



# Prenatal & Infant Care Resource Directory

2022 - 2023



Free and low-cost, quality  
services for a healthy  
pregnancy and first year of  
life in Allen County, Indiana

[SJCHF.org/directories](https://SJCHF.org/directories)

## Think You're Pregnant? Free Pregnancy Testing

*Your pregnancy MUST be confirmed by a medical provider before you can apply for insurance or financial assistance! Contact one of these agencies for free pregnancy testing, OR visit your family physician or OB/GYN. Costs will vary.*

**A Hope Center**  
**[www.AHopeCenter.org](http://www.AHopeCenter.org)**

3630 Hobson Rd. • Fort Wayne, IN 46815  
**260-422-3544**

3702 S. Clinton St. • Fort Wayne, IN 46806  
**260-969-HELP**

**Neighborhood Health**  
**[www.MyNHFW.org](http://www.MyNHFW.org)**

1717 S. Calhoun St. • Fort Wayne, IN 46802

3350 E. Paulding Rd. • Fort Wayne, IN 46816

**260-458-2641**

**Women's Care Center**  
**[www.WomensCareCenter.org](http://www.WomensCareCenter.org)**

2910 Lake Ave. • Fort Wayne, IN 46805  
419 E. Wayne St. • Fort Wayne, IN 46802  
**260-424-9377 • Spanish: 260-420-8232**

*\*location to change in 2023; call for current information*

4600 W. Jefferson Blvd. • Fort Wayne, IN 46804  
**260-203-5476**

921 W. Coliseum Blvd. • Fort Wayne, IN 46808  
**260-483-8918**



A two-month old baby girl benefits from a checkup at the Family Medicine Center.



At the St. Joseph Community Health Foundation, we believe that every person is precious, that people are more important than things, and that the measure of every institution is whether it threatens or enhances the life and dignity of the human person.

We are pleased to provide this quick and easy reference for these free and low-cost resources in the Allen County, Indiana area that enhance the life of each person and family.

Meg Distler, Executive Director  
St. Joseph Community Health Foundation  
A Ministry of the Poor Handmaids of Jesus Christ

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## Want Help? Pregnancy Resource Centers



Healthier Moms and Babies offers programs for mothers and fathers.

Several local agencies provide free and confidential counseling, support, education, medical assistance, and referrals to women and men facing pregnancies, planned and unplanned. These are great resources for new families seeking high-quality affordable or free care and assistance when preparing for the pregnancy and birth of a child.

The following agencies provide case management or other services for their clients. A case manager can help develop an individualized plan to ensure a healthy pregnancy and birth. They will identify a client's unique needs and connect them to community resources and services.

## Pregnancy Resource Centers

### A Hope Center

[www.AHopeCenter.org](http://www.AHopeCenter.org)

**See page 30**

260-422-3544

### Catholic Charities (ECHO)

[www.CCFWSB.org](http://www.CCFWSB.org)

**See page 36**

260-422-5625

### CONNECT Allen County

[www.ConnectAllenCounty.com](http://www.ConnectAllenCounty.com)

**See page 38**

260-901-5480

### Healthier Moms and Babies

[www.HealthierMomsAndBabies.org](http://www.HealthierMomsAndBabies.org)

**See page 46**

260-469-4076

### Lutheran Social Services of Indiana (ECHO)

[www.LSSIN.org](http://www.LSSIN.org)

**See page 54**

260-426-3347

### Women's Care Center

[www.WomensCareCenter.org](http://www.WomensCareCenter.org)

**See page 68**

260-203-5476

## Need a Doctor? Medical Providers



The Women's Care Center provides free ultrasounds and referrals for medical care.

Being healthy before, during, and after pregnancy is vital to the birth of a healthy newborn and the mother's health after delivery. Selecting a healthcare provider and attending all your appointments is crucial to the well-being of a mother and her baby.

Doctors can spot complications and treat them early when they see mothers and babies regularly from the beginning of pregnancy. Consistent care is essential for treatment and prevention of health problems throughout pregnancy and the first year of life.

### Government Insurance

#### Brightpoint - Covering Kids & Families - Enrollment Center

[www.MyBrightpoint.org](http://www.MyBrightpoint.org)  
**See page 34**  
260-425-6640

#### Neighborhood Health - Enrollment Center

[www.MyNHFw.org](http://www.MyNHFw.org)  
**See page 58**  
260-458-2641

### Prenatal and First Year Medical Providers

#### Alliance Health Centers

[www.MyAllianceHealth.org](http://www.MyAllianceHealth.org)  
**See page 32**  
260-266-0780

#### Dupont Hospital Pediatric Unit

[www.TheDupontHospital.com](http://www.TheDupontHospital.com)  
**See page 52**  
260-416-3040

#### Family Medicine Center

[www.FWFMC.com](http://www.FWFMC.com)  
**See page 44**  
260-423-2675

#### IU Health

[www.IUHealth.org](http://www.IUHealth.org)  
**See page 48**

#### Lutheran Children's Hospital

[www.LutheranHospital.com](http://www.LutheranHospital.com)  
**See page 52**  
260-435-2699

#### Neighborhood Health

[www.MyNHFw.org](http://www.MyNHFw.org)  
**See page 58**  
260-485-2641

#### Parkview Physicians Group OB/GYN

[www.Parkview.com](http://www.Parkview.com)  
**See page 60**  
260-425-6650

#### Parkview Women's & Children's Hospital

[www.Parkview.com](http://www.Parkview.com)  
**See page 60**  
260-672-6100

#### Women's Health Advantage OB/GYN

[www.HerAdvantage.com](http://www.HerAdvantage.com)  
**See page 70**  
260-432-4400

## Need to Talk? Addiction, Depression, and Stress



Good mental health is important during pregnancy and for good parenting.

Having a baby and taking care of a newborn is a huge change in anyone's life. Sometimes dealing with these new responsibilities can be stressful. Maintaining good mental health is a major part of having a successful pregnancy and adjusting to parenthood. The resources provided in this section will connect expecting mothers and new parents to providers focused on mental health and addiction that can help them have a successful outcome.

### **Alliance Health Centers**

[www.MyAllianceHealth.org](http://www.MyAllianceHealth.org)

**See page 32**

260-266-0780

### **Bienestar Sin Fronteras**

[www.BSFIndiana.org](http://www.BSFIndiana.org)

**See page 34**

260-745-6734

### **Bowen Center**

[www.BowenCenter.org](http://www.BowenCenter.org)

**See page 34**

800-342-5653

### **Bowen Recovery Center**

[www.BowenCenter.org/bowen-recovery-center](http://www.BowenCenter.org/bowen-recovery-center)

260-471-9357

## Addiction, Depression, and Stress

### **Courageous Healing**

[www.CourageousHealing.org](http://www.CourageousHealing.org)

**See page 38**

260-255-3514

### **Headwaters Counseling**

[www.HeadwatersCounseling.org](http://www.HeadwatersCounseling.org)

**See page 46**

260-744-4326

### **Look Up Indiana**

[www.LookUpIndiana.org](http://www.LookUpIndiana.org)

**See page 50**

877-257-0208

### **Lutheran Health Network**

[www.LutheranHealth.net](http://www.LutheranHealth.net)

**See page 52**

260-435-7069

### **Lutheran Social Services - Recovery Care**

**See page 54**

Family Support Services Resource Line: 260-427-5808

### **Mission: Motherhood**

[www.MissionMotherhoodFW.com](http://www.MissionMotherhoodFW.com)

**See page 56**

260-338-8939

### **Monarch Program**

**See page 52**

260-425-3106

### **Park Center, an affiliate of Parkview**

[www.ParkCenter.org](http://www.ParkCenter.org)

**See page 58**

260-481-2800

### **Safe Medication Information**

[www.InfantRisk.com](http://www.InfantRisk.com)

Safe medication for pregnant and nursing women

806-352-2519



## Need Supplies? Free Baby Items



*Moms shopping at Crib Club in the Women's Care Center on East Wayne Street.*

The cost of having a baby can be overwhelming for new parents. The good news is there are resources in the community that have free supplies for infants. Agencies throughout the area offer everything from formula, diapers, and clothing to free parenting and CPR training classes. Several of the agencies listed here have “earn while you learn” systems that give participants free coupons for supplies after attending parenting classes or receiving pregnancy wellness checkups.

## Free Baby Supplies

### A Baby's Closet

[www.AssociatedChurches.org/ABabysCloset](http://www.AssociatedChurches.org/ABabysCloset)

**See page 30**

260-422-3528

### Crib Club *(Operated by Christ Child Society)*

[www.ChristChildFW.org](http://www.ChristChildFW.org)

Located at Women's Care Center

**See page 38**

260-432-6565

### Earn While You Learn

[www.AHopeCenter.org](http://www.AHopeCenter.org)

**See page 30**

260-422-3528

### Gear Up Safety Program

Lutheran Social Services

[www.LSSIN.org/our-programs/gear-up-program/](http://www.LSSIN.org/our-programs/gear-up-program/)

**See page 54**

260-426-3347

### Healthier Moms and Babies

[www.HealthierMomsAndBabies.org](http://www.HealthierMomsAndBabies.org)

Diapers and wipes

**See page 46**

260-469-4076

### Three Rivers Ambulance Authority

[www.TRAA-EMS.com](http://www.TRAA-EMS.com)

Cribs and Safe Sleep

**See page 66**

260-420-6500

### WIC - Food and Nutrition Services

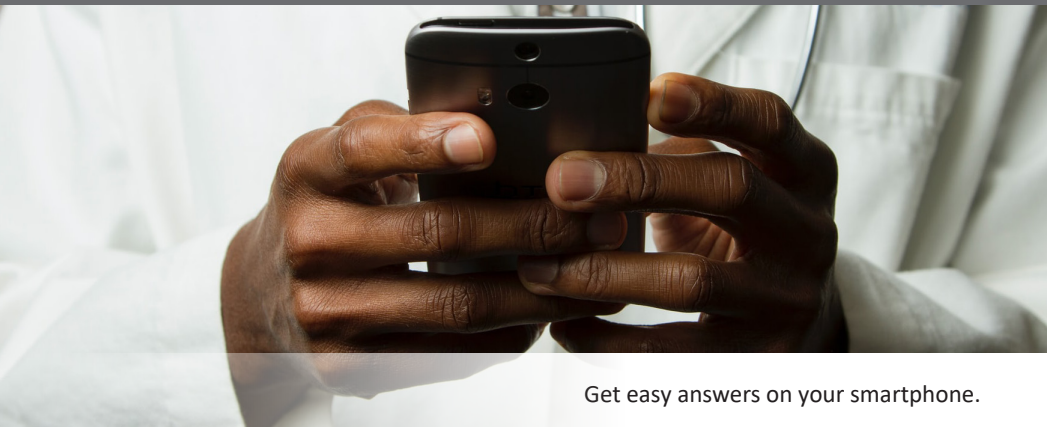
[www.FNS.USDA.gov/wic](http://www.FNS.USDA.gov/wic)

**See page 68**

260-458-2641



## Want More Info? Best Apps & Websites



Get easy answers on your smartphone.

