

# Prenatal and Infant Care Resource Directory *2019-2020*

---

Free & low-cost services  
for healthy pregnancy  
and first year of life in  
Allen County, Indiana

**HealthCareDirectory.org**

## Think You're Pregnant? Free Pregnancy Testing

*Your pregnancy **MUST** be confirmed by a medical provider before you can apply for insurance or financial assistance!  
Contact one of these agencies for free pregnancy testing,  
OR visit your family Physician or OB/GYN. Costs will vary.*

### **A Hope Center** [www.ahopecenter.org](http://www.ahopecenter.org)

3630 Hobson Rd. • Fort Wayne, IN 46815  
**260-422-3544**

3701 S. Calhoun St., Suite C • Fort Wayne, IN 46807  
**260-969-HELP**

13410 Main St. • Grabill, IN 46741  
**260-627-2242**

### **Neighborhood Health Clinics** [www.nhci.org](http://www.nhci.org)

1717 S. Calhoun St. • Fort Wayne, IN 46802

3350 E. Paulding Rd. • Fort Wayne, IN 46816

**260-458-2641**

### **Women's Care Center** [www.womenscarecenter.org](http://www.womenscarecenter.org)

419 E Wayne St. • Fort Wayne, IN 46802  
**260-483-8918 • Spanish: 260-420-8232**

4600 W. Jefferson Blvd. • Fort Wayne, IN 46804  
**260-203-5476**

921 W. Coliseum Blvd. • Fort Wayne, IN 46808  
**260-483-8918**



A two-month old baby girl benefits from a checkup at the Family Medicine Center.



The St. Joseph Community Health Foundation believes that every person is precious, that people are more important than things, and that the measure of every institution is whether it threatens or enhances the life and dignity of the human person.

We are pleased to provide this quick and easy reference for these free and low-cost resources in the Allen County, Indiana area that enhance the life of each person and family.

Meg Distler, Executive Director  
St. Joseph Community Health Foundation  
A Ministry of the Poor Handmaids of Jesus Christ

[SJCHF.org](http://SJCHF.org) | [PHJC.org](http://PHJC.org) | [HealthCareDirectory.org](http://HealthCareDirectory.org)

## What's Inside

<b>2</b>	<b>Think You're Pregnant?</b> Free Pregnancy Testing
<b>8</b>	<b>Want Help?</b> Pregnancy Resource Centers
<b>10</b>	<b>Need a Doctor?</b> Prenatal & First Year Medical Providers and Insurance Enrollment
<b>12</b>	<b>Need to Talk?</b> Addiction, Depression, and Stress Management
<b>14</b>	<b>Need Things?</b> Free Baby Supplies
<b>16</b>	<b>Want More Information?</b> Best Apps & Websites
<b>18</b>	<b>Know Where To Go?</b> Best Local Services, Free & Low-Cost
18	Teen Parenting, and Food & Nutrition
19	Breastfeeding
19	HIV, STD, & STI Testing
20	Stop Smoking Programs
20	Prenatal Vitamins
21	Special Pregnancy Needs
21	Natural Family Planning & Birth Spacing
21	Crisis Nurseries
22	Early Care for Children with Disabilities & Delays
22	Post Abortion/ Miscarriage Support
23	Difficult Prenatal Diagnosis
23	Neonatal Abstinence Syndrome, & Adoption
24	Parenting Classes
26	Childcare
26	Immunization
<b>27</b>	<b>Experiencing Loss?</b> Grief Services

## Alphabetical Listing of Resources & Service Providers

A Baby's Closet.....	28
A Hope Center.....	28
A Mother's Hope.....	46
Adoption Services.....	23
Addiction, Depression, and Stress Services.....	12
Allen County Department of Health.....	30
American Heart Association .....	30
American Red Cross .....	30
Apps & Websites.....	16
Associated Churches.....	28
BabiesLove.org .....	30
Baby & Me, Tobacco Free .....	42
The Birthplace.....	44
Bowen Center.....	32
Brightpoint .....	32
Catholic Charities .....	34
Childcare .....	26
Christ Child Society .....	34
Count the Kicks.....	16
Covering Kids & Families .....	32
Crib Club.....	34
Department of Child Services.....	34
Difficult Prenatal Diagnosis.....	23
Diocese of Fort Wayne-South Bend.....	36
Disabilities & Delays .....	22
Down Syndrome Association of Northeast Indiana.....	36
Dupont Hospital Pediatric Unit.....	44
Early Childhood Alliance.....	38
Earn While you Learn .....	28
Education Creates Hope and Opportunity (ECHO).....	34, 38, 46
Family Medicine Center .....	40
First Steps.....	40
Food, Nutrition, & Breastfeeding .....	18, 19

## LISTING OF RESOURCES & SERVICE PROVIDERS

Freedom from Smoking .....	52
Gear Up Safety Program.....	46
Gigi's Playhouse .....	40
HIV, STD, STI Testing.....	19
Head Start, Early Head Start.....	32
Headwaters Counseling .....	42
Healing Hearts .....	50
Healthier Moms & Babies .....	42
Housing - A Mother's Hope.....	46
I'm Expecting.....	16
Indiana University Lafayette Street Family Clinic .....	42
Infant Risk Center - Safe Medication Information .....	13
La Leche League of Fort Wayne.....	42
Look Up Indiana .....	44
Lutheran Children's Hospital.....	44
Lutheran Health Network .....	44
Lutheran Health Physicians - OBGYN and Pediatrics .....	44
Lutheran Social Services.....	46
McMillen Health (Babieslove.org).....	30
Miriam's Blessing .....	36, 46
MOMS Helpline.....	46
Monarch Program .....	44
My Pregnancy Today .....	17
Natural Family Planning & Birth Spacing.....	21
Neighborhood Health Clinics .....	48
Neonatal Abstinence Syndrome.....	23
Ovia.....	17
Parenting Classes .....	24
Park Center.....	48
Parkview Health.....	50
Parkview Children's Hospital .....	50
Parkview Community Health Workers .....	52
Parkview Physicians Group - OB/GYN .....	50
Pediatric Medical Care.....	11
Positive Resource Connection .....	52
Post Abortion/ Miscarriage Support.....	22

## LISTING OF RESOURCES & SERVICE PROVIDERS



Pregnancy Apps .....	16
Pregnancy Testing (Free) .....	2
Prenatal (OB/GYN) Medical Care .....	11
Prenatal Vitamins (Free) .....	20
Project Rachel .....	36, 52
Quit Now Indiana.....	52
Safe Families for Children.....	54
Safe Medication Information .....	13
SCAN Inc.....	54
Super Shot.....	56
Stop Smoking Programs .....	20
Teen Parenting .....	18
Text 4 Baby .....	17
Three Rivers Ambulance Authority .....	56
Three Wishes Program .....	48
Tobacco Free Allen County .....	56
Turnstone .....	56
United Way 2-1-1 .....	58
WIC Food and Nutrition Services.....	58
Women's Care Center .....	58
Women's Health Advantage.....	60
Women's Health Link .....	60
YoungLives .....	60



## Want Help? Pregnancy Resource Centers



The Women's Care Center provides free ultrasounds and much more.

