Offers \$1 for \$1 match (or 50% off) the purchase of fruits and vegetables with SNAP (food stamps)

**∣** Services

 May be redeemed at participating farmers markets and grocers listed at www.DoubleUpIndiana.org Hours vary by farmers market and grocery stores

Check website for complete information

- Matching dollars are available to anyone who purchases fresh produce with SNAP
- Open to anyone who is enrolled in SNAP

### Fort Wayne Parks & Recreation

705 E. State Blvd. Fort Wayne, IN 46805

260-427-6000 www.FortWayneParks.org



SPANISH
Daily 8AM-5PM

- 87 parks offer free outdoor fun
- Trails, biking, tennis, pools, spraygrounds, golfing, mountain bike trails, fishing, riverfront activities, and more

### **PARK AREAS**

Daily 6AM-11PM

• Free

• Open to the public

### **Fort Wayne Trails**

300 E. Main St. Fort Wayne, IN 46802

260-969-0079 www.FWTrails.org

- 125 miles of multi-purpose trails
- Interconnected trails for walking, running, biking, and more

### OFFICE HOURS

M-F 9AM-5PM

Trails are generally open from dawn to dusk

- Free access and trail maps
- Donations accepted

• Open to the public

## HEAL (Healthy Eating Active Living)

A program of St. Joseph Community Health Foundation and Parkview Health

260-969-2001 x205 www.SJCHF.org

#### **HEAL Farm Markets:**

- Operated by HealthVisions Midwest Fort Wayne
- Sell low cost, local, fresh vegetables and fruits
- Seasonal markets offered throughout the week
- Matching of \$1 for each \$1 in WIC/Senior produce vouchers and SNAP purchases

#### **Our HEALing Kitchen Classes:**

 Dozens of local organizations offer group cooking and nutrition classes throughout the community

## CLASSES & MARKETS ARE SEASONAL

Hours and locations vary, follow "HEAL Markets" on Facebook for updates

## Our HEALing Kitchen Classes:

• Free

### **HEAL Farm Markets:**

 Fees vary by produce item

## Payment methods accepted:

- WIC/senior produce vouchers
- SNAP/EBT
- Cash

- Farm markets are open to the public
- Call for more information on Our HEALing Kitchen classes



U				$\wedge$
Organization/Agency	Services	Hours	Payment	Eligibility
McMillen Health 600 Jim Kelley Blvd. Fort Wayne, IN 46816 260-456-4511 www.McMillenHealth.org	<ul> <li>Preventive health education that promotes physical, emotional, and social well-being for youth, adults, seniors, and special needs individuals</li> <li>Develops curriculum and media for external organizations</li> </ul>	M-F 8AM-4:30PM  Call to schedule a visit  BUS ROUTE 8 Calhoun	<ul> <li>\$5 per student</li> <li>Payment method</li> <li>accepted:</li> <li>Cash</li> <li>Checks</li> <li>Credit Card</li> </ul>	Call for more information
Purdue University Extension  4001 Crescent Ave. Fort Wayne, IN 46815  260-481-6826 www.Extension.Purdue.edu/Allen  CALL FOR LANGUAGE INFO	Information and education programs on healthy home and family lifestyle topics such as:  • Gardening  • Basic nutrition, cooking skills, and food safety  • 4H program  ADDITIONAL SERVICES  \$\int\text{p.62}\$	OFFICE HOURS M-F 8AM-4:30PM  Call for program-specific hours  BUS ROUTE 3 Canterbury via PFW	• Fees vary by program	<ul> <li>No U.S. government- issued ID needed</li> <li>Open to the public</li> </ul>
St. Vincent DePaul Society 1600 S. Calhoun St. Fort Wayne, IN 46802 260-456-3561 www.SVDPSFW.org	Multiple food pantries, food vouchers, and grocery gift cards available for low-income individuals and families needing immediate help and support  ADDITIONAL SERVICES  p.46	Hours vary based on service location.	• Free	<ul> <li>No U.S. government-issued ID needed</li> <li>Open to anyone in need</li> <li>Call your nearest service location for more information</li> <li>Location phone numbers can be found at: www.SVDPSFW.org/</li> </ul>

about/conferences/



# Organization/Agency

Women, Infants and Children (WIC)