These electronic resources cover many topics for expectant mothers and new parents. They include everything from mental health assistance to learning what to expect at each stage of pregnancy, as well as classes in the community. Accessing online resources can provide an easier and faster route to useful information for pregnancy and first year of life.

### Apps

#### **Baby Bump Pregnancy Pro**

Includes everything from a contraction timer to a handy birth planner

#### **Count the Kicks**

Educating expectant parents about the importance of tracking baby movements during the third trimester of pregnancy

#### **Healthy Tomorrow**

[mcmillenhealth.org/healthy-tomorrow/](http://mcmillenhealth.org/healthy-tomorrow/)  
Videos and other support geared towards pregnant people

#### **I'm Expecting**

Includes videos to show your baby's development

#### **Liv**

Educational information for before, during, and after pregnancy  
[www.AskLiv.com](http://www.AskLiv.com)

## Best Apps and Websites

### **My Pregnancy & Baby Today**

Includes baby development tracking, a contraction tracker, and community forums to track baby's first year development

### **Ovia**

Includes personalized feedback based on pregnancy stage, vital and daily statistics on the baby's development, and even a due date calculator

### **Text 4 Baby**

[www.Text4Baby.org](http://www.Text4Baby.org)

Text BABY, or BEBE for Spanish, for weekly texts with helpful information on prenatal care, parenting, and more

## Websites

### **Babies Love**

[www.BabiesLove.org](http://www.BabiesLove.org)

Fort Wayne resources for pregnant women and new moms

### **Brighter Futures Indiana/FSSA**

[BrighterFuturesIndiana.org/indiana-preschool-development-grant-pdg/](http://BrighterFuturesIndiana.org/indiana-preschool-development-grant-pdg/)  
A resource for understanding and enhancing a child's learning at home and while in care

### **Child Care Resource Network**

[www.TheChildCareResourceNetwork.org/](http://www.TheChildCareResourceNetwork.org/)  
Resources to help families make smart child care decisions

### **Infant Risk Center**

[www.InfantRisk.com](http://www.InfantRisk.com) | 806-352-2519  
Information on medication that can be safely used when pregnant and nursing

### **Look Up Indiana**

[www.LookUpIndiana.org](http://www.LookUpIndiana.org)  
A guide to resources and education on mental health for the whole family

### **MOMS Helpline**

844-624-6667  
[www.in.gov/health/moms-helpline](http://www.in.gov/health/moms-helpline)  
Indiana State Department of Health Service Specialists give referrals and information about prenatal and infant resources

## Know Where To Go?



Healthier Moms and Babies works with a new mom.

### Teen Parenting

#### **ECHO (Education Creates Hope and Opportunity)**

See pages 36, 42, 54

260-422-4525 or 260-426-3347

#### **Journey Beside Mothers**

[www.AssociatedChurches.org/just-between-mothers](http://www.AssociatedChurches.org/just-between-mothers)

See page 50

260-422-3528

#### **SCAN - Be Someone Now (Get Your GED)**

See page 64

260-421-5000

#### **YoungLives**

See page 70

260-310-7421



A Mother's Hope hosts an Our HEALing Kitchen cooking class.

### Food & Nutrition

#### **Associated Churches of Fort Wayne & Allen County**

260-422-3528 or [AssociatedChurches.org](http://AssociatedChurches.org)

#### **Community Harvest Food Bank of Northeast Indiana**

260-447-3696

#### **Double Up Indiana (Local, low-cost farm markets)**

[DoubleUpIndiana.org](http://DoubleUpIndiana.org)

#### **Indiana 2-1-1 (Nearby Food Banks)**

See page 46

Dial 2-1-1 or 1-866-211-9966

#### **Supplemental Nutrition Assistance Program - SNAP**

[FSSABenefits.in.gov/](http://FSSABenefits.in.gov/)

#### **WIC - Free Food and Nutrition Services**

[FNS.USDA.gov/wic](http://FNS.USDA.gov/wic)

See page 68

260-458-2641

## Breastfeeding Resources



Breastfeeding can provide many health benefits for both babies and moms.

### La Leche League

**See page 50**  
260-255-6574

### Lutheran Health Network

**See page 52**

Dupont Hospital Lactation Team: 260-416-3134  
Dupont Hospital Outpatient Line: 260-416-3240  
Dupont Hospital Birthplace: 260-416-3290  
Dupont Hospital Breastfeeding Support Group:  
*Tuesdays 1PM-2PM / Call to register: 216-416-3240*

Lutheran Hospital Lactation Office: 260-435-7330  
Lutheran Hospital Birthplace: 260-435-7338  
Lutheran Hospital Email: [LHLactation@LHN.net](mailto:LHLactation@LHN.net)  
Lutheran Hospital Breastfeeding Mother's Support Group:  
*Fridays 1:30PM-3PM 3rd floor conference room, behind welcome desk*

### Milk Depot Donor Milk Site

[www.TheMilkBank.org](http://www.TheMilkBank.org)  
260-435-7330

## Best Local Services - Free & Low-Cost

### Mood Changes and Moms

**See page 52**  
260-435-7069  
Support Group:  
*Wednesdays 10AM-11:30AM Mad Anthonys Children's Hope House*

### Parkview Health

**See page 60**  
Parkview Regional Medical Center Family Birthing Center: 260-672-6100  
Parkview Randallia: 260-373-6008  
Parkview Randallia Mom's Support Group:  
*Tuesdays 12PM-1:30PM*  
Parkview Community Nursing: 260-403-0930  
Virtual Group:  
*Thursdays 2PM-3PM [www.Facebook.com/groups/2028017117496632](https://www.facebook.com/groups/2028017117496632)*

### WIC - Free Food and Nutrition Services

[fns.usda.gov/wic](https://fns.usda.gov/wic)  
**See page 68**  
Lactation Appointments: 260-458-2641  
After-Hours Lactation (call or text): 260-312-7138  
Support Group:  
*Fridays 11:15AM*

## Best Local Services - Free & Low-Cost

### HIV, STD & STI Testing

#### A Hope Center - Free

See page 30

260-422-3544

#### Allen County Department of Health

See page 32

260-449-7504

#### Positive Resource Connection

See page 62

260-744-1144

### Stop Smoking Programs

#### Freedom from Smoking - Parkview Health

See page 62

260-266-2474

#### Healthier Moms & Babies

See page 46

260-469-4076

#### Nicotine Free for Baby & Me - Parkview Health

See page 60

260-266-2474

#### Quit Now Indiana

See page 64

1-800-QUIT-NOW

#### Tobacco Free Allen County

See page 66

260-760-7555

## Best Local Services - Free & Low-Cost

### Prenatal Vitamins

#### A Hope Center

See page 30

260-422-3544

#### Neighborhood Health

See page 58

260-458-2641

#### Women's Care Center

See page 68

260-424-9377

### Special Pregnancy Needs

#### *Natural Family Planning & Birth Spacing*

#### A Hope Center

See page 30

260-422-3544

#### Diocese of Fort Wayne-South Bend

See page 40

574-234-0687

#### Indiana University Lafayette Street Family Health Clinic

See page 48

260-481-0400

#### Neighborhood Health

See page 58

260-458-2641

#### Women's Care Center

See page 68

260-424-9377



## Best Local Services - Free & Low-Cost

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### *Crisis Nurseries*

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#### **Department of Child Services**

**See page 38**

260-458-6100

#### **Safe Families for Children**

**See page 64**

260-627-9002

#### **SCAN - Daybreak Crisis Homes**

**See page 64**

260-421-5000

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### *Early Care for Children with Disabilities & Delays*

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#### **First Steps**

**See page 44**

260-444-2994

#### **GiGi's Playhouse**

**See page 44**

260-482-7529

#### **Three Wishes Program**

**See page 58**

866-481-2700

#### **Turnstone**

**See page 66**

260-483-2100

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### *Post Abortion/Miscarriage Support*

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#### **A Hope Center**

**See page 30**

260-422-3544

#### **Catholic Charities**

**See page 36**

260-422-5625

## Best Local Services - Free & Low-Cost

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### **Project Rachel**

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**See page 40**

855-722-4354

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### *Difficult Prenatal Diagnosis*

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#### **Down Syndrome Association of Northeast Indiana**

**See page 40**

260-471-9964

#### **Miriam's Blessing**

**See page 40**

260-422-4611 or 574-234-0687 ext 4110

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### **Neonatal Abstinence Syndrome\***

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*Withdrawal from drugs that the infant was exposed to before birth.*

#### **Dr. Wolfe, MD, Pediatric Specialist, Lutheran Health**

7950 W. Jefferson Blvd., Fort Wayne, IN 46804

260-435-7123

#### **Dr. Bergeron, MD, Parkview Pediatric Developmental Center**

11141 Parkview Plaza Dr. #210, Fort Wayne, IN 46845

260-266-5400

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### **Adoption**

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#### **Catholic Charities**

**See page 38**

260-422-5625

#### **Women's Care Center with the Adoption Support Center, Inc.**

**See page 68**

260-424-9377

## Best Local Services - Free & Low-Cost

### Parenting Classes

#### *Newborn Care Classes*

##### **A Hope Center**

**See page 30**

260-422-3544

##### **Dupont Hospital**

**See page 52**

260-416-3042

##### **Early Childhood Alliance**

**See pages 42**

260-745-2501

##### **Healthier Moms & Babies**

**See page 46**

260-469-4076

##### **Lutheran Children's Hospital**

**See page 52**

260-435-2699

##### **Parkview Health**

**See pages 60, 62**

260-672-6185

##### **SCAN - Healthy Families**

**See page 64**

260-421-5000 and 800-752-7116

##### **Women's Care Center**

**See page 68**

260-424-9377

## Best Local Services - Free & Low-Cost

### *CPR*

#### **American Heart Association**

**See page 32**

317-732-4700

#### **American Red Cross**

**See page 32**

260-484-9336

#### **Parkview Health**

**See page 60**

260-373-8270

#### **Three Rivers Ambulance Authority**

**See page 66**

260-420-6500

### *Safe Sleep*

#### **Dupont Hospital**

**See page 52**

260-416-3042

#### **Parkview Health**

**See page 60**

877-774-8632

#### **Three Rivers Ambulance Authority**

**See page 66**

260-420-6500

## Childcare

### Brightpoint/Early Head Start

See page 34

800-589-2264

### Child Care Resource Network

[www.TheChildCareResourceNetwork.org/](http://www.TheChildCareResourceNetwork.org/)

Resources to help families make smart child care decisions

### Early Childhood Alliance

See page 42

260-745-2501

### Turnstone Center for Children & Adults with Disabilities

See page 66

260-483-2100

## Immunization

### Allen County Department of Health

See page 32

260-449-7504

### Neighborhood Health

See page 58

260-485-2641

### Super Shot

See page 66

260-424-7468

### Your Primary Caregiver

## Experiencing Loss? Grief Services



*Bereavement counseling can help parents heal from the death of a child.*

While everyone would like a successful outcome to their pregnancies, sometimes things are out of their control. To assist parents through these difficult times, the following resources can help parents recover from the loss of an infant and even offer support and counseling for those who wish to have another child.