Several local agencies provide free and confidential counseling, support, education, medical assistance, and referrals to women and men facing pregnancies, planned and unplanned. These are great resources for new families seeking high quality, affordable or free care and assistance when preparing for the pregnancy and birth of a child.

The following agencies provide case management for clients. A case manager can help you develop an individualized plan to ensure a healthy pregnancy and birth. They will identify your unique needs and connect you to community resources and services.

## PREGNANCY RESOURCE CENTERS



### A Hope Center

[www.AHopeCenter.org](http://www.AHopeCenter.org)

**See page 28**

260-422-3544

### Catholic Charities (ECHO)

[www.ccfwsb.org](http://www.ccfwsb.org)

**See pages 34**

260-422-5625

### Healthier Moms & Babies

[www.HealthierMomsAndBabies.org](http://www.HealthierMomsAndBabies.org)

**See page 42**

260-425-3348

### Lutheran Social Services of Indiana (ECHO)

[www.lssin.org](http://www.lssin.org)

**See page 46**

260-426-3347

### Women's Care Center

[www.WomensCareCenter.org](http://www.WomensCareCenter.org)

**See page 58**

260-203-5476

### Women's Health Link

[www.WomensHealthLink.org](http://www.WomensHealthLink.org)

**See page 60**

260-203-2365

## Need a Doctor? Medical Providers



A wellness check on a two-month-old child at the Family Medicine Center.

Being healthy before, during, and after your pregnancy is vital to the birth of a healthy newborn and your health after delivery. Selecting a healthcare provider and attending all your appointments is crucial to you and your baby's well-being.

**Babies of mothers who do not get prenatal care are**

**3** times more likely to have a low birth weight

**5** times more likely to die

**than those born to mothers who do get care**

Doctors can spot complications and treat them early when they see mothers and babies regularly from the beginning of pregnancy. Consistent care is essential to treatment and prevention of health problems throughout pregnancy and first year of life.

*U.S. Department of Health and Human Services.*

### Government Insurance

#### Brightpoint - Covering Kids & Families - Enrollment Center

[www.CoverYourKids.org](http://www.CoverYourKids.org)  
**See page 32**  
260-425-6640

#### Neighborhood Health Clinics - Enrollment Center

[www.nhci.org/enrollment-center/](http://www.nhci.org/enrollment-center/)  
**See page 48**  
260-458-2641

## PRENATAL AND FIRST YEAR MEDICAL PROVIDERS



#### Dupont Hospital Pediatric Unit

[www.TheDupontHospital.com](http://www.TheDupontHospital.com)  
**See page 44**  
260-416-3040

#### Family Medicine Center

[www.fwfmc.com](http://www.fwfmc.com)  
**See page 40**  
260-423-2675

#### Lutheran Children's Hospital

[www.LutheranHospital.com](http://www.LutheranHospital.com)  
**See page 44**  
260-435-2699

#### Neighborhood Health Clinics

[www.nhci.org](http://www.nhci.org)  
**See page 48**  
260-485-2641

#### Parkview Children's Hospital

[www.Parkview.com](http://www.Parkview.com)  
**See page 50**  
260-672-6100

#### Parkview Physicians Group OB-GYN

[www.Parkview.com](http://www.Parkview.com)  
**See page 50**  
260-425-6650

#### Women's Health Advantage OB-GYN

[www.HerAdvantage.com](http://www.HerAdvantage.com)  
**See page 60**  
260-432-4400

## Need to Talk? Addiction, Depression, and Stress



Good mental health is important during pregnancy and for good parenting.

Having a baby and taking care of a newborn is a huge change in anyone's life. Sometimes dealing with these new responsibilities can be stressful. Maintaining good mental health is a major part of having a successful pregnancy and adjusting to parenthood. The resources provided in this section will connect expecting mothers and new parents to providers focused on mental health and addiction that can help them have a successful outcome.



### **Bowen Center**

[www.BowenCenter.org](http://www.BowenCenter.org)

**See page 32**

800-342-5653

### **Headwaters Counseling**

[www.HeadwatersCounseling.org](http://www.HeadwatersCounseling.org)

**See page 42**

260-744-4326

### **Look Up Indiana**

[www.LookUpIndiana.org](http://www.LookUpIndiana.org)

**See page 44**

800-284-8439

### **Lutheran Health Network**

[www.Lutheranhealth.net](http://www.Lutheranhealth.net)

**See page 44**

260-435-7069

### **Monarch Program**

**See page 44**

260-425-3106

### **Park Center**

[www.ParkCenter.org](http://www.ParkCenter.org)

**See page 48**

260-481-2700

### **Safe Medication Information**

[www.InfantRisk.com](http://www.InfantRisk.com)

**Safe medication for pregnant and nursing women**

806-352-2519

## Need Things? Free Baby Supplies



Moms shopping at Crib Club in the Women's Care Center on East Wayne Street.

The cost of having a baby can be overwhelming for new parents. The good news is there are resources in the community who have free supplies for your infant. Agencies throughout the area offer everything from formula, diapers, and clothing to free parenting and CPR training classes. Several of the agencies listed here have “earn while you learn” systems that give participants free coupons for supplies after attending parenting classes or receiving pregnancy wellness checkups.



### A Baby's Closet

[www.AssociatedChurches.org/ABabysCloset](http://www.AssociatedChurches.org/ABabysCloset)

**See page 28**

260-422-3528

### Crib Club

[www.ChristChildSocietyFW.org](http://www.ChristChildSocietyFW.org)

**See page 34**

260-432-6565

### Earn While You Learn

[www.AHopeCenter.org](http://www.AHopeCenter.org)

**See page 28**

260-422-3528

### Gear Up Safety Program

Lutheran Social Services

[www.lssin.org/our-programs/gear-up-program/](http://www.lssin.org/our-programs/gear-up-program/)

**See page 46**

260-426-3347

### Three Rivers Ambulance Authority

[www.traa-ems.com](http://www.traa-ems.com)

Cribs and Safe Sleep

**See page 56**

260-420-6500

### WIC - Food and Nutrition Services

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

**See page 58**

260-458-2641





## Want More Info? Best Apps & Websites



Get easy answers on your smartphone.

These electronic resources cover many topics for expectant mothers and new parents. They include everything from mental health assistance to learning what to expect at each stage of pregnancy as well as classes in your community. Accessing online resources can provide an easier and faster route to useful information for pregnancy and first year of life.

### Apps

#### **Baby Bump Pregnancy Pro**

Has everything from a contraction timer to a handy birth planner.

#### **Count the Kicks**

Educating expectant parents about the importance of tracking baby movements during the third trimester of pregnancy

#### **I'm Expecting**

Has at least two new videos each week to show your baby's development.

#### **My Pregnancy & Baby Today**

Includes baby development tracking, a contraction tracker, and a place to track baby's first year to community forums.

#### **Ovia**

Includes personalized feedback based on your pregnancy stage, vital and daily statistics on your baby's development, and even a due date calculator.

#### **Text 4 Baby**

[www.Text4Baby.org](http://www.Text4Baby.org)

Text BABY or BEBE for Spanish. Weekly texts with helpful information on prenatal care, parenting and more.

### Websites

#### **Babies Love**

[www.BabiesLove.org](http://www.BabiesLove.org)

Fort Wayne resources for pregnant women and new moms.