SPANISH, BURMESE

**OTHER LANGUAGES** 

Interpreter available daily

Available via tele-interpreter

Adjacent to Neighborhood

Health Clinics

1717 S. Calhoun St.

Fort Wayne, IN 46802

3350 E. Paulding Rd.

260-458-2641

www.NHCl.org

Fort Wayne, IN 46816

#### **Turnstone Center for Children** & Adults with Disabilities

3320 N. Clinton St. Fort Wayne, IN 46805

260-483-2100 www.Turnstone.org

# **∣** Services

- Adaptive sports and recreation (competitive and recreational)
- Fully accessible fitness center
- Silver Sneakers classes
- Warm water therapy pool
- Rock Steady boxing classes
- Silver & Fit
- Renew Active Provider

#### **ADDITIONAL SERVICES**



#### • Supplemental nutrition program

- Breastfeeding support
- Peer counselors
- International Board of Lactation Consultant Examiners staff assistance with pumps
- Nutrition education classes and food demonstrations
- Assistance with applying for Marketplace insurance and Medicaid

# **CALHOUN LOCATION**

M.W 8AM-7PM T,TH,F 8AM-5PM

#### **BUS ROUTES**

**BUS ROUTE** 

8 Glenbrook

Hours

7AM-7PM\*

9AM-2PM

\*Hours vary by program

FITNESS CENTER & POOL

M-F

3 Village Woods 6 McKinnie

8 Calhoun/Tillman Rd.

9 Brooklyn/Taylor

#### PAULDING LOCATION

M,T,TH,F 8AM-12PM 1PM-5PM

W 10AM-2PM 3PM-7PM

**BUS ROUTE** 

3 Village Woods

# **I** Payment

# **Payment methods** accepted:

· Minimal fees charged

- Medicare (for Silver Sneakers program)
- Private insurance
- Cash

• Free

# **I** Eligibility

- Call for information on age and disability requirements
- Need a physician's referral for therapy and a release for fitness and loog

## • Pregnant women, postpartum women, infants and children ages

1-5

# 74

**I** Eligibility



# Organization/Agency

#### Cancer Services of Northeast Indiana

6316 Mutual Dr. Fort Wayne, IN 46825

260-484-9560

Toll free: 1-866-484-9560 www.Cancer-Services.org

#### Services

 Medication co-pays, mileage reimbursement for distant travel, and other financial assistance for cancerrelated expenses for those who qualify financially

#### **ADDITIONAL SERVICES**





#### 9AM-7PM M T-F 9AM-5PM

#### **BUS ROUTE** 8 Glenbrook

Hours

#### • Free

**I** Payment

- Donations accepted

#### **INDIANA COUNTIES** SERVED:

Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley

- No U.S. governmentissued ID needed
- Must be a client
- Call for program-specific eligibility details

#### Indiana 211

A division of the Indiana Family and Social Services Administration

Dial 2-1-1 for assistance Toll Free: 866-211-9966 Text zip code to: 898-211 www.IN211.org



# **SPANISH**

Offered daily by staff

**240 OTHER LANGUAGES** 

via tele-interpreters

Connections and resources for help with:

- · Food and clothing
- Mental health and addiction
- Health care
- Housing and utility assistance
- · Education and employment
- Children and family services
- Tax assistance

#### ADDITIONAL SERVICES



**Community Navigators** available 24 hours per day, 7 days per week, 365 days per year

• Free

· Anyone is eligible

## **Positive Resource Connection**

Formerly AIDS Task Force 525 Oxford St.

Fort Wayne, IN 46806

260-744-1144 800-417-3085 www.PositiveResourceConnection.org



# **SPANISH**

Offered daily by staff

**BURMESE** 

**T** 9AM-12PM & by appointment

- Financial assistance for HIV positive individuals for those who qualify
- PrEP (Pre-Exposure Prophylaxis) financial assistance for those who qualify
- Housing assistance available to HIV positive individuals who qualify financially

#### **ADDITIONAL SERVICES**







M,T,TH 8AM-4:30PM 9AM-7PM 8AM-1PM

**DISEASE TESTING** 

M-F By appointment

**BUS ROUTE** 6 McKinnie

• Free

• No U.S. governmentissued ID needed

• Programs are for HIV positive individuals for those who qualify

# **Financial Assistance**

# SJCHF.org/directories

#### **INDIANA TOWNSHIP TRUSTEES**

By far, the largest group of elected officials in Indiana is the township trustees. They provide essential services to the residents and businesses of the township, and often work at other jobs as well.