### Ava's Grace

See page 40

260-422-4611 or 574-234-0687 ext 4110

### Forget-Me-Not Bereavement Program

[www.LutheranChildrensHospital.com/Forget-Me-Not-Program](http://www.LutheranChildrensHospital.com/Forget-Me-Not-Program)

See page 52

260-435-2699

### Healing Hearts

See page 62

260-266-1470

### Pregnancy & Parenting After Loss Support (PPALS)/Connections

See page 52

260-416-5854

### Project Rachel

[www.RachelHopes.org](http://www.RachelHopes.org)

See pages 40

855-722-4354



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### A Baby's Closet

A program of Associated Churches  
4800 S. Calhoun St.  
Fort Wayne, IN 46807  
260-422-3528

[www.AssociatedChurches.org/ABabysCloset](http://www.AssociatedChurches.org/ABabysCloset)

- Provides essential baby items to safely care for children
- Opportunities to earn coupons to be redeemed for clothing, a crib, car seat, and baby supplies

**M** 2PM-5PM  
**W** 2PM-5PM  
**Bus Route:**  
5/Southgate Plaza  
8/Calhoun

- Free

- Must be pregnant or have an infant or toddler and live in Allen County
- Must be receiving services from a participating service provider
- No U.S. government-issued ID needed

### A Hope Center

[www.AHopeCenter.org](http://www.AHopeCenter.org)

3630 Hobson Rd.  
Fort Wayne, IN 46815  
260-422-3544  
(Answered 24 hours a day)

-----  
3702 S. Clinton St.  
Fort Wayne, IN 46806  
260-969-HELP (4357)  
(Answered 24 hours a day)



#### MULTIPLE LANGUAGES

By appointment only

- Free pregnancy testing
- Free STD testing with a pregnancy test
- Free first-trimester ultrasound (limited)
- Education on sexually transmitted diseases (STDs)
- Medically accurate education about pregnancy options
- Referrals to Medicaid, doctors, professional counseling, and other community resources
- **Earn While You Learn:** Baby and maternity supplies rewarded for learning about your pregnancy and baby
- Pregnancy and healthy relationships peer counseling
- Education on parenting, healthy pregnancy, and life skills (one-on-one and group settings)
- Fatherhood program
- Peer counseling and support for healing after abortion
- Pregnancy Loss Support (one-on-one & group settings)

**M-TH** 9AM-5PM  
**2nd & 4th TH** 9AM-8PM  
**Bus Route:**  
4/Parkview

- Free

- Valid photo ID is needed (does not have to be U.S. government-issued)
- It is best to call for appointment, but walk-ins are welcome

-----  
**M-TH** 9AM-5PM  
**1st & 4th TH** 9AM-8PM  
**Bus Route:**  
8/Calhoun

### Allen County Dept. of Health

4813 New Haven Ave.  
Fort Wayne, IN 46803  
260-449-7504

[www.AllenCountyHealth.com](http://www.AllenCountyHealth.com)



#### SPANISH, BURMESE

Daily by appointment only

#### OTHER LANGUAGES

By appointment only

- Childhood and adult immunizations
- Sexually Transmitted Diseases (STD) testing
- Confidential AIDS/HIV testing
- Patient education/information
- Case management & referrals
- Dispense medication on-site as needed for clients undergoing treatment

**M-F** 8AM-12PM  
1PM-4:30PM  
**Bus Route:**  
10/New Haven

- Minimal fees charged
- Donations accepted

#### Payment methods accepted:

- Medicaid
- Medicare
- Most private insurance
- Cash

- Valid government-issued ID needed
- No one refused services
- Anyone over age 13
- Call to schedule appointment
- Limited walk-ins
- If insured, bring insurance card
- Uninsured and underinsured welcome from any county





## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Alliance Health Centers

2700 Lafayette St.  
Fort Wayne, IN 46806  
260-266-0780

[www.MyAllianceHealth.org](http://www.MyAllianceHealth.org)



**SPANISH**

Interpreter available daily

- Pregnancy and Women's Health
- Primary medical care for all ages
- Lab tests including blood draw
- Patient assistance in applying for reduced-fee prescriptions
- Medication formulary with low-cost alternatives
- Assistance with enrolling in health insurance (Medicaid and Marketplace)
- Mental health services including therapy and medication management
- Mental Health outpatient services ages 6 and older
- Psychiatric medication management
- Addiction and court-ordered services

**M,W-F** 8AM-5PM  
**T** 9AM-6PM  
**Bus Route:**  
5/Southeast local

- Sliding fee based upon household income
- Payment methods accepted:**
- Medicaid
  - Medicare
  - Most Private Insurance
  - Cash

- No U.S. government-issued ID needed
- If uninsured, bring proof of household income
- If insured bring insurance card
- No one will be turned away regardless of ability to pay

### American Heart Association

6500 Technology Dr., Suite 100  
Indianapolis, IN 46278  
ECC/CPR Trainings  
317-732-4700

[www.Heart.org](http://www.Heart.org)

- Provides referrals to certified emergency cardiovascular (heart) care (ECC) courses, including basic first aid and CPR classes for new parents

**24/7** Online  
**M-F** 8:30AM-5PM

- Free for information and referral
- Course costs vary

- Open
- No U.S. government-issued ID needed

### American Red Cross

1212 E. California Rd.  
Fort Wayne, IN 46825  
260-484-9336

[www.RedCross.org](http://www.RedCross.org)



**SPANISH**

Interpreter available daily

- Offers a variety of safety training courses for new parents
- Courses available in traditional classroom setting, online, or through partnering workplace

**M-F** 8AM-5PM  
**Bus Route:**  
1/Waynedale via Broadway, Northcrest  
  
Class days and times vary

- Free for information and referral
- Course costs vary, cash accepted

- No U.S. government-issued ID needed
- Varies by class
- Call to schedule appointment



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### A Mother's Hope

260-444-4975

[www.AMothersHopeFW.org](http://www.AMothersHopeFW.org)



**MULTIPLE LANGUAGES**

By appointment only

- Shelter for pregnant women who are homeless or at risk of being homeless
- Support and guidance to residents in the areas of shelter, health of mother and baby, support/spiritual, education, employment, and life skills

**M-F** 8AM-5PM

**Bus Route:**  
15/Parkview Medlink

Call for appointment

- Free

- Pregnant women who are at risk of homelessness
- Commitment to living drug and alcohol free
- Able to pass a drug screen
- Background check: no violent crimes in past five years
- Valid government-issued ID needed

### Bienestar Sin Fronteras

*(Wellness Without Borders)*

201 E. Rudisill Blvd., Suite B102  
Fort Wayne, IN 46806  
260-745-6734

[www.BSFIndiana.org](http://www.BSFIndiana.org)



**SPANISH**

Available daily

- Counseling (individual, family and marriage)
- Support Groups (Life transitions, Family Wellness, Acculturation Stress, Student empowerment)
- Trainings & Presentations (suicide prevention, mental health first aid)
- Podcast

**M-F** 8AM-5PM

- Free

- No U.S. government-issued ID needed
- All Latinos served

### Bowen Center

2100 Goshen Rd.  
Fort Wayne, IN 46808  
Appointments: 1-800-342-5652  
24-hr crisis line: 1-800-342-5653

[www.BowenCenter.org](http://www.BowenCenter.org)



**CALL FOR LANGUAGE INFO**

- Substance abuse and mental health counseling
- Outpatient services
- Home-based/school-based rehabilitation
- Individual and group therapy
- Medication assisted treatment - use of medication, counseling, and behavioral therapies to treat substance use disorders
- Psychiatric medication management

**M-TH  
F** 8AM-7PM  
8AM-5PM

**Bus Route:**  
9/Gateway

- Sliding fee scale based on income
- Health Insurance Navigators assist with enrollment

#### Payment methods accepted:

- Medicaid
- Private Insurance

- No U.S. government-issued ID needed
- Call for appointment

### Bowen Health Clinic

201 E. Rudisill, Suite 106  
Fort Wayne, IN 46806  
260-797-3458



**CALL FOR LANGUAGE INFO**

- Primary care
- Sick visits
- Smoking cessation

**M,W,F  
T,TH** 8AM-5PM  
8AM-7PM

- Sliding fee scale based on income

#### Payment methods accepted:

- Medicaid
- Private Insurance

- Call for eligibility



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Brightpoint

227 E. Washington Blvd.  
Fort Wayne, IN 46802  
260-423-3546  
800-589-3506

[www.MyBrightpoint.org](http://www.MyBrightpoint.org)

### 24-Hour Appointment Line:

800-589-2264

\*Child Care and Covering Kids & Families appointments only



### SPANISH

By appointment only

### BURMESE

By appointment only

### Early Head Start:

- Home-based program for pregnant women and young children up to age 3, with emphasis on healthy pregnancy, child development, education, family self-sufficiency, parenting skills, and a smooth transition into preschool