#### **First Candle**

[www.FirstCandle.org](http://www.FirstCandle.org)

Information on safe sleep practices for infants and much more.

#### **Infant Risk Center**

[www.InfantRisk.com](http://www.InfantRisk.com)

806-352-2519

Information on medication that can be safely used when pregnant and nursing.

#### **Look Up Indiana**

[www.LookUpIndiana.org](http://www.LookUpIndiana.org)

A guide to resources and education on mental health for the whole family.

#### **MOMS Helpline**

844-624-6667

Indiana State Department of Health Service Specialists give referrals and information about prenatal and infant resources.

## Best Local Services - Free & Low-Cost



Healthier Moms and Babies works with a new mom.

### Teen Parenting

#### **ECHO (Education Opportunity)**

**See pages 34; 38; 46**

260-422-4525 or 260-426-3347

#### **SCAN - Be Someone Now (Get Your GED)**

**See page 54**

260-421-5000

### Food & Nutrition

#### **United Way 2-1-1 (Nearby Food Banks)**

**See page 58**

260-744-0711 or 877-502-0700

#### **WIC - Free Foods and Nutrition Services**

[fns.usda.gov/wic](https://fns.usda.gov/wic)

**See page 58**

260-458-2641

## BEST LOCAL SERVICES - FREE & LOW-COST



### Breastfeeding

#### **La Leche League**

**See page 42**

260-744-0711 or 877-502-0700

#### **Lutheran Health**

**See page 44**

Dupont Hospital Lactation Office: 260-416-3240

Lutheran Hospital Lactation Office: 260-435-7330

#### **Parkview Health**

**See page 50**

Community Support: 260-266-2464

PRMC Lactation Office: 260-672-6569

Randallia Lactation Office: 260-373-6856

#### **WIC - Free Foods and Nutrition Services**

[fns.usda.gov/wic](https://fns.usda.gov/wic)

**See page 58**

260-458-2641

### HIV, STD & STI Testing

#### **A Hope Center - Free**

**See page 28**

260-422-3544

#### **Fort Wayne - Allen County Department of Health**

**See page 30**

260-449-7504

#### **Positive Resource Connection**

**See page 52**

260-744-1144

**Stop Smoking Programs**

**Baby & Me Tobacco Free - Healthier Moms & Babies**

**See page 42**  
260-425-3348

**Freedom from Smoking - Parkview Health**

**See page 52**  
260-266-2474

**Nicotine Free for Baby & Me - Parkview Health**

**See page 52**  
260-266-2474

**Quit Now Indiana**

**See page 52**  
1-800-QUIT-NOW

**Tobacco Free Allen County**

**See page 56**  
260-760-7555

**Prenatal Vitamins**

**A Hope Center**

**See page 28**  
260-422-3544

**Neighborhood Health Clinics**

**See page 48**  
260-458-2641

**Women's Care Center**

**See page 58**  
260-424-9377



**Special Pregnancy Needs**

*Natural Family Planning & Birth Spacing*

**A Hope Center**

**See page 28**  
260-422-3544

**Diocese of Fort Wayne-South Bend**

**See page 36**  
574-234-0687

**Indiana University Lafayette Street Family Health Clinic**

**See page 42**  
260-481-0400

**Neighborhood Health Clinics**

**See page 48**  
260-458-2641

**Women's Care Center**

**See page 58**  
260-424-9377

*Crisis Nurseries*

**Department of Child Services**

**See page 34**  
260-458-6100

**Safe Families for Children**

**See page 54**  
260-627-9002

**SCAN - Daybreak Crisis Homes**

**See page 54**  
260-421-5000

## BEST LOCAL SERVICES - FREE & LOW-COST

### *Early Care for Children with Disabilities & Delays*

#### **First Steps**

**See page 40**  
877-494-5115

#### **Gigi's Playhouse**

**See page 40**  
260-482-7529

#### **Three Wishes Program**

**See page 48**  
866-481-2700

#### **Turnstone**

**See page 56**  
260-483-2100

### *Post Abortion/ Miscarriage Support*

#### **A Hope Center**

**See page 28**  
260-422-3544

#### **Catholic Charities**

**See page 34**  
260-422-5625

#### **Project Rachel**

**See pages 36, 52**  
855-722-4354

#### **Women's Health Link (group setting)**

**See page 60**  
260-203-2365

## BEST LOCAL SERVICES - FREE & LOW-COST



### *Difficult Prenatal Diagnosis*

#### **Down Syndrome Association of Northeast Indiana**

**See page 36**  
260-471-9964

#### **Miriam's Blessings**

**See page 46**  
574-234-0687

#### **Neonatal Abstinence Syndrome\***

*Withdrawal from drugs that the infant was exposed to before birth*

#### **Dr. Wolfe, MD, Pediatric Specialties with Lutheran Health**

7950 W Jefferson Blvd, Fort Wayne, IN 46804  
260-435-7123

#### **Dr. Bergeron, MD, Parkview Children's Specialty Clinic**

11141 Parkview Plaza Dr #210, Fort Wayne, IN 46845  
260-266-5400

#### **Adoption**

#### **Catholic Charities**

**See page 34**  
260-422-5625

#### **Women's Care Center with the Adoption Support Center, Inc.**

**See page 58**  
260-424-9377



**Parenting Classes**

*Newborn Care Classes*

**A Hope Center**

**See page 28**

260-422-3544

**Dupont Hospital**

**See page 44**

260-416-3042

**Early Childhood Alliance**

**See pages 38**

260-745-2501

**Healthier Moms & Babies**

**See page 42**

260-425-3348

**Lutheran Children's Hospital**

**See page 44**

260-435-2699

**Parkview Classes**

**See page 50**

260-672-6185

**SCAN - Healthy Families**

**See page 54**

260-421-5000 and 800-752-7116

**Women's Care Center**

**See page 58**

260-424-9377



*CPR*

**American Heart Association**

**See page 30**

877-242-4277

**American Red Cross**

**See page 30**

260-484-9336

**Parkview Health**

**See page 50**

260-373-8270

**Three Rivers Ambulance Authority**

**See page 56**

260-420-6500

*Safe Sleep*

**Dupont Hospital**

**See page 44**

260-416-3042

**First Candle - Online Class**

**See page 17**

[www.FirstCandle.org](http://www.FirstCandle.org)

**Parkview Health**

**See page 50**

877-774-8632

**Three Rivers Ambulance Authority**

**See page 56**

260-420-6500

**Childcare**

**Brightpoint/Early Head Start**

See page 32

800-589-2264

**Early Childhood Alliance**

See page 38

260-745-2501

**Immunization**

**Allen County Department of Health**

See page 30

260-449-7504

**Neighborhood Health Clinics**

See page 48

260-485-2641

**Super Shot**

See page 56

260-424-7468

**Your Primary Care Giver**

**Grief Services**



Bereavement counseling can help parents heal from the death of a child.

While we would like to have a successful outcome to our pregnancies, sometimes things are out of our control. To assist parents through these difficult times, we have also provided the following resources that can help parents recover from the loss of an infant and even offer support and counseling for those who wish to have another child.