Overseeing services and relief to low-income community members is a primary duty in many townships.

Many trustees creatively cooperate with other agencies in their areas to provide assistance when needed.

If you have an urgent need for medical care, food, or shelter, and have exhausted all means of financial support, contact your local township trustee.

#### **Aboite Township Trustee**

11321 Aboite Ctr. Rd. Fort Wayne, IN 46814 260-432-0970

# **Adams Township Trustee**

120 Lincoln Hwy. New Haven, IN 46774 260-749-4162

#### **Cedar Creek Township Trustee**

14435 Leo Rd., Suite B Leo, IN 46765 260-627-5695

#### **Eel River Township Trustee**

3925 McComb Rd. Huntertown, IN 46748 260-637-0238

#### **Jackson Township Trustee**

606 N. Brobst Rd. Woodburn, IN 46797 260-632-5268

#### **Jefferson Township Trustee**

816 S. Roussey Rd. New Haven, IN 46774 260-493-5745

#### **Lafayette Township Trustee**

16824 Prine Rd. Yoder, IN 46798 260-409-6589

#### **Lake Township Trustee**

8506 Arcola Rd. Fort Wayne, IN 46818 260-435-0285

#### **Madison Township Trustee**

15009 Wayne St. Hoagland, IN 46745 260-639-3790

#### **Marion Township Trustee**

3800 Fillmore St. (Poe) Fort Wayne, IN 46819 260-639-3852

#### **Maumee Township Trustee**

10214 Black Creek Ln. Woodburn, IN 46797 260-657-5226

#### Milan Township Trustee

18208 Doty Rd. Woodburn, IN 46797 260-632-4511

#### **Monroe Township Trustee**

P.O. Box 137 Monroeville, IN 46773 260-623-3717

#### **Perry Township Trustee**

15412 Lima Rd. Huntertown, IN 46748 260-615-1517

#### **Pleasant Township Trustee**

13427 Thiele Rd. Fort Wayne, IN 46819 260-639-6251

#### **Scipio Township Trustee**

P.O. Box 163 Harlan, IN 46743 260-657-8001

#### **Springfield Township Trustee**

11133 Roberts Rd. Harlan, IN 46743 260-450-2439

#### St. Joseph Township Trustee

6033 Maplecrest Rd. Fort Wayne, IN 46835 260-438-4997

#### **Washington Township Trustee**

1832 W. Wallen Rd. Fort Wayne, IN 46818 260-449-3354

#### **Wayne Township Trustee**

320 E. Superior St. Fort Wayne, IN 46802 260-449-7000

· Valid photo ID is needed

government-issued)

(does not have to be U.S.

**I** Eligibility



# Organization/Agency

# A Hope Center

3630 Hobson Rd. Fort Wayne, IN 46815 260-422-3544\*

3702 S. Clinton St. Fort Wayne, IN 46806 260-969-4357\*

344 N. Main St. Columbia City, IN 46725 260-244-7779\*

\*Answered 24 hours a day

www.AHopeCenter.org Email: info@AHCFriends.org Text: 224-585-3544

#### **Mobile Medical Unit**

Fort Wayne community Call or text 260-969-6633



## **SPANISH**

By appointment only

#### BURMESE

A Mother's Hope

www.AMothersHopeFW.org

260-444-4975

Translation TH 1PM-5PM

#### Services

- Free medically-administered pregnancy
- Free chlamydia and gonorrhea STD testing with a pregnancy test
- Free first-trimester ultrasound (limited)
- · Education on sexually transmitted
- Medically accurate education about
- · Referrals to pregnancy Medicaid, doctors, professional counseling, and other
- Essential baby supplies through the Earn
- counseling
- Education on parenting, healthy
- · Fatherhood program
- Peer counseling and support for healing
- Pregnancy loss support group

#### ADDITIONAL SERVICES





# p.42 p.48

#### 24/7

Hours

4 Parkview

1st and 3rd TH

**BUS ROUTE** 

8 Calhoun

M-TH

M-TH

possible

and location

**CLINTON LOCATION** 

**COL. CITY LOCATION** 

It is best to call for

appointment, but walk-

ins accommodated when

**MOBILE MEDICAL UNIT** 

See social media for hours

10AM-8PM

8AM-5PM

10AM-6PM

#### • Free

**I** Payment

• Free

- Pregnant women who are homeless or at risk of homelessness
- Call for more information

lically-administered pregnancy	HOBSON L	OCATION
	M-TH	9AM

- 9AM-5PM 2<sup>nd</sup> and 4<sup>th</sup> TH 9AM-8PM **BUS ROUTE**
- diseases (STDs)/infections
- pregnancy options
- community resources
- While You Learn program
- Pregnancy and healthy relationships peer
- pregnancy, and life skills
- after abortion
- Holy Yoga