### Head Start:

- Comprehensive pre-school program that provides education, health, nutrition, and other social services for low-income children, ages 3-5, and their families

### Child care Assistance:

- Helps families afford quality child care for children younger than 13 whose parents are working, going to school, or receiving job training

### Family Development:

- Provides holistic, in-home services that help identify a family's strengths, desires, and goals in which participants develop action plans that focus on achieving self-sufficiency

### Covering Kids & Families (CKF):

- Enrolling in health insurance through Presumptive Eligibility for Pregnant Women (CKF PEPW), Medicaid, Hoosier Healthwise, HIP, and Marketplace

### Main Office:

**M-TH** 7:30AM-5:30PM  
**F** 7:30AM-11:30PM

- Call for appointment

- Most programs are free or low-cost; each program has specific eligibility requirements

- No U.S. government-issued ID needed
- Early Head Start: For pregnant women and children (under 3), in Allen, Noble, and Whitley counties; family income at or below 100% of poverty guidelines
- Head Start: Eligibility is first 100% poverty or below, and ages 3-5 by the school entry date for the state (Oct. 1)
- Childcare Assistance: A completed application is required to be put on a waiting list; parents must be working and/or in school, and must select an approved child care provider
- Family Development: For families at or below 200% of the poverty guidelines; must contact Family Development Department or 211 to complete referral

Multiple office locations with hours that vary; to schedule an appointment, visit [www.MyBrightpoint.org/ckf](http://www.MyBrightpoint.org/ckf)

- Health insurance enrollment assistance is free

- CKF eligibility varies by age, family size, and income; for documents, visit [www.MyBrightpoint.org/ckf](http://www.MyBrightpoint.org/ckf)

### Catholic Charities

915 S. Clinton St.  
Fort Wayne, IN 46802  
260-422-5625

[www.CCFWSB.org](http://www.CCFWSB.org)

### Education Creates Hope and Opportunity (ECHO):

- Case management services for pregnant and/or parenting teens to assist in completion of high school education (see pg. 32)

### Pregnancy and Parenting Services:

- Free, confidential counseling and support for women experiencing an unexpected pregnancy
- Adoption planning services for birth parents



**M-TH** 8AM-5PM  
**F** 8AM-12PM

**Bus Route:**  
2/Time Corners

- Free

- No U.S. government-issued ID needed
- Call to schedule appointment



Organization/Agency	Services	Hours	Payment	Eligibility
<b>CONNECT Allen County</b> 201 E. Rudisill Blvd., Suite B102 Fort Wayne, IN 46806 260-901-5480  <a href="http://www.ConnectAllenCounty.com">www.ConnectAllenCounty.com</a>   <b>SPANISH AND BURMESE</b> Available daily, call for hours	<ul style="list-style-type: none"> <li>• Doula services, child birth education classes, pre &amp; post-natal case management, breastfeeding support group, father engagement, childcare resource information &amp; application assistance, food stamp application assistance, Medicaid application assistance, TANF application assistance, autism and disability services, maternal mental health counseling &amp; support groups, children's mental health counseling, family mental health counseling, emergency pantry includes: food, hygiene, diapers, clothing, transportation</li> </ul>	<b>M-F</b> 8AM-5PM <b>Bus Routes:</b> 8/Calhoun	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> </ul>
<b>Christ Child Society of Fort Wayne</b>  <a href="http://www.ChristChildFW.org">www.ChristChildFW.org</a>	<ul style="list-style-type: none"> <li>• Layettes to Newborns</li> <li>• Koats for Kids</li> <li>• "My Stuff" Backpacks for children in transition</li> </ul> <b>Crib Club Stores:</b> <ul style="list-style-type: none"> <li>• Parents spend coupons earned for clothing and baby supplies *Located in Women's Care Center (see pg. 66)</li> </ul>	Services are managed through community partners; see website for more information	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Need-based</li> </ul>
<b>Courageous Healing, Inc.</b> 2013 S. Anthony Blvd. Fort Wayne, IN 46803 260-255-3514  <a href="http://www.CourageousHealing.org">www.CourageousHealing.org</a>   <b>SPANISH</b> Available daily 10AM-6PM	<b>Culturally centered, trauma-informed mental health services and supports:</b> <ul style="list-style-type: none"> <li>• Individual Counseling (Adult &amp; Youth)</li> <li>• Marriage &amp; Family</li> <li>• Group</li> <li>• Psychoeducation trainings &amp; speaking engagements</li> </ul>	<b>M-F</b> 10AM-6PM (weekend or late appointments based on individual counselor preference)	<b>Payment Methods Accepted:</b> <ul style="list-style-type: none"> <li>• Self-pay</li> <li>• Sliding Fee Scale (varies based upon client's submitted financial documents)</li> <li>• Insurance (Anthem, Signature Care, PHP)</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Appointment only basis</li> <li>• 8 years old and up</li> </ul>
<b>Department of Child Services</b> 201 E. Rudisill Blvd., Suite 200 Fort Wayne, IN 46806 260-458-6100  <a href="http://www.IN.gov/dcs">www.IN.gov/dcs</a>	<b>Child Protective Services (CPS):</b> <ul style="list-style-type: none"> <li>• Investigates reports of suspected child abuse or neglect and takes action on substantiated cases</li> </ul> <b>Special Needs Adoption Program:</b> <ul style="list-style-type: none"> <li>• Offers information, support, and placement services to persons interested in adopting hard-to-place Indiana children</li> </ul> <b>Foster Care:</b> <ul style="list-style-type: none"> <li>• Places children who are wards of the court into temporary foster homes and recruits, licenses, and supervises foster parents</li> <li>• Foster care is intended to provide a safe, nurturing, stable, and temporary environment for children who can no longer remain in their homes due to risk of abuse or neglect</li> </ul>	County office: <b>M-F</b> 8AM-4:30PM <b>Bus Routes:</b> 5/Southeast Local 8/Calhoun	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Open</li> </ul>





## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Diocese of Fort Wayne - South Bend

915 S. Clinton St.  
Fort Wayne, IN 46802  
574-234-0687

### Project Rachel

855-722-4354  
855-RACHEL HOPE

[www.DioceseFWSB.org/Project-Rachel](http://www.DioceseFWSB.org/Project-Rachel)

### Project Rachel:

- A post-abortion healing program offered by the Diocese of Fort Wayne-South Bend
- All faiths are welcome
- Counseling referrals
- Trained companions to walk the journey with individuals
- Annual memorial mass for parents who have lost a baby, including through abortion

Call for more information

- Free
- Professional counseling services often provided at a reduced fee

- All are eligible
- No U.S. government-issued ID needed

### Miriam's Blessing

260-422-4611 or  
574-234-0687 ext 4110

[www.DioceseFWSB.org/Miriams-Blessing](http://www.DioceseFWSB.org/Miriams-Blessing)

### Miriam's Blessing:

- Provides comprehensive support to parents who receive a difficult prenatal diagnosis before, during, and after birth

Call for more information

- Free

- All are eligible
- No U.S. government-issued ID needed

### Ava's Grace

260-422-4611 or  
574-234-0687 ext 4110

[www.DioceseFWSB.org/Avas-Grace](http://www.DioceseFWSB.org/Avas-Grace)

### Ava's Grace:

- Provides practical, emotional, and spiritual support to parents who suffer miscarriage, stillbirth, or infant loss
- Online support group
- Annual retreat
- Annual Memorial Mass for parents who have lost a baby

Monthly online support group on the third Wednesday evening of the month, from 8PM-9:30 PM; please email Lisa at [leverett@diocesefwsb.org](mailto:leverett@diocesefwsb.org) for the Zoom link and passcode

- Free

- All are eligible
- No U.S. government-issued ID needed

### Down Syndrome Association of Northeast Indiana

3320 N. Clinton St.  
Fort Wayne, IN 46805  
260-471-9964

[www.DSANI.org](http://www.DSANI.org)

### Outreach Program:

- Resource materials to new parents after receiving a diagnosis of Down Syndrome for their child
- Support, educational workshops, activities, and more through the life cycle

**M-F** 8:30AM-5PM  
**Bus Routes:**  
3/Village Woods  
8/Glenbrook

- Free

- No U.S. government-issued ID needed
- Call for an appointment



CALL FOR LANGUAGE INFO



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Early Childhood Alliance

3800 N. Anthony Blvd.  
Fort Wayne, IN 46805  
260-745-2501

[www.ECAlliance.org](http://www.ECAlliance.org)

#### Parents as Teachers Home Visiting:

- Prenatal and early childhood support for parents; designed to enhance child development and school achievement
- Child receives free health, vision, hearing, and developmental screening

#### Bright by Text:

- Free texting service providing convenient early learning tips and games from experts, as well as family-friendly news and events happening in the area

#### SparKits:

- Subscription service with developmental materials and ideas for children birth to age five

### Early Childhood Alliance Learning Centers

516 E. Wayne St.  
Fort Wayne, IN 46802

2125 Beacon St.  
Fort Wayne, IN 46805

- Nationally accredited early care and education for children ages birth through school-age

#### Parents as Teachers:

**M-F** 8AM-5PM

- Free

- No U.S. government-issued ID needed
- Call for more information

**M-F** 6AM-6PM

- Child care vouchers accepted
- Sliding scale fee based on income

### ECHO Education Creates Hope and Opportunity

#### Catholic Charities

915 S. Clinton St.  
Fort Wayne, IN 46802  
260-422-4525

[www.CCFWSB.org](http://www.CCFWSB.org)

#### Lutheran Social Services

333 E. Lewis St.  
Fort Wayne, IN 46802  
260-426-3347

[www.LSSIN.org](http://www.LSSIN.org)

- Case management services for pregnant and/or parenting teens to assist in completion of high school education
- Assess barriers to achieve school success and attendance
- Ensure healthcare needs are addressed
- Develop short and long-term school and life goals
- Connect the client to necessary community resources

Call or check websites for hours

#### Bus Route:

2/Times Corners

- Free

- No U.S. government-issued ID needed
- Pregnant and/or parenting teens and young adults

#### Bus Route:

7/Anthony  
8/Calhoun  
10/New Haven



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Family Medicine Center

750 Broadway, Suite 350  
Fort Wayne, IN 46802  
260-423-2675

www.FWPMC.com



**BURMESE**

Daily by appointment only

- Primary medical care
- Pregnancy and childbirth
- Chronic disease testing and management
- Patient education
- Patient assistance in applying for reduced-fee prescriptions