**Ava's Grace**

See page 36

260-422-4611

**Forget-Me-Not Bereavement Program**

[www.LutheranChildrensHospital.com/Forget-Me-Not-Program](http://www.LutheranChildrensHospital.com/Forget-Me-Not-Program)

See page 44

260-435-2699

**Healing Hearts**

See page 50

260-266-1470

**Pregnancy After Loss Support (PALS)/ Connections**

See page 44

260-416-5854

**Project Rachel**

[www.DioceseFWSB.org/ProjectRachel](http://www.DioceseFWSB.org/ProjectRachel)

See pages 36, 52

855-722-4354



Organization/Agency

Services

Hours

Payment

Eligibility

**A Baby's Closet**

A program of Associated Churches  
4800 S. Calhoun St.  
Fort Wayne, IN 46807  
260-422-3528

www.AssociatedChurches.org/  
ABabysCloset

- Provides essential baby items to safely care for children
- Opportunities to earn coupons to be redeemed for clothing, a crib, car seat, and baby supplies

**M** 2PM-5PM  
**W** 2PM-5PM  
Bus Route:  
5/Southgate Plaza  
8/Calhoun

- Free

- Must be pregnant or have an infant or toddler and live in Allen County
- Must be receiving services from a participating service provider

**A Hope Center**

www.AHopeCenter.org  
3630 Hobson Rd.  
Fort Wayne, IN 46815  
260-422-3544  
(Answered 24 hours a day)

-----  
3701 S. Calhoun St.  
Fort Wayne, IN 46807  
260-969-HELP (4357)  
(Answered 24 hours a day)

-----  
13410 Main St.  
Grabill, IN 46740  
260-627-2242  
(Answered 24 hours a day)

**At all locations:**

- Free pregnancy testing
- Free STD testing with a pregnancy test
- Free first-trimester ultrasound (limited)
- Education on sexually transmitted diseases (STDs)
- Medically accurate education about pregnancy options
- Referrals to Medicaid, doctors, professional counseling, and other community resources
- **Earn While You Learn:** Baby and maternity supplies rewarded for learning about your pregnancy and baby.
- Pregnancy and healthy relationships peer counseling
- Education on parenting, healthy pregnancy, and life skills (one-on-one and group settings)
- Fatherhood program
- Peer counseling and support for healing after abortion

**M** 9AM-5PM  
**T** 9AM-8PM  
**W TH** 9AM-5PM  
Bus Route:  
4/Parkview



- Free

- Valid photo ID is needed (does not have to be U.S. government-issued)
- It is best to call for appointment, but walk-ins are welcome

-----  
**M** 10AM-8PM  
**T W** 10AM-5PM  
**F** 10AM-3PM  
Bus Route:  
8/Calhoun

-----  
**M** 4PM-7PM



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Allen County Department of Health</b> 4813 New Haven Ave. Fort Wayne, IN 46803 260-449-7504  <a href="http://www.AllenCountyHealth.com">www.AllenCountyHealth.com</a>   <b>SPANISH, BURMESE</b> Daily by appointment only <b>OTHER LANGUAGES</b> By appointment only	<ul style="list-style-type: none"> <li>• Childhood and Adult immunizations</li> <li>• Sexually Transmitted Diseases (STD) Testing</li> <li>• Confidential AIDS/HIV testing</li> <li>• Patient education/information</li> <li>• Case management &amp; referrals</li> <li>• Dispense medication on-site as needed for clients undergoing treatment</li> </ul>	<b>M-F</b> 8AM-12PM 1PM-4:30PM  Bus Route: 10/New Haven	<ul style="list-style-type: none"> <li>• Minimal fees charged</li> <li>• Donations accepted</li> </ul> <b>Payment methods accepted:</b> <ul style="list-style-type: none"> <li>• Medicaid</li> <li>• Medicare</li> <li>• Most private insurance</li> <li>• Cash</li> </ul>	<ul style="list-style-type: none"> <li>• Valid government-issued ID needed</li> <li>• No one refused services</li> <li>• Anyone over age 13</li> <li>• Call to schedule appointment</li> <li>• Limited walk-ins</li> <li>• If insured, bring insurance card</li> <li>• Uninsured and underinsured welcome from any county</li> </ul>
<b>American Heart Association</b> 6500 Technology Dr. Suite 100 Indianapolis, IN 46278 ECC/CPR Trainings 317-732-4700  <a href="http://www.Heart.org">www.Heart.org</a>	<ul style="list-style-type: none"> <li>• Provides referrals to certified emergency cardiovascular care (ECC) courses, including basic first aid and CPR classes for new parents</li> </ul>	<b>24/7</b> Online <b>M-F</b> 8:30AM-5PM	<ul style="list-style-type: none"> <li>• Free for information and referral</li> <li>• Course costs vary</li> </ul>	<ul style="list-style-type: none"> <li>• Open</li> </ul>
<b>American Red Cross</b> 1212 E. California Rd. Fort Wayne, IN 46825 260-484-9336  <a href="http://www.RedCross.org">www.RedCross.org</a>   <b>SPANISH</b> Interpreter available daily	<ul style="list-style-type: none"> <li>• Offers a variety of safety training courses for new parents</li> <li>• Courses available in traditional classroom setting, online, or through partnering workplace</li> </ul>	<b>M-F</b> 8AM-5PM Bus Route: 1/Waynedale via Broadway, Northcrest  Class days and times vary	<ul style="list-style-type: none"> <li>• Free for information and referral</li> <li>• Course costs vary, cash accepted</li> </ul>	<ul style="list-style-type: none"> <li>• Varies by class</li> <li>• Call to schedule appointment</li> </ul>
<b>BabiesLove.org</b> <i>A program of McMillen Health</i>  <a href="http://www.BabiesLove.org">www.BabiesLove.org</a>	An online guide to local resources for pregnancy including: <ul style="list-style-type: none"> <li>• Where to get a free pregnancy test</li> <li>• Someone to talk to-live or text chat</li> <li>• How to find a doctor /insurance</li> <li>• The best pregnancy Apps</li> </ul>	<b>24/7</b> Online	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• None</li> </ul>





Organization/Agency

Services

Hours

Payment

Eligibility

**Bowen Center**  
2100 Goshen Rd.  
Fort Wayne, IN 46808  
Appointments: 1-800-342-5652  
24-hr crisis line: 1-800-342-5653

www.BowenCenter.org



- Substance abuse and mental health counseling
- Outpatient services
- Home-based/school-based rehabilitation
- Individual and group therapy
- Medication assisted treatment- use of medication, counseling, and behavioral therapies to treat substance use disorders
- Psychiatric medication management

**M-TH** 8AM-7PM  
**F** 8AM-5PM

Bus Route:  
9/Gateway

- Sliding fee scale based on income
- Health Insurance Navigators assist with enrollment

**Payment methods accepted:**

- Medicaid
- Private Insurance

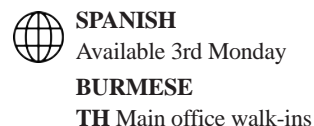
- No U.S. government-issued ID needed
- Call for appointment

**Brightpoint**  
227 E. Washington Blvd.  
Fort Wayne, IN 46802  
260-423-3546  
800-589-3506

www.MyBrightpoint.org

**24-Hour Appointment Line:**  
800-589-2264  
\*Child Care and Covering Kids and Families appointments only

**Covering Kids and Families Presumptive Eligibility for Pregnant Women (CKF-PEPW)**  
1818 Carew St., Suite 310  
Fort Wayne, IN 46805  
260-425-6640



**Covering Kids and Families (CKF):**  
• Enrolling in health insurance through Presumptive Eligibility for Pregnant Women, Medicaid, Hoosier Healthwise, HIP and Marketplace.