# • Shelter for homeless, pregnant women

- · Health assistance for moms and babies
- Emotional and spiritual support
- Employment education
- . H.O.P.E. (How to Outfit, Prepare, and Empower) program
- · Intensive case management and counseling
- On-site classes



# Organization/Agency

## **∣** Services

# **Payment**

# | Eligibility

# Education Creates Hope and Opportunity (ECHO)

#### **Catholic Charities**

915 S. Clinton St. Fort Wayne, IN 46802 260-422-5625 www.CCFWSB.org

#### **Lutheran Social Services**

333 E. Lewis St. Fort Wayne, IN 46802 260-426-3347 www.LSSIN.org

- Case management services for pregnant and/or parenting teens
- Assistance in obtaining high school education
- Assess for barriers to school success and attendance
- Ensure healthcare needs are addressed
- Develop short- and long-term school and life goals
- Connect to necessary community resources

# CALL OR CHECK WEBSITES FOR HOURS

Hours

• Free

- No U.S. governmentissued ID needed
- Pregnant and/or parenting teens and young adults

## **Healthier Moms and Babies**

1025 W. Rudisill Blvd., Box #9 Fort Wayne, IN 46807

260-469-4076 www.HealthierMomsAndBabies.org



SPANISH & BURMESE
By appointment only

 Health education and case management during pregnancy and after delivery through Healthy Start and Nurse Family Partnership

#### Baby & Me Tobacco Free:

 Smoking cessation program for pregnant women with chance to receive diaper vouchers if you quit smoking

#### DadUp:

• Fatherhood support to encourage and educate our community's dads

#### **Own Your Journey:**

• Health education program focused on preconception and interconception health

#### M-F 8AM-5PM

Call to schedule appointment

#### **BUS ROUTE**

1 Waynedale via Broadway, Northcrest 6 McKinnie/Franke Park 9 Brooklyn/Taylor Free

- No U.S. governmentissued ID needed
- Allen or Noble County residents
- Pregnant women before the 30th week
- To find out if you qualify, contact our office at (260) 469-4076

# **Pregnancy Services**

# Organization/Agency

#### Services

#### 

# The Creighton Model Education Foundation, Inc

Previously FertilityCare Specialist of Northeast Indiana

146 N. Rufus St. New Haven, IN 46774

260-494-6444 www.TCMEF.org

- Women's health education, assessment, evaluation, and resources that are targeted on both preservation of wellness and restoring health
- Alternative approaches to fertility and family planning using scientifically proven holistic methods
- Personalized and individualized teaching session to meet your values and menstrual health and family planning needs
- Teaches the Creighton Model FertilityCare System in person and virtually via phone and/or virtual platform

Visit www.TCMEF.org to view each teacher's Monday-Saturday availability and the time slots to schedule your 1st teaching session that best fits your availability

Hours

- \$35 for teaching sessions
- Sliding fee scale based upon income

# PAYMENT METHODS ACCEPTED:

Cash

• Free

 No U.S. governmentissued ID needed

#### Women's Care Center

419 E. Wayne St. Fort Wayne, IN 46802 260-424-9377

4600 W. Jefferson Blvd. Fort Wayne, IN 46804 260-203-5476

921 W. Coliseum Blvd. Fort Wayne, IN 46808 260-483-8918

#### **After Hours:**

Helpline: 1-877-908-2341
Email: Counselor@WomensCareCenter.org

www.WomensCareCenter.org



#### **SPANISH**

M 9AM-8PM (W. Coliseum) T,TH,F 9AM-5PM (W. Coliseum) M,T,W 9AM-5PM (E. Wayne) W 12PM-5PM (W. Jefferson)

- Free pregnancy testing/counseling
- Parenting classes
- · Limited ultrasound
- · Healthy relationship classes
- Crib Club baby furniture and supplies program, funded and operated by Christ Child Society of Fort Wayne
- Referrals to doctors and other community resources
- · Birth preparation classes