**M** 8AM-7PM  
**T,W** 8AM-5PM  
**TH** 8AM-12PM  
**F** 8AM-5PM

#### Bus Routes:

1/Waynedale via  
Broadway, Northcrest  
6/McKinnie/Franke Pk  
9/Brooklyn/Taylor

- Sliding fee scale based on income
- Payment arrangements for self-pay

#### Payment methods accepted:

- Medicaid
- Medicare
- Private Insurance
- Cash

- No U.S. government-issued ID needed
- Call to schedule appointment
- Uninsured and underinsured welcome from any county
- If insured, bring insurance card

### First Steps

*A program of Indiana Family and Social Services, Bureau of Child Development Services*  
North Central Indiana  
201 E. Rudisill Blvd.  
Fort Wayne, IN 46806  
260-444-2994

www.IndianaFirstSteps.org



**SPANISH**

Available daily

**OTHER LANGUAGES**

By appointment only

#### Children can receive treatment for developmental delays including:

- Assistive technology services
- Diagnostic medical services
- Family education
- Physical therapy
- Health service resources
- Nursing service resources
- Occupational therapy
- Psychological service resources
- Service coordination
- Social work services
- Hearing tests and services
- Special instruction/developmental therapy
- Speech-language services
- Vision service
- Free developmental evaluations for kids under age three

Office Hours:  
**M-F** 8AM-4:30PM

In-home therapy by appointment

- All insurance or no insurance welcome
- Sliding fee scale based on income (bring documentation to verify income)

- Referred by primary physician
- Referred by a social worker
- Self-referred (call or use website)
- Children, aged birth to 3 years
- Child has diagnosed developmental delays
- No U.S. government-issued ID needed

### GiGi's Playhouse Fort Wayne

*Down Syndrome Achievement Center*  
6081 N. Clinton St.  
Fort Wayne, IN 46825  
260-482-7529

www.GiGisPlayhouse.org/FortWayne

- Affective, attention, and cognitive development
- Family involvement
- Fine motor and gross motor development
- Parent education
- Physical and social development
- Speech and language development

**M-F** 9AM-5PM

- Free

- Call to schedule appointment
- No U.S. government-issued ID needed
- Call for more information



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Headwaters Counseling

Formerly Family & Children's Services  
2712 S. Calhoun St.  
Fort Wayne, IN 46807  
260-744-4326

[www.HeadwatersCounseling.org](http://www.HeadwatersCounseling.org)

- Outpatient mental health and/ or addiction counseling
- In depth assessments and ongoing treatment
- Serve all ages
- Individual, family, and group treatment

**M-TH** 8AM-8PM  
**F** 8AM-12PM  
**Bus Routes:**  
3/Village Woods  
8/Calhoun

- Sliding fee scale based on income
- Health insurance navigators provide free assistance with enrollment
- Payment methods accepted:**
  - Medicaid
  - Medicare
  - Private Insurance
  - Cash

- No U.S. government-issued ID needed
- Call to schedule appointment
- If insured, bring insurance card
- If uninsured, bring proof of household income

### Healthier Moms and Babies

1025 W. Rudisill Blvd. #9  
Fort Wayne, IN 46807  
260-469-4076

[www.HealthierMomsAndBabies.org](http://www.HealthierMomsAndBabies.org)



**SPANISH, BURMESE**  
By appointment only

- **Healthy Start** - Health education and case management during pregnancy and after delivery
- Safe Sleep Education
- **Nurse Family Partnership** for first-time mothers, providing health education until the baby turns two years old
- **Smoking Cessation Services**
- **DadUp** - Father/partner support program
- **Own Your Journey** - Women's health and wellness program
- **Mental Health Counseling**

**M-TH** 8AM-5PM  
**F** 8AM-12PM  
**Bus Routes:**  
1/Waynedale via Broadway, Northcrest  
6/McKinnie/Franke Pk  
9/Brooklyn/Taylor

- Free

- No U.S. government-issued ID needed
- Pregnant women before the 30th week
- Allen County residents
- Noble County residents
- Non-pregnant women (before and in-between pregnancies)
- Call to schedule appointment

### Indiana 2-1-1

Dial: 2-1-1 or 1-866-211-9966  
Text your zip code to: 898-211

[IN211.org](http://IN211.org)

- 2-1-1 is a free and confidential service that helps Hoosiers across Indiana find the local resources they need
- General information on organizations for financial and medical assistance, counseling, patient assistance, and a variety of other services

**Calls answered** **24/7**  
**Texting:**  
**M-F** 8AM-5PM

- Free

- No U.S. government-issued ID needed
- Anyone is eligible





## Organization/Agency

## Services

### Indiana University Lafayette Street Family Health Clinic

2700 S. Lafayette St.  
Fort Wayne, IN 46806  
260-481-0400



**SPANISH**

Interpreter available daily

- Pregnancy testing (sliding fee)
- Gynecological exams
- Pap tests
- Breast exams
- Natural family planning

### IU Health

www.IUHealth.org

#### Primary Care Southeast

256 E. Pettit Ave.  
Fort Wayne, IN 46806  
260-234-5400

- Primary medical care, chronic disease testing and management, pregnancy and childbirth, gynecological exams, pap tests, breast exams, family planning, x-ray, and blood draws

#### Primary Care Northeast

7411 Hope Dr.  
Fort Wayne, IN 46815  
260-234-5400

- Primary medical care (women, men, and children), internal medicine, chronic disease testing and management, family planning, imaging services, x-ray, mammogram, bone density, ultrasound, CT (MRI in 2023), and Lab draws

#### Primary Care Southwest

7230 Engle Rd., Suite 100  
Fort Wayne, IN 46804  
260-234-5400

- Primary medical care (women, men, and children), internal medicine, chronic disease testing and management, family planning, x-ray, and blood draws

#### Primary Care North

10215 Auburn Park Dr.  
Fort Wayne, IN 46825  
260-234-5400

- Primary medical care (women, men, and children), chronic disease testing and management, family planning, and blood draws

#### Primary Care Southwest MOB (Opening January 2023)

10101 Ernst Rd.  
Roanoke, IN 46783  
260-234-5400

- Primary medical care (women, men, and children), internal medicine, chronic disease testing and management, family planning, imaging services, x-ray, mammogram, bone density, ultrasound, CT, MRI, nuclear medicine, and blood draws

#### Urgent Care

9821 Lima Rd., Suite 103  
Fort Wayne, IN 46818  
260-240-5027

## Hours

## Payment

## Eligibility

**M** 8AM-7PM  
**T** 8AM- 4:30PM  
**W** 8AM-5:30PM  
**TH** 8AM- 4:30PM  
**F** 8AM-12PM  
Walk-ins accepted for pregnancy tests only  
**Bus Route:**  
5/Southgate Plaza

- Fees vary
  - Sliding fee scale based on income
- Payment methods accepted:**
- Medicaid
  - Private Insurance
  - Cash

- No U.S. government-issued ID needed
- No one refused services
- Uninsured and underinsured welcome from any county
- Call for appointment
- If insured, bring insurance card

**M-F** 7:30AM-5PM

- Contact for information

- Contact for information

**M-TH** 7AM-7PM  
**F** 7AM-5PM

- Contact for information

- Contact for information

**M-TH** 7AM-7PM  
**F** 7AM-5PM

- Contact for information

- Contact for information

**M-TH** 7AM-7PM  
**F** 7AM-5PM

- Contact for information

- Contact for information

**M-TH** 7AM-7PM  
**F** 7AM-5PM

- Contact for information


- Contact for information

**M-F** 8AM-8PM  
**S,SU** 8AM-6PM

- Contact for information

- Contact for information



Organization/Agency	Services	Hours	Payment	Eligibility
<b>IU Health</b> <i>(Continued)</i>  <b>Urgent Care</b> 7411 Hope Dr., Suite A Fort Wayne, IN 46815 260-264-5600		<b>M-F</b> <b>S,SU</b> 8AM-8PM 8AM-6PM	<ul style="list-style-type: none"> <li>Contact for information</li> </ul>	<ul style="list-style-type: none"> <li>Contact for information</li> </ul>
<b>Journey Beside Mothers</b> <i>A program of Associated Churches</i> 602 E. Wayne St. Fort Wayne, IN 46802 260-422-3528  <a href="http://www.AssociatedChurches.org/just-between-mothers">www.AssociatedChurches.org/just-between-mothers</a>	<ul style="list-style-type: none"> <li>Mother Mentoring, supporting mothers, during the time of pregnancy through preschool period by a mentor who has been screened and trained by JBM staff and community partners</li> <li>Young Mother Gatherings, offering teen mothers to early 20's a time to gather for fun, food, fellowship, and inspiration</li> <li>Play Groups, for mothers of infants through preschool age to meet with other moms and children to build relationships that help break down the isolation many mothers feel</li> </ul>	Mother mentoring – mutually agreed upon times weekly or biweekly  Young Mother Gatherings <b>Last W</b> 9AM-5PM  Play Group <b>W</b> 1:30PM-3PM*  *These times are subject to change	<ul style="list-style-type: none"> <li>Free</li> </ul>	<ul style="list-style-type: none"> <li>No U.S. government-issued ID needed</li> <li>Expectant mother and/or mother of infant through preschool age</li> </ul>
<b>Journey Birth and Wellness</b>  260-267-0207  <a href="http://www.JourneyBirthAndWellness.org">www.JourneyBirthAndWellness.org</a>   <b>OTHER LANGUAGES</b> Available upon request	<ul style="list-style-type: none"> <li>Doula/birth services</li> <li>Childbirth education classes in multiple languages</li> <li>Classes and groups on topics of breastfeeding and newborn care</li> </ul>	<b>M-F</b> 9AM-5PM	<ul style="list-style-type: none"> <li>Sliding scale</li> <li>Free doula services for those who qualify</li> </ul>	<ul style="list-style-type: none"> <li>No U.S. government-issued ID needed</li> <li>Refugees and Immigrants who are expecting or who have a newborn</li> </ul>
<b>La Leche League of Fort Wayne</b> 260-255-6574 Leave a message and receive a call back within 24 hours  <a href="http://www.LLLI.org">www.LLLI.org</a>	<ul style="list-style-type: none"> <li>Support for breastfeeding mothers by phone and at monthly meetings</li> <li>La Leche League leaders have been trained and accredited by La Leche League International to help mothers and mothers-to-be with all aspects of breastfeeding</li> </ul>	Call for location and time details	<ul style="list-style-type: none"> <li>Free</li> <li>Donations appreciated</li> </ul>	<ul style="list-style-type: none"> <li>No U.S. government-issued ID needed</li> <li>Mothers and mothers-to-be (including adoptive mothers)</li> </ul>
<b>Look Up Indiana</b> <i>A Lutheran Foundation initiative</i>  <b>24/7 mental health support:</b> Text LOOKUP to 494949; chat online; or call 877-257-0208  <a href="http://www.LookUpIndiana.org">www.LookUpIndiana.org</a>	<b>Online listing of mental health providers, services, and resources, including topics for:</b> <ul style="list-style-type: none"> <li>Mental health and depression</li> <li>Opioids and other drugs</li> <li>Youth</li> <li>Parents</li> </ul>	<b>24/7</b>	<ul style="list-style-type: none"> <li>Free</li> </ul>	<ul style="list-style-type: none"> <li>All are eligible</li> <li>No U.S. government-issued ID needed</li> </ul>