**Early Head Start:**

- Home-based program for pregnant women and young children up to age 3 with emphasis on healthy pregnancy, child development, education, family self-sufficiency, parenting skills, and a smooth transition into preschool.

**Head Start:**

- Comprehensive pre-school program that provides education, health, nutrition, and other social services for low-income children, ages 3-5, and their families.

**Childcare Assistance:**

- Helps families afford quality childcare for children younger than 13 whose parents are working, going to school, or receiving job training.

**Family Development:**

- Provides holistic, in-home services that help identify a family's strengths, desires, and goals in which participants develop action plans that focus on achieving self-sufficiency.

**Main Office:**  
**M-TH** 7AM-7PM  
**F** 8AM-5PM

**CKF:**  
**M-W** 8AM-5PM  
**TH\*** 9 AM-4PM  
**F** 8AM-11:30AM  
\*TH Walk-ins welcome  
Bus route:  
4/Parkview


**Head Start:**  
**M-F** 8AM-5PM

**Carew Location:**  
**M-TH** 8AM-5PM  
Bus route:  
10/New Haven


- Health insurance enrollment assistance is free
- Most programs are free or low-cost. Each program has specific eligibility requirements.

- Call for appointment
- CKF eligibility varies by age, family size, and income.
- For a list of documents go to [www.mybrightpoint.org/ckf](http://www.mybrightpoint.org/ckf)
- Early Head Start: for pregnant women and children (under 3), in Allen, Noble, and Whitley counties. Family income at or below 100% of federal poverty guidelines.
- Childcare Assistance: a completed application is required to be put on a waiting list. Parents must be working and/or in school, and must select an approved child care provider.
- Family Development: for families at or below 200% of the poverty guidelines. Must contact Family Development Department or 211 to complete referral.



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Catholic Charities</b> 915 S. Clinton St. Fort Wayne, IN 46802 260-422-5625  <a href="http://www.ccfwsb.org">www.ccfwsb.org</a>   <b>SPANISH, BURMESE</b> Available for all programs	<b>Education Creates Hope and Opportunity (ECHO):</b> <ul style="list-style-type: none"> <li>• Case management services for pregnant and/or parenting teens and young adults to assist in obtaining high school education or pursuing further education</li> </ul> <b>Pregnancy and Parenting Services:</b> <ul style="list-style-type: none"> <li>• Free, confidential counseling and support for women experiencing an unexpected pregnancy</li> <li>• Adoption planning services for birth parents</li> </ul>	<b>M-TH</b> 8AM-5PM <b>F</b> 8AM-12PM  Bus Route: 2/Time Corners	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Call to schedule appointment</li> </ul>
<b>Christ Child Society of Fort Wayne</b> 260-637-4181  <a href="http://www.ChristchildSocietyFW.org">www.ChristchildSocietyFW.org</a>	<ul style="list-style-type: none"> <li>• <b>Layettes to Newborns</b></li> <li>• <b>Coats for Kids</b></li> <li>• <b>Backpacks for Foster/displaced children</b></li> </ul> <b>Crib Club Stores:</b> <ul style="list-style-type: none"> <li>• Parents spend coupons earned for clothing, and baby supplies. *Located in Womens Care Center (see pg. 58)</li> </ul>	Call for more information	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Need-based</li> </ul>
<b>Department of Child Services</b> 201 East Rudisill Blvd. Suite 200 Fort Wayne, IN 46806 260-458-6100  <a href="http://www.in.gov/dcs">www.in.gov/dcs</a>	<b>Child Protective Services (CPS):</b> <ul style="list-style-type: none"> <li>• Investigates reports of suspected child abuse or neglect and takes action on substantiated cases</li> </ul> <b>Special Needs Adoption Program:</b> <ul style="list-style-type: none"> <li>• Offers information, support, and placement services to persons interested in adopting hard-to-place Indiana children</li> </ul> <b>Foster Care:</b> <ul style="list-style-type: none"> <li>• Places children who are wards of the court into temporary foster homes and recruits, licenses, and supervises foster parents</li> <li>• Foster care is intended to provide a safe, nurturing, stable, and temporary environment for children who can no longer remain in their homes due to risk of abuse or neglect</li> </ul>	County office: <b>M-F</b> 8AM-4:30PM Bus Route: 5/Southeast Local 8/Calhoun	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Open</li> </ul>



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Diocese of Fort Wayne - South Bend</b> 915 S. Clinton St. Fort Wayne, IN 46802 574-234-0687  <b>Project Rachel</b> 855-722-4354 855-RACHEL HOPE  <a href="http://www.DioceseFWSB.org/ProjectRachel/">www.DioceseFWSB.org/ProjectRachel/</a>	<b>Project Rachel:</b> <ul style="list-style-type: none"> <li>• A post-abortion reconciliation program offered by the Diocese of Fort Wayne-South Bend</li> <li>• All faiths are welcome</li> <li>• Counseling referrals</li> <li>• Support groups</li> <li>• Trained companions to walk the journey with individuals</li> </ul>	Call for more information	<ul style="list-style-type: none"> <li>• Free</li> <li>• Professional counseling services often provided at a reduced fee</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>Miriam's Blessing</b> 260-422-4611  <a href="http://www.DioceseFWSB.org/Miriams-Blessing">www.DioceseFWSB.org/Miriams-Blessing</a>	<b>Miriam's Blessing:</b> <ul style="list-style-type: none"> <li>• Provides comprehensive support to parents who receive a difficult prenatal diagnosis, before, during, and after birth</li> </ul>	Call for more information	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>Ava's Grace</b> 260-422-4611	<b>Ava's Grace:</b> <ul style="list-style-type: none"> <li>• Provides practical, emotional and spiritual support to parents who suffer miscarriage, stillbirth, or infant loss</li> </ul>	Call for more information	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>Down Syndrome Association of Northeast Indiana</b> 3320 N. Clinton St. Fort Wayne, IN 46805 260-471-9964  <a href="http://www.dsani.org">www.dsani.org</a>   <b>CALL FOR LANGUAGE INFO</b>	<b>Outreach Program:</b> resource materials to new parents after receiving a diagnosis of Down Syndrome for their child <ul style="list-style-type: none"> <li>• Support, educational workshops, activities and more through the life cycle</li> </ul>	<b>M-F 8:30AM-5PM</b> Bus Routes: 3/Village Woods 8/Glenbrook	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Call for an appointment</li> </ul>



Organization/Agency

Services

Hours

Payment

Eligibility

**Early Childhood Alliance**  
3800 N. Anthony  
Fort Wayne, IN 46805  
260-745-2501

www.ECAlliance.org



**Child Care Referrals:**

- Assists parents in finding child care (birth to school age) that matches their individual needs

**Parenting Education:**

- Prenatal and early childhood parent education program designed to enhance child development and school achievement
- Child receives free health, vision, hearing, and developmental screening