#### **E. WAYNE LOCATION**

**M-F** 9AM-5PM

**BUS ROUTE** 

2 Georgetown

W. JEFFERSON LOCATION

**M,T,W,F** 9AM-5PM **TH** 9AM-7PM

**BUS ROUTE** 

2 Time Corners

#### W. COLISEUM LOCATION

M 8AM-9PMT 9AM-7PMW,TH,F 9AM-5PM

**BUS ROUTE** 6 Franke Park

Appointments accepted and walk-ins welcome

 No U.S. governmentissued ID needed

 For pregnant women and new moms and dads

**I** Eligibility



# Organization/Agency

# Indiana 211

A division of the Indiana Family and Social Services Administration

Dial 2-1-1 for assistance **Toll Free:** 866-211-9966 Text zip code to: 898-211 www.IN211.org



#### **SPANISH**

Offered daily by staff

240 OTHER LANGUAGES

via tele-interpreters

## **∣** Services

Connections and resources for help with:

- · Food and clothing
- Mental health and addiction
- Health care
- Housing and utility assistance
- Education and employment
- Children and family services
- Tax assistance

#### **ADDITIONAL SERVICES**



#### Community Navigators available 24 hours per day, 7 days per week, 365 days per year

**Hours** 

• Free

**I** Payment

• Anyone is eligible

#### The Rescue Mission

404 E. Washington Blvd. Fort Wayne, IN 46802

260-426-7357 www.FWRM.org



**CALL FOR LANGUAGE INFO** 

- 3 meals a day, 365 days of the year
- Long- and short-term shelter for men, women, and children
- · Emergency shelter for men
- Distribution of basic necessities
- · Vocational training
- · Employment aid
- Rehabilitation or program services

#### 24/7

24/7

#### **BUS ROUTE**

4 Parkview 8 Glenbrook/Northrop • Free

 No U.S. governmentissued ID needed

#### **YWCA Northeast Indiana**

260-424-4908

24-Hour Domestic Violence and Sexual Assault Crisis Hotline:

800-441-4073 www.YWCANEIN.com

See Page 36 for full listing of services and contact information



**CALL FOR LANGUAGE INFO** 

**Domestic Violence** (crisis shelter, community programs, steps to success, and community education)

 Crisis shelter for individuals or families in danger due to domestic violence

#### ADDITIONAL SERVICES



**9**) p.36

• Free

 No U.S. governmentissued ID needed

Domestic Violence
 Programs: Open to men,

women, transgender individuals, or families



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#### **EMERGENCY CONTACT AND MEDICATION LIST**

#### **EMERGENCY CONTACT**

NAME:

An emergency contact and medication list should be completed for each member of your family. Remember to keep it current with all updates and changes to medications or other important information. Be prepared to share this information with emergency responders and/or during medical appointments.

TV WIE.					
DATE OF BIRTH:		TELEPHONE NUMBER	TELEPHONE NUMBER:		
HOME ADDRESS:					
ALLERGIES:					
LIST OF ANY SPECIAL NEED (BLIND, DEAF, NON-ENGLIS					
LIST ANY CHRONIC MEDIC. (DIABETIC, HEART CONDIT		5.)			
NAME OF FAMILY DOCTOR	:				
TELEPHONE NUMBER OF DOCTOR:		INSURANCE INFORMA	INSURANCE INFORMATION:		
PERSON TO CALL IN CASE (	OF EMERGENCY:	TELEP	TELEPHONE NUMBER:		
MEDICATION LIST					
List all current medica (both prescription and		ter)			
NAME OF MEDICATION	STRENGTH	DOSAGE INSTRUCTIONS	REASON FOR USE		
		_			

# Indiana 2.1.1

Call 2-1-1 or 866-211-9966 Text | ZIP Code to 898-211 Online in211.org

- Food and clothing
- Mental health and addiction
- Health care
- Housing and utility assistance
- **Education and employment**
- **Children and family**
- Tax assistance

FREE | CONFIDENTIAL | AVAILABLE 24/7

Indiana 211 is a division of the Indiana Family and Social Services Administration

#### COLOPHON

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**EDITOR** 

Meg Distler

ART DIRECTION | CONTENT

Mark Burkholder

**CONTENT CONTRIBUTORS** 

Marla Rust, Mary Tyndall, Angela Stanley

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Ray Steup



# SJCHF.org/directories | 260-969-2001 347 W. Berry St., Suite 101,

47 w. Berry St., Suite 101 Fort Wayne, IN 46802

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