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Lutheran Health Network (LHN)

www.LutheranHealth.net

### The Birthplace at Lutheran Hospital and Lutheran Children's Hospital

7950 W. Jefferson Blvd.

Fort Wayne, IN 46804

260-435-2699

LutheranHospital.com

### The Birthplace at Dupont Hospital

2520 E. Dupont Rd.

Fort Wayne, IN 46825

260-416-3042

TheDupontHospital.com

### Lutheran Health Physicians

260-432-2297

LutheranHealthPhysicians.com

### Dupont Hospital Pediatric Unit

260-416-3040



### MULTIPLE LANGUAGES

On-site interpreters available

- **Classes:** Breastfeeding, Childbirth, Newborn Care, Grandparents, Siblings, Mood Changes & Moms, Safe Sitter; class locations vary
- **Car Seat Services:** Car seat safety checks
- **Safe Sleep:** Cribs for Kids - all locations
- **Breastfeeding Support:** All locations
- **Free Outpatient Lactation Services:** Dupont and Lutheran Hospitals
- **Baby Blues & Postpartum Depression Mood-Changes:** Lutheran, 260-435-7069
- **Birth Planning Services:** Dupont Hospital
- **OB/GYN & Pediatrician Services**
- **Neonatal Follow-Up Clinic:** Lutheran Hospital only - prematurity, low birth weight, birth defects, congenital syndromes, feeding problems, failure to thrive, developmental delays, developmental screening, neonatal abstinence syndrome
- **Monarch Program:** Maternal, OB, newborn care, addiction recovery, comprehensive health, 260-425-3106
- **Forget-Me-Not Bereavement Program:** Including coping with death, stages of grief, memory, and healing activities
- **Pregnancy/Parenting After Loss Support (PPALS):** Support to ease fear about pregnancy after the loss of a baby, Dupont Hospital, 260-416-5854
- **Connections:** Support for parents experiencing loss of a baby, 260-416-5854
- **Mood Changes and Moms Support Group:** free group for expectant and new moms (babies and toddlers welcome), 260-435-7069

24/7

### Bus Route:

22/West Jefferson/  
Lutheran

### Bus Route:

21/Glenbrook/  
Coldwater/Dupont

- Free prenatal education
- Free breastfeeding support groups
- Free car seat inspections (car seat purchase options available)
- Free safe sleep classes and cribs
- Free baby blues and postpartum depression support
- Free childbirth and newborn classes
- Insurance coverage, case management, WIC
- Vary by service provided
- Insurance welcome, but not required
- Uninsured receive a self-pay discount

### Payment methods accepted:

- Private insurance
- Medicaid
- Medicare
- Cash
- Contact office to ensure insurance is in-network.

- All are eligible
- No U.S. government-issued ID needed



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Lutheran Social Services

333 E. Lewis St.  
Fort Wayne, IN 46802

4310 N. Clinton St.  
Fort Wayne, IN 46805

260-426-3347

www.LSSIN.org



### MULTIPLE LANGUAGES

By appointment only

#### Balance Works:

- Integrated mind-body-spirit therapy for children, adults, couples and families
- Empowers individuals to overcome barriers, conquer traumatic experiences, and live life freely
- Offers targeted help within a broad network of support
- Various office-based therapy services, including EMDR (Eye Movement Desensitization and Reprocessing)

#### Education Creates Hope and Opportunity (ECHO):

- Case management services for pregnant or parenting teens to assist in completion of high school education (see pg. 42)

#### Gear-up Safety Program:

- Provides families with safety items, making home safe for children

#### Recovery Care:

- Support focused on sustained recovery from substance abuse/misuse
- Services include advocacy, relapse prevention/recovery support, resource referral, connections to behavioral health, employment and financial stability services

#### Family Support Services – Recovery Care:

- Family Support phone line to provide education, support and resources for family and friends of loved ones with history of substance use/misuse, no matter of their recovery status
- Resource Line Contact: 260-427-5808

### Children's Village

6613 S. Anthony Blvd.  
Fort Wayne, IN 46816  
260-744-0006

#### Children's Village:

- Childcare for ages six weeks to age five
- State-licensed/Level 4 paths to quality

M-TH  
F

8AM-5PM  
8AM-12PM

**Bus Routes:**  
10/New Haven  
7/Anthony  
8/Calhoun

- Some services free
- Some services have scholarship options available based on income
- Contact for full information

#### Payment methods accepted:

- Medicaid
- Most Private insurance
- Cash
- HIP Anthem

#### ECHO & Gear-up:

- Free

- Call to schedule appointment
- Required documentation depends on program

M-F 7:30AM-4:30PM

**Bus routes:**  
7/Anthony/Oxford  
7a/Anthony/Creighton

- State vouchers accepted
- Call for more information

- Call for more information



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Mad Anthony's Children's Hope House

*Lutheran Hospital Campus:*  
7922 W. Jefferson Blvd.  
Fort Wayne, IN 46804  
*Dupont Hospital Campus:*  
2510 E. Dupont Rd.  
Fort Wayne, IN 46825  
260-459-8550

[www.ChildrensHopeFW.org](http://www.ChildrensHopeFW.org)



**SPANISH**

On-site interpreters available

**A caring home away from home for families while their children are in the hospital:**

- Free to low-cost (\$10/night)
- Free laundry facilities for guests
- Full kitchen
- Private bedrooms
- Family common areas

### Lutheran Office Hours:

**M-F** 8:30AM-4:30PM  
**S,SU** 12PM-5PM  
**M-SU** 6:30PM-6:30AM

### Dupont Office Hours:

**M-F** 4PM-8PM  
**S,SU** 12PM-5PM

\*Guests have 24/7 access to the house and amenities

- \$10 donation per night requested
- No family will be turned away for inability to pay

- No U.S. government-issued ID needed
- Must be 18 years old and have a child or family member in any one of our Fort Wayne hospitals
- Must have a referral from a nurse/doctor

### Mission: Motherhood

260-338-8939

[www.MissionMotherhoodFW.com](http://www.MissionMotherhoodFW.com)



**SPANISH, BURMESE**

Available on demand

- Programs specific to Perinatal Mood & Anxiety Disorders (PMADs) / Maternal Mental Health
- Peer-to-Peer Recovery Coaching
- Virtual/In-Person Group Meetings
- Facebook Group Access (+400 mothers)
- Practical Support & Community Connection (diapers, formula, etc)
- Provider/Community Education on Maternal Mental Health

Call for consultation

- Free

- No U.S. government-issued ID needed
- For all prenatal or postpartum mothers

### MOMS HELPLINE

*Indiana State Department of Health*  
1-844-MCH-MOMS  
1-844-624-6667

[www.IN.gov/health/moms-helpline/](http://www.IN.gov/health/moms-helpline/)

**Helpline specialists give information and referrals including:**

- Insurance, educational resources, medical providers, infant health programs, and more

**M-F** 9AM-5PM

- Free

- All are eligible

### New Mercies Ministries

2900 N. Anthony Blvd.  
Fort Wayne, IN 46825  
(by appointment only)  
260-627-9002

[www.New-Mercies.org](http://www.New-Mercies.org)



**SPANISH, BURMESE**

By appointment only

- Overnight and day host homes for children whose parents are in crisis. Parent/guardian must be willing to work with a family coach during the hosting

### Phone:

**M-TH** 8:30AM-4PM  
**F** 8:30AM-1PM

- Free

- No U.S. government-issued ID needed
- Parent/guardian must be involved in a parent/guardian-based crisis, must have legal custody/guardianship of child
- Be ready to explain family situation, provide children's medical background





## Organization/Agency

## Services

### Neighborhood Health

www.MyNHFW.org

1717 S. Calhoun St.  
Fort Wayne, IN 46802  
260-458-2641

3350 E. Paulding Rd.  
Fort Wayne, IN 46816  
260-458-2641



#### SPANISH, BURMESE

Interpreter available daily

#### OTHER LANGUAGES

Available via tele-interpreter

- Medical care for adults and children
- Family practice
- Pregnancy and childbirth, ultrasounds, women's health, free pregnancy tests
- Pediatrics/children
- Lab tests at Calhoun St. location and Paulding Rd. Tuesday and Thursday only
- Medication assistance program
- Interpretation in various languages available upon request; hours vary. Call to request/confirm that services are available
- Optometry services available; call for information
- Behavioral health services - depression, stress, parenting, anxiety, substance use, behavioral changes, PTSD, ADHD
- Insurance navigation assistance

### Park Center

An Affiliate of Parkview

Main Office  
909 E. State Blvd.  
Fort Wayne, IN 46805  
260-481-2700

Toll free: 866-481-2700

After-hours  
emergency services:  
260-471-9440

www.ParkCenter.org



#### MULTIPLE LANGUAGES

By appointment only

#### Mental Health Services for all ages:

- Crisis intervention and stabilization
- Outpatient and home-based services
- Residential programs
- Case management
- Evaluation and testing
- Addiction services
- Court-ordered services
- Dispensary of low-cost medications, as needed, for clients undergoing treatment
- Patient assistance in applying for reduced-fee prescriptions through on-site pharmacy
- **Three Wishes Program:** Early childhood therapeutic program
- Primary care services for adults and children age 11 and older