**Specialized Information and Referral:**

- Assists families of children with special needs by providing information, peer support, and education
- Assists parents with children ages 0-3 in their search for quality child care, concerns about current child care, and with information on infant-toddler development, milestones, behavior, and safe sleeping practices

**M-TH** 7:30AM-5:30PM  
**F** 7:30AM-11:30AM

**M-F** 8AM-5PM

**M-TH** 7:30AM-5:30PM  
**F** 7:30AM-11:30AM  
Bus Route:  
3/Canterbury

- Free

- Call for more information
- Serving 10 counties across northern IN (Allen, DeKalb, Elkhart, Kosciusko, LaGrange, Marshall, Noble, St. Joseph, Steuben, Whitley)

**ECHO**  
**Education Creates Hope and Opportunity**

**Catholic Charities**  
915 S. Clinton St.  
Fort Wayne, IN 46802  
260-422-4525  
www.ccfwsb.org

**Lutheran Social Services**  
333 E. Lewis St.  
Fort Wayne, IN 46802  
260-426-3347  
www.lssin.org

- Case management services to pregnant and/or parenting teens and young adults, to assist in obtaining high school education or pursuing further education
- Assess barriers to achieve school success and attendance
- Ensure healthcare needs are addressed
- Develop short and long-term school and life goals
- Connect the client to necessary community resources

Call or check websites for hours

Bus Route:  
2/Times Corners

Bus Route:  
7/Anthony  
8/Calhoun  
10/New Haven

- Free

- No U.S. government-issued ID needed
- Pregnant and/or parenting teens and young adults




**Organization/Agency**
**Services**
**Hours**
**Payment**
**Eligibility**
**Family Medicine Center**

750 Broadway, Suite 350  
Fort Wayne, IN 46802  
260-423-2675

www.fwmep.edu



**BURMESE**

Daily by appointment only

- Primary medical care
- Pregnancy and childbirth (Obstetrics/OB)
- Chronic disease testing and management
- Patient education
- Patient assistance in applying for reduced-fee prescriptions

**M-W** 8AM-5PM  
**TH** 8AM-12PM  
**F** 8AM-5PM

Bus Routes:  
1/Waynedale via  
Broadway, Northcrest  
6/McKinnie/Franke Pk  
9/Brooklyn/Taylor

- Sliding fee scale based on income
- Payment arrangements for self-pay

**Payment methods accepted:**

- Medicaid
- Medicare
- Private Insurance
- Cash

- No U.S. government-issued ID needed
- Call to schedule appointment
- Uninsured and underinsured welcome from any county
- If insured, bring insurance card

**First Steps**

*A program of Indiana Family and Social Services, Bureau of Child Development Services*  
North Central Indiana  
201 E. Rudisill Blvd.  
Fort Wayne, IN 46806  
260-444-2994

Toll Free:  
877-494-5115

www.IndianaFirstSteps.org



**SPANISH, BURMESE**

Available daily

**OTHER LANGUAGES**

By appointment only

**Children can receive treatment for developmental delays including:**

- Assistive technology services
- Diagnostic medical services
- Family education
- Physical therapy
- Health service resources
- Nursing service resources
- Occupational therapy
- Psychological service resources
- Service coordination
- Social work services
- Hearing tests and services
- Special instruction/developmental therapy
- Speech-language pathology
- Vision service

Office Hours:  
**M-F** 8AM-4:30PM

In-home therapy by appointment

Bus Routes:  
5/Southeast Local,  
Southgate Plaza

- All insurance welcome
- Sliding fee scale based on income (bring documentation to verify income)

- Referred by primary physician
- Referred by a Social Worker
- Self-referred (call or use website)
- Children, aged birth to 3 years
- Child has diagnosed development delays
- Serving Adams, Allen, Grant, Huntington, Miami, Wabash, and Wells Counties
- No U.S. government-issued ID needed

**GiGi's Playhouse Fort Wayne**

*Down Syndrome Achievement Center*  
6081 N. Clinton St.  
Fort Wayne, IN 46825  
260-482-7529

www.GiGisPlayhouse.org/  
FortWayne



- Affective, attention, and cognitive development
- Family involvement
- Fine motor and gross motor development
- Parent education
- Physical and social development
- Speech and language development

**M-F** 10AM-6PM

- Free

- Call to schedule appointment
- No U.S. government-issued ID needed
- Call for more information



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Headwaters Counseling</b> <i>Formerly Family &amp; Children's Services</i> 2712 S. Calhoun St. Fort Wayne, IN 46807 260-744-4326  <a href="http://www.HeadwatersCounseling.org">www.HeadwatersCounseling.org</a>	<ul style="list-style-type: none"> <li>• Mental health counseling for all ages/issues</li> <li>• Outpatient services addressing addiction issues for individuals and their families that are low, medium, or high risk for abuse</li> <li>• Relapse Prevention for those who have completed treatment previously. Women In Recovery program available too.</li> </ul>	<b>M-TH</b> 8AM-8PM <b>F</b> 8AM-12PM  Bus Routes: 3/Village Woods 8/Calhoun	<ul style="list-style-type: none"> <li>• Sliding fee scale based on income</li> <li>• Health Insurance Navigators provide free assistance with enrollment</li> </ul> <b>Payment methods accepted:</b> <ul style="list-style-type: none"> <li>• Medicaid</li> <li>• Medicare</li> <li>• Private Insurance</li> <li>• Cash</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Call to schedule appointment</li> <li>• If insured, bring insurance card</li> <li>• If uninsured, bring proof of household income</li> </ul>
<b>Healthier Moms &amp; Babies</b> 1025 W Rudisill Blvd #9 Fort Wayne, IN 46807 260-469-4076  <a href="http://www.HealthierMomsAndBabies.org">www.HealthierMomsAndBabies.org</a>   <b>SPANISH, BURMESE</b> By appointment only	<ul style="list-style-type: none"> <li>• Health education and case management during pregnancy and after delivery</li> <li>• Safe Sleep provider site</li> <li>• <b>Nurse Family Partnership</b> for first time mothers providing health education until the baby turns 2 years old</li> <li>• <b>Mama Moods Support Group</b></li> <li>• <b>Baby &amp; Me, Tobacco Free Program</b></li> </ul>	<b>M-F</b> 8AM-5PM  <b>Mama Moods Group:</b> <b>T</b> 5 PM  Bus Routes: 1/Waynedale via Broadway, Northcrest 6/McKinnie/Franke Pk 9/Brooklyn/Taylor	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Pregnant women before the 30th week</li> <li>• Allen County residents</li> <li>• Call to schedule appointment</li> </ul>
<b>Indiana University Lafayette Street Family Health Clinic</b> 2700 S. Lafayette St. Fort Wayne, IN 46806 260-481-0400   <b>SPANISH</b> Interpreter available daily	<ul style="list-style-type: none"> <li>• Pregnancy testing (sliding fee)</li> <li>• Gynecological exams</li> <li>• Pap tests</li> <li>• Breast exams</li> <li>• Natural family planning</li> </ul>	<b>M</b> 8AM-7PM <b>T</b> 8AM- 4:30PM <b>W</b> 8AM-5PM <b>TH</b> 8AM- 4:30PM <b>F</b> 8AM-12PM Walk-ins accepted for pregnancy tests only Bus Routes: 5/Southgate Plaza	<ul style="list-style-type: none"> <li>• Fees vary</li> <li>• Sliding fee scale based on income</li> </ul> <b>Payment methods accepted:</b> <ul style="list-style-type: none"> <li>• Medicaid</li> <li>• Private Insurance</li> <li>• Cash</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• No one refused services</li> <li>• Uninsured and underinsured welcome from any county</li> <li>• Call for appointment</li> <li>• If insured, bring insurance card</li> </ul>
<b>La Leche League of Fort Wayne</b> 260-255-5657 Leave a message and receive a call back within 24 hours.  <a href="http://www.llli.org">www.llli.org</a>	<ul style="list-style-type: none"> <li>• Support for breastfeeding mothers by phone and at monthly meetings</li> <li>• La Leche League Leaders have been trained and accredited by La Leche League International to help mothers and mothers-to-be with all aspects of breast feeding.</li> </ul>	<b>2nd W</b> 10AM Location varies: Call for location details.  <b>3rd TH</b> 7PM <b>Grassroots Baby</b> 2602 W. State Blvd Fort Wayne, IN 46808	<ul style="list-style-type: none"> <li>• Free</li> <li>• Donations appreciated</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Mothers and mothers-to-be (including adoptive mothers)</li> </ul>



Organization/Agency

Services

Hours

Payment

Eligibility

**Look Up Indiana**

*A Lutheran Foundation initiative*

**24/7 Mental health support:**

Text LOOKUP to 494949; Chat online; or call 800-284-8439

www.LookUpIndiana.org

**Online listing of mental health providers, services & resources including topics for:**

- Mental health and depression
- Opioids and other drugs
- Youth
- Parents

24/7

- Free

- All are eligible

**Lutheran Health Network (LHN)**

www.LutheranHealth.net

**The Birthplace at Lutheran Hospital and Lutheran Children's Hospital**

7950 W. Jefferson Blvd.

Fort Wayne, IN 46804

260-435-2699

LutheranHospital.com

**The Birthplace at Dupont Hospital**

2520 E. Dupont Rd.

Fort Wayne, IN 46825

260-416-3042

TheDupontHospital.com

**Lutheran Health Physicians**

260-432-2297

Lutheranhealthphysicians.com

**Dupont Hospital Pediatric Unit**

260-416-3040

 **MULTIPLE LANGUAGES**  
On-site interpreters available

- **Classes:** Prenatal Care, Childbirth, Newborn Care, Grandparents, Siblings, Mood Changes & Moms, Safe Sitter. Class locations vary.
- **Car Seat Services:** Car seat safety checks
- **Safe Sleep:** Cribs for Kids: all locations
- **Breastfeeding Support:** all locations
- **Baby Blues & Postpartum Depression Mood-Changes:** Lutheran, 260-435-7069
- **Birth Planning Services:** all locations
- **OB/GYN & Pediatrician Services:** Available at St. Joseph Hospital
- **Neonatal Follow-Up Clinic:** Lutheran Hospital only; Prematurity, low birth weight, birth defects, congenital syndromes, feeding problems, failure to thrive, developmental delays, developmental screening, neonatal abstinence syndrome
- **Monarch Program:** Maternal, OB, Newborn Care, Addiction Recovery, Comprehensive Health, 260-425-3106
- **Forget-Me-Not Bereavement Program:** Including coping with death, stages of grief, memory and healing activities
- **Pregnancy/ Parenting After Loss Support (PALS):** Support to ease fear about pregnancy after the loss of a baby, Dupont Hospital, 260-416-5854
- **Connections:** Support for parents experiencing loss of a baby, 260-416-5854

24/7



Bus Route:  
22/West Jefferson/  
Lutheran

- Free prenatal education
- Free breastfeeding support groups
- Free car seat inspections (car seat purchase options available)
- Free safe sleep
- Free baby blues & Postpartum Depression support
- Free Childbirth & New Born Classes
- Insurance coverage, Case Management, WIC

- All are eligible

Bus Route:  
21/Glenbrook/  
Coldwater/Dupont



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Lutheran Social Services</b> 333 E. Lewis St. Fort Wayne, IN 46802 260-426-3347  <a href="http://www.lssin.org">www.lssin.org</a>   <b>MULTIPLE LANGUAGES</b> By appointment only	<b>Balance Works:</b> <ul style="list-style-type: none"> <li>• Faith-based mental health provider</li> <li>• Integrated mind-body-spirit therapy for children, adults, couples, and families</li> <li>• Various office-based therapy services including EMDR (Eye Movement Desensitization and Reprocessing)</li> </ul> <b>Education Creates Hope and Opportunity:</b> <ul style="list-style-type: none"> <li>• Case management services to pregnant or parenting teens/ young adults (see pg. 38)</li> </ul> <b>Gear-up Safety Program:</b> <ul style="list-style-type: none"> <li>• Provides families with safety items, making home safe for children</li> </ul>	<b>M-TH</b> 8AM-5PM <b>F</b> 8AM-12PM  Bus Routes: 10/New Haven 7/Anthony 8/Calhoun	<ul style="list-style-type: none"> <li>• Some services free</li> <li>• Some services have a sliding fee scale based on income</li> </ul> <b>Payment methods accepted:</b> <ul style="list-style-type: none"> <li>• Medicaid</li> <li>• Private Insurance</li> <li>• Cash</li> <li>• HIP Anthem</li> </ul> <b>ECHO &amp; Gear-up:</b> <ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Call to schedule appointment</li> <li>• Required documentation depends on program</li> </ul>
<b>Children's Village</b> 6613 S. Anthony Blvd Fort Wayne, IN 46816 260-744-0006	<b>Children's Village:</b> <ul style="list-style-type: none"> <li>• Childcare for ages 6 weeks to age 5</li> <li>• State - licensed/ Level 4 paths to quality</li> </ul>	<b>M-F</b> 6:30AM-5:30PM Bus routes: 7/Anthony/Oxford 7a/Anthony/Creighton	<ul style="list-style-type: none"> <li>• State vouchers accepted</li> <li>• Call for more information</li> </ul>	<ul style="list-style-type: none"> <li>• Call for more information</li> </ul>
<b>Miriam's Blessing</b> 260-422-4611  <a href="http://www.DioceseFWSB.org/Miriams-Blessing">www.DioceseFWSB.org/Miriams-Blessing</a>	<ul style="list-style-type: none"> <li>• Provides comprehensive support to parents who receive a difficult prenatal diagnosis, before, during, and after birth</li> </ul>	Call for more information	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>MOMS HELPLINE</b> <i>Indiana State Department of Health</i> 884-624-6667  <a href="http://www.IN.gov/isdh/21047.htm">www.IN.gov/isdh/21047.htm</a>	<b>Helpline specialists give information and referrals including:</b> <ul style="list-style-type: none"> <li>• Insurance, educational resources, medical providers, infant health programs, and more</li> </ul>	<b>M-F</b> 9AM-5PM	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>A Mother's Hope</b> 260-376-0097  <a href="http://www.AMothersHopeFW.org">www.AMothersHopeFW.org</a>   <b>MULTIPLE LANGUAGES</b> By appointment only	<ul style="list-style-type: none"> <li>• Shelter for pregnant women who are homeless or at risk of being homeless</li> <li>• Support and guidance to residents in the areas of shelter, health of mother and baby, support/spiritual, education, employment, and life skills</li> </ul>	<b>M-F</b> 8AM-5PM Bus Routes: 15/Parkview Medlink	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Pregnant women who are homeless or at risk of being homeless</li> <li>• Must follow the rules and structure of the home</li> <li>• Commitment to living drug, alcohol, and tobacco free</li> <li>• Call for appointment</li> </ul>