## Hours

**M** 8AM-7PM  
**T** 8AM-5PM  
**W** 8AM-7PM  
**TH,F** 8AM-5PM

**Bus Routes:**  
3/Village Woods  
6/McKinnie/Franke  
8/Calhoun  
9/Brooklyn/Taylor

**M,T** 8AM-5PM  
**W** 10AM-7PM  
**TH,F** 8AM-5PM

**Bus Route:**  
3/Village Woods

**M-F** 8AM-5PM  
\*Saturday and evening  
hours by appointment

**Bus Route:**  
3/Canterbury

## Payment

- Sliding fee scale based on income and insurance coverage

- Insurance welcome, but not required

#### Payment methods accepted:

- Medicaid
- Medicare
- Some private insurance
- Cash

- Sliding fee scale based on income
- Trained professionals to help clients enroll in health insurance at:

**Main Campus:**  
909 E. State Blvd.  
Fort Wayne, IN 46805

**Carew Location:**  
1909 Carew St.  
Fort Wayne, IN 46805

#### Payment methods accepted:

- Medicaid
- Medicare
- Private insurance
- Cash

## Eligibility

- No U.S. government-issued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card

- No U.S. government-issued ID needed
- Call for appointment
- Walk-ins accepted



## Organization/Agency

## Services

### Parkview Health

www.Parkview.com  
www.ParkviewMom.com

### Parkview Community Nursing

3618 New Vision Dr.  
Fort Wayne, IN 46845  
260-266-2472

- Safe sleep classes for education and a free Pack 'n Play for those who qualify
- Breastfeeding support sessions
- Parenting classes
- **Nicotine Free Baby and Me** support and **Freedom From Smoking** support
- Infant and adult first aid and CPR classes
- Stop Child Abuse and Neglect nurse referrals
- Fort Wayne Community Schools nurse referrals
- Families with nutrition questions
- Referrals for home visits and client education

### Parkview Women's & Children's Hospital Family Birthing Center

11115 Parkview Plaza Dr.  
Entrance 2B  
Fort Wayne, IN 46845  
260-672-6100

- Birth planning services
- Classes (Preparing for Childbirth, Basics & Beyond Parenting, Breastfeeding, Pet-Friendly, Grandparents, Sibling, Multiples, Dad's Boot Camp)
- Labor and delivery
- Neonatal Intensive Care Unit (NICU) at PRMC
- Breastfeeding support
- On-site interpreter services are available for birth planning and hospital stays

### Parkview Hospital Randallia Family Birthing Center

2200 Randallia Dr.  
Fort Wayne, IN 46805  
260-373-6830

### Parkview Physicians Group OB/GYN – physicians and certified nurse midwives

260-425-6650  
11123 Parkview Plaza Dr., Suite 101  
Fort Wayne, IN 46845

1818 Carew St., Suite 300  
Fort Wayne, IN 46805

8028 Carnegie Blvd., Suite 200  
Fort Wayne, IN 46804

- Insurance - presumptive eligibility
- Prenatal care
- Postpartum care
- Family planning
- Sexually Transmitted Infection (STI) screening and treatment
- Well woman exams
- Advanced Perinatal Care Center

## Hours

Call for times and locations

24/7

### Bus Route:

15/MedLink to Parkview Regional Medical Center (PRMC) and Parkview Randallia

### Bus Route:

2/Georgetown to Carew St. location

## Payment

- Birth planning, classes, car seat checks, and breastfeeding support are free of charge

### Payment methods accepted:

- Private insurance
- Medicaid
- Medicare
- Cash

Contact office to ensure insurance is in network

## Eligibility

- No U.S. government-issued ID needed

- No U.S. government-issued ID needed
- Vary by service provided
- Insurance welcome, but not required
- Uninsured receive 30% discount



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Parkview Health *(continued)*

#### Parkview Regional Medical Center (PRMC)

11109 Parkview Plaza Dr.  
Entrance 11  
Fort Wayne, IN 46845  
260-266-1470

#### Parkview Randallia

2200 Randallia Dr.  
Entrance 2, PACH Room  
Fort Wayne, IN 46805

- **Healing Hearts:** Support for parents and families who have experienced the loss of a baby or pregnancy
- **Pregnancy After Loss Support Group:** Support for parents who have lost a baby and are pregnant again
- **Mom Connections:** Support group for new moms to meet each other, discuss mom-related topics, and learn of services offered by Parkview and other agencies

**3rd T** 6:30PM-8PM  
PRMC Chaplaincy Suite  
**1st TH** 6:30PM-8PM  
Parkview Randallia

**1st T** 6:30PM-8PM  
PRMC Chaplaincy Suite

**1st TH** 6:30-7:30PM  
PRMC Conference Room B

- Free

- No U.S. government-issued ID needed

### Parkview Community Health Workers

1818 Carew St., Suite 040  
Fort Wayne, IN 46805  
260-373-9651



**SPANISH, BURMESE**  
By appointment only

- Car seat checks
- Breastfeeding support
- Home visits
- Social support
- Referrals and education

Call for more information

**Bus Route:**  
2/Georgetown

- Free

- Call to schedule appointment
- No U.S. government-issued ID needed

### Parkview Neighborhood Health Center

3350 E. Paulding Rd.  
Fort Wayne, IN 46806  
260-266-2474

#### Freedom from Smoking Program:

- Weekly classes to teach effective ways to stop the habit
- Set goals and learn relaxation techniques
- Learn about options to reduce cravings

Check Parkview Community Calendar for date, times and locations

- Free

- All are eligible
- No U.S. government-issued ID needed
- Call to register

### Positive Resource Connection

*Formerly AIDS Task Force*  
525 Oxford St.  
Fort Wayne, IN 46806  
260-744-1144  
800-417-3085

[www.PositiveResourceConnection.org](http://www.PositiveResourceConnection.org)



**SPANISH, BURMESE**  
By appointment only

- Free HIV and Hepatitis C testing
- Education, prevention, testing, and risk reduction counseling
- Financial assistance for HIV positive individuals, for those who qualify
- Case management for persons living with HIV/AIDS

#### Hours of operation:

**M,T,TH** 8AM-4:30PM  
**W** 9AM-7PM  
**F** 8AM-1PM

**Bus Route:**  
6/McKinnie

- Free

- No U.S. government-issued ID needed
- Programs are for HIV positive individuals
- Education, prevention, testing, and risk reduction counseling are for general population
- Call for more information



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Quit Now Indiana

800-QUIT-NOW

800-784-8669

www.QuitNowIndiana.com



**170 LANGUAGES**

Offered 24/7 for Quitline

- Phone-based counseling service that helps Indiana smokers quit
- One-on-one coaching for tobacco users who have decided to quit

**Daily 24/7**

- Free

- Age 13 and older
- No U.S. government-issued ID needed

### Safe Families for Children

260-417-8967

NortheastIndiana.Safe-Families.org



**SPANISH**

Daily by appointment only

- Crisis and respite care for children whose parents are temporarily unable to care for them due to an emergency
- No office available; mutually convenient meeting locations arranged

**M-F**

8:30AM-5PM

**Phone:**

**M-TH**

8:30AM-4PM

**F**

8:30AM-1PM

- Free

- Parent/guardian must be involved in a parent/guardian-based crisis, must have legal custody/guardianship of child
- Be ready to explain or provide family situation, children's medical background, Medicaid number, and medical power of attorney
- No U.S. government-issued ID needed

### SCAN

500 W. Main St.

Fort Wayne, IN 46802

260-421-5000

800-752-7116

www.ScanFW.org



**SPANISH**

By appointment only

- **Healthy Families:** Resource assistance and support for families with newborns (less than 90 days), up to 3 years of service
- **Daybreak Crisis Homes:** Emergency, short-term respite care for children 12 years of age and younger
- **Community Partners:** In-home services for families struggling with issues that may lead to abuse or neglect
- **Education Services:** Workshops on preventing child abuse and neglect, bullying, and gun safety for children ages 3-18 and adults
- **Be Someone Now:** Education, guidance, and support for young adults, age 16-24
- **Fatherhood Engagement:** Assistance for fathers referred by DCS to engage with child
- **Family Connections:** Workshops and classes for families working through divorce, paternity, or custody issues
- **Family Restoration:** Visitation and therapy services for families working through the DCS/court process
- **Family Preservation:** Home and office-based services to strengthen the family unit through the DCS system; can include High Conflict and Batterers Intervention

**M-F**

8AM-8PM

**S**

10AM-2PM

Hours vary by program

24-hour emergency coverage

Select programs available 7 days a week

Call for information

**Bus Route:**

9 Brooklyn/Taylor  
St. Francis Gateway

- All programs are free unless otherwise specified; call for information
- Sliding fee scale based on income
- Self-pay or cash accepted

- U.S. government-issued ID and/or proof of income may be required for some programs
- Call for program-specific eligibility details
- If uninsured, bring proof of household income
- If insured, bring insurance card
- Call to schedule appointment



## Organization/Agency

## Services

## Hours

## Payment

## Eligibility

### Super Shot

Clinic locations vary  
260-424-7468

[www.SuperShot.org](http://www.SuperShot.org)



**SPANISH, BURMESE**

Available at several clinics

- Community immunization clinics
- Convenient, family-friendly sites
- Immunizations and flu shots available for children ages birth through 18
- Immunizations available for adult populations ages 19 and older
- Appointments taken but not required

Daytime, evening, and weekend hours (check website for schedule)

Walk-in clinics: no appointment necessary, children and adults will be seen on first-come, first-served basis

- \$15 per shot
- Medicaid accepted for children only
- Most private insurances accepted
- No one will be turned away regardless of ability to pay

- No U.S. government-issued ID needed
- Ages 0-18 uninsured, underinsured, Medicaid
- Ages 19+ uninsured and underinsured populations
- Ages 0-17 must be accompanied by an adult
- Children's current shot record required

### Three Rivers Ambulance Authority (TRAA)

525 Hayden St.  
Fort Wayne, IN 46802  
260-420-6500

[www.TRAA-EMS.com](http://www.TRAA-EMS.com)

- **CPR Training:** 4-hour course, participants are certified and receive cards good for two years (online blended learning available)
- **Safe Sleep:** Indiana Crib Distribution Site
- **Safe Sleep Class:** Learn about safe sleep environment and other life-saving tips
- Car seat installation and verification

**Safe Sleep Class:**  
**3rd M** 2PM

**Bus Routes:**  
7/Anthony/Oxford  
7a/Anthony/Creighton

- **CPR Training:** \$25 per student
- **Safe Sleep Class:** Free

- Call office or check website for requirements
- Call for class schedule and to enroll: 260-423-1436
- U.S. government-issued ID required

### Tobacco Free Allen County

2200 Randallia Dr.  
Fort Wayne, IN 46805  
260-760-7555

- Tobacco cessation education and referral
- Education and advocacy to protect families and children from secondhand tobacco smoke and vaping aerosol
- Smoke-free housing advocacy/referral

**Office hours vary**  
**Phone access:**  
**M-F** 10AM-6PM

- Free for all services

- Anyone is eligible
- No U.S. government-issued ID needed
- Call to schedule appointment

### Turnstone Center for Children & Adults with Disabilities

3320 N. Clinton St.  
Fort Wayne, IN 46805  
260-483-2100

[www.Turnstone.org](http://www.Turnstone.org)



**SPANISH**

By appointment only

#### Free birth to 3-years-old evaluations for:

- Speech and language skills
- Feeding skills
- Sensory processing/integration
- Fine motor skills
- Gross motor skills
- Self-help skills

#### Pediatric Therapy:

- Physical
- Occupational
- Speech

#### Childcare

**M-TH** 6:30AM-8PM  
**F** 6:30AM-5:30PM  
**SAT** 9AM-2PM

**Pediatric Therapy services & screening:**  
**M-TH** 8AM-6PM

**Bus Route:**  
8/Glenbrook

- Sliding fee scale based on income
  - No fee for developmental screenings
- Payment methods accepted:**

- Medicaid
- Private insurance
- CSHCS
- Child Care & Development Fund (CCDF) Vouchers

- Call office or check website for requirements
- No U.S. government-issued ID needed
- Call to schedule appointment
- Uninsured and underinsured patients welcome from any county





## Organization/Agency

## Services

### WIC (Women, Infants and Children)

*Sponsored by Neighborhood Health*  
Call for all location appointments:  
260-458-2641

1717 S. Calhoun St.  
Fort Wayne, IN 46802

3350 E. Paulding Rd.  
Fort Wayne, IN 46816  
260-702-3058

[www.FNS.USDA.gov/wic](http://www.FNS.USDA.gov/wic)

- Supplemental nutrition program
- Breast feeding support
- Peer counselors
- Staff assistance with breast pumps
- Assistance with applying for market place insurance and Medicaid
- Online nutrition classes

### Women's Care Center

[www.WomensCareCenter.org](http://www.WomensCareCenter.org)

**Help Line:** 877-908-2341

**Spanish Line:** 260-420-8232

419 E. Wayne St.  
Fort Wayne, IN 46802  
2910 Lake Ave.  
Fort Wayne, IN 46805  
260-424-9377

4600 W. Jefferson Blvd.  
Fort Wayne, IN 46804  
260-203-5476

921 W. Coliseum Blvd.  
Fort Wayne, IN 46808  
260-483-8918



#### SPANISH

M-W (Wayne St) 9AM-5PM  
TH-F (Coliseum) 9AM-5PM

- Free pregnancy testing/counseling
- Classes on parenting, birth preparation, and healthy relationships
- Limited ultrasound
- Referrals to doctors and community resources
- **Crib Club:** Baby furniture, clothing, and supplies program; funded and operated by Christ Child Society (see pg. 38)
- **Adoption Support Center:** Provides on-site assistance by helping clients wanting to know more about adoption process

## Hours

## Payment

## Eligibility

**M** 8AM-7PM  
**T** 8AM-5PM  
**W** 8AM-7PM  
**TH,F** 8AM-5PM

#### Bus Routes:

3/Village Woods  
6/McKinnie/Franke Pk  
8/Calhoun  
9/Brooklyn/Taylor

**M,T** 8AM-5PM  
**W** 10AM-7PM  
**TH,F** 8AM-5PM

#### Bus Route:

3/Village Woods

- Free

- Pregnant women, women, infants, and children ages 1-5 years old

**M-F** 9AM-5PM  
**Bus Route:**  
2/Times Corner

*\*location and hours to change in 2023; call for current information*

**M,T,W** 9AM-5PM  
**TH** 9AM-7PM  
**F** 9AM-5PM

**M** 9AM-8PM  
**T** 9AM-7PM  
**W,TH,F** 9AM-5PM

#### Bus Route:

6/Centlivre-Franke Park

- Free

- No U.S. government-issued ID needed
- For pregnant women and new moms and dads
- Appointments preferred
- Walk-ins welcome



## Organization/Agency

## Services

### Women's Health Advantage

Call for all location appointments:  
260-432-4400  
www.HerAdvantage.com

Georgetown  
6418 E. State Blvd.  
Fort Wayne, IN 46815

Parkview North  
11141 Parkview Dr., Suite 325  
Fort Wayne, IN 46845

### Perinatal Center

2518 E. Dupont Rd.  
Fort Wayne, IN 46825  
260-969-6881  
For after hours call:  
260-432-4400

Southwest  
7988 W. Jefferson Blvd.  
Fort Wayne, IN 46804

- Obstetrics
- Gynecology
- Family Medical Leave Act (FMLA)/disability paperwork
- 3D mammography
- Birth control services
- Ultrasounds
- Fetal Non-Stress testing (NST)
- Full range of prenatal tests available
- High risk counseling
- Pelvic floor disorders - Urogynecology
- Laboratory
- DEXA bone density scanning
- Clinical trials
- Weight loss program

### YoungLives

A Christian outreach ministry for teen moms and their babies  
260-310-7421

YoungLivesFWN.YoungLife.org

- Provides a safe community with other teenage mothers and adult mentors
- All participants have an individual mentor
- Monthly Bible study and monthly activity nights (childcare and dinner provided)
- Additional activities to build community throughout the year, including a week-long summer camp opportunity in Michigan

## Hours

M-F 8:30AM-5PM

Bus Route:  
2/Time Corners,  
Georgetown

Bus Route:  
15/MedLink

Bus Route:  
15/MedLink

Bus Route:  
22/West Jefferson/  
Lutheran

TH 6PM-8PM  
During school year only

## Payment

- Vary by service provided
- Insurance welcome but not required
- Medicaid emergency insurance users must prepay \$100
- Uninsured receive 10% discount but must pay in full for services at the time of the visit

### Payment methods accepted:

- Medicaid
- Medicare
- Private insurance
- Cash

- Free for all programs except summer camp
- Scholarships and fundraising opportunities for camp

## Eligibility

- No U.S. government-issued ID needed
- Photo ID required
- Call for appointment

- No U.S. government-issued ID needed
- All teenage mothers between the ages of 13-21 are eligible

September 2022						
S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

January 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

May 2023						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

September 2023						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2022						
S	M	T	W	T	F	S
2	3	4	5	6	7	1/8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

February 2023						
S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

June 2023						
S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

November 2022						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

March 2023						
S	M	T	W	T	F	S
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

July 2023						
S	M	T	W	T	F	S
2	3	4	5	6	7	1/8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

November 2023						
S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

December 2022						
S	M	T	W	T	F	S
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

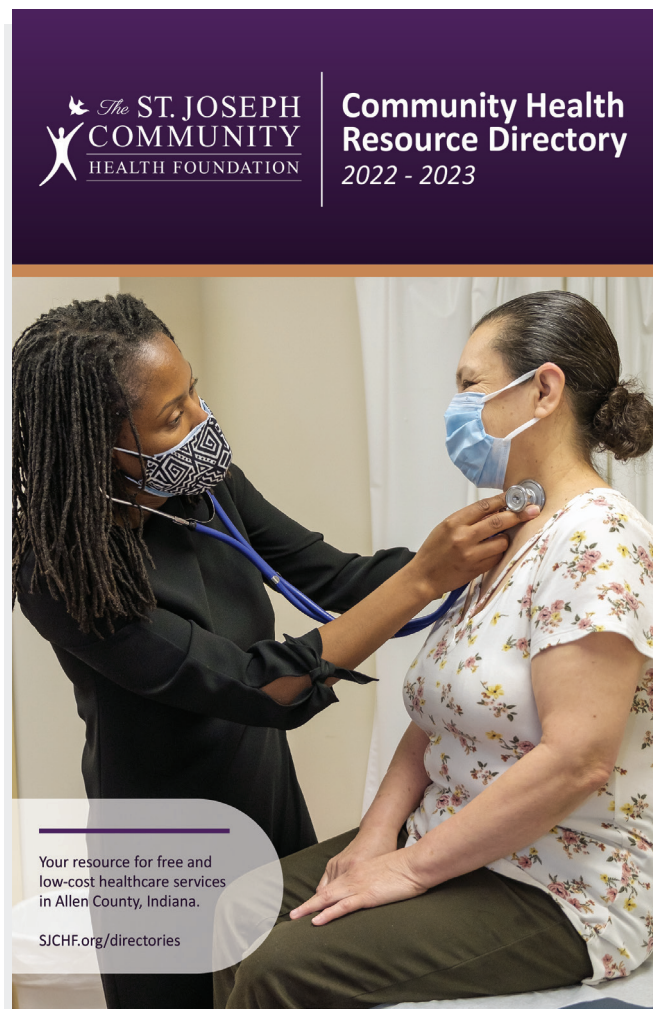
April 2023						
S	M	T	W	T	F	S
2	3	4	5	6	7	1/8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

August 2023						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

December 2023						
S	M	T	W	T	F	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

# 2022-2023 Community Health Resource Directory

Resource for free & low-cost healthcare services  
in the Fort Wayne Community



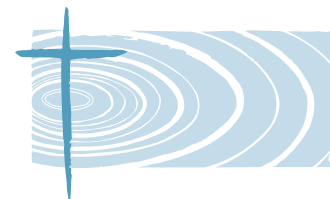
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## COLOPHON

### PUBLISHER

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Mark Burkholder, Alex Brown - Common  
People United, Ellie Bogue,  
Stacey Harting Photography  
[www.StaceyHartingPhotography.com](http://www.StaceyHartingPhotography.com)

### ART DIRECTION

Mark Burkholder

### CONTENT

Mark Burkholder

### CONTENT CONTRIBUTORS

Marla Rust, Meg Distler, Angela Stanley

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### Disclaimer:

The contents of this directory of quality, low-cost services are not an endorsement of providers. Users are encouraged to take responsibility for their own decisions on their choice of providers and the services they utilize.



**SJCHF.org/directories | 260-969-2001**

**347 W. Berry St., Suite 101  
Fort Wayne, IN 46802**

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