Organization/Agency

Services

Hours

Payment

Eligibility

**Neighborhood Health Clinics**

www.nhci.org

1717 S. Calhoun St.  
Fort Wayne, IN 46802  
260-458-2641

3350 E. Paulding Rd.  
Fort Wayne, IN 46816  
260-458-2641



**SPANISH, BURMESE**  
Interpreter available daily

**OTHER LANGUAGES**

Available via tele-interpreter

- Medical care for adults and children
- Family practice
- Pregnancy and childbirth (Obstetrics/OB), ultrasounds, women's health
- Pediatrics/children
- Lab tests at Calhoun St. location; and Paulding Rd. Monday and Thursday only
- Patient assistance in applying for reduced-fee prescriptions
- Medication formulary with low-cost alternatives
- Interpretation in various languages available upon request. Hours vary. Call to request/confirm that services are available.
- Optometry services available. Call for information.

**M** 8AM-7PM  
**T** 8AM-5PM  
**W** 8AM-7PM  
**TH F** 8AM-5PM

Bus Routes:  
3/Village Woods  
6/McKinnie/Franke  
8/Calhoun  
9/Brooklyn/Taylor

**M T** 8AM-5PM  
**W** 10AM-7PM  
**TH F** 8AM-5PM

Bus Route:  
3/Village Woods

- Sliding fee scale based on income and insurance coverage
- Insurance welcome, but not required

**Payment methods accepted:**

- Medicaid
- Medicare
- Some private insurance
- Cash

- No U.S. government-issued ID needed
- If uninsured, bring proof of household income
- If insured, bring insurance card

**Park Center**

*Main Office*

909 E. State Blvd.  
Fort Wayne, IN 46805  
260-481-2700

Toll free: 866-481-2700

After-hours  
emergency services:  
260-471-9440

www.ParkCenter.org



**MULTIPLE LANGUAGES**  
By appointment only

**Mental Health Services for all ages:**

- 24-Hour crisis intervention and stabilization
- Outpatient and home-based services
- Residential programs
- Case management
- Evaluation and testing
- Addiction services
- Court-ordered services
- Dispensary of low-cost medications, as needed, for clients undergoing treatment
- Patient assistance in applying for reduced-fee prescriptions through on-site pharmacy
- **Three Wishes Program:** Early childhood therapeutic program
- Primary care services for adults and children 11 y/o or older at IU Lafayette Street Family Health Clinic (see pg. 42)

**M-F** 8AM-5PM  
\*Saturday and evening hours by appointment

Bus Route:  
3/Canterbury

- Sliding fee scale based on income

• Trained professionals to help clients enroll in health insurance at  
**Main Campus:**  
909 E. State Blvd.  
Fort Wayne, IN 46805

**Carew Location:**  
1909 Carew St.  
Fort Wayne, IN 46805




**Payment methods accepted:**

- Medicaid
- Medicare
- Private insurance
- Cash

- No U.S. government-issued ID needed
- Call for appointment
- Walk-ins accepted

51



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Parkview Community Health Workers</b> 1818 Carew, Suite 040 Fort Wayne, IN 46805 260-373-9651   <b>SPANISH, BURMESE</b> By appointment only	<ul style="list-style-type: none"> <li>• Car seat checks</li> <li>• Breastfeeding support</li> <li>• Home visits</li> <li>• Social support</li> <li>• Referrals and education</li> </ul>	Call for more information  Bus route: 2/Georgetown	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Call to schedule appointment</li> <li>• No U.S. government-issued ID needed</li> </ul>
<b>Parkview Neighborhood Health Center</b> 3350 E. Paulding Rd. Fort Wayne, IN 46806 260-266-2474	<b>Freedom from Smoking Program:</b> <ul style="list-style-type: none"> <li>• Weekly classes to teach effective ways to stop the habit.</li> <li>• Set goals &amp; learn relaxation techniques</li> <li>• Learn about options to reduce cravings</li> </ul>	<b>Check Parkview Community Calendar for date, times and locations</b>  Call to register	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>Positive Resource Connection</b> <i>Formerly AIDS Task Force</i> 525 Oxford St. Fort Wayne, IN 46806 260-744-1144 800-417-3085  <a href="http://www.PositiveResourceConnection.org">www.PositiveResourceConnection.org</a>   <b>SPANISH, BURMESE</b> By appointment only	<ul style="list-style-type: none"> <li>• Free HIV testing</li> <li>• Education, prevention, testing and risk reduction counseling</li> <li>• Financial assistance for HIV positive individuals, for those who qualify</li> <li>• <b>Syringe Services Program</b> (needle exchange) in conjunction with the Fort Wayne-Allen County DOH, 519 Oxford Street door</li> </ul>	<b>HIV Testing:</b> <b>M-F</b> By appointment <b>Walk-ins:</b> <b>W</b> 4PM-6:30PM <b>Programs:</b> <b>M</b> 8:30AM-5PM <b>Syringe Services Program:</b> <b>T</b> 5PM-8PM  Bus Route 6/McKinnie	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Programs are for HIV positive individuals</li> <li>• Education, prevention, testing and risk reduction counseling are for general population</li> <li>• Call for more information</li> </ul>
<b>Project Rachel</b> 855-722-4354 855-RACHEL HOPE  <a href="http://www.DioceseFWSB.org/ProjectRachel/">www.DioceseFWSB.org/ProjectRachel/</a>	<ul style="list-style-type: none"> <li>• A post-abortion reconciliation program offered by the Diocese of Fort Wayne-South Bend</li> <li>• All faiths are welcome</li> <li>• Counseling referrals</li> <li>• Support groups</li> <li>• Trained companions to walk the journey with individuals</li> </ul>	Call for more information	<ul style="list-style-type: none"> <li>• Free</li> <li>• Professional counseling services often provided at a reduced fee</li> </ul>	<ul style="list-style-type: none"> <li>• All are eligible</li> </ul>
<b>Quit Now Indiana</b> 800-QUIT-NOW 800-784-8669 <a href="http://www.QuitNowIndiana.com">www.QuitNowIndiana.com</a>   <b>170 LANGUAGES</b> Offered 24/7 for Quitline	<ul style="list-style-type: none"> <li>• Phone-based counseling service that helps Indiana smokers quit</li> <li>• One-on-one coaching for tobacco users who have decided to quit</li> </ul>	<b>Daily 24/7</b>	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• Age 13 and older</li> <li>• No U.S. government-issued ID needed</li> </ul>



Organization/Agency

Services

Hours

Payment

Eligibility

**Safe Families for Children**  
260-627-9002

www.safe-families.org



**SPANISH**

Daily by appointment only

- Crisis and respite care for children whose parents are temporarily unable to care for them due to a short-term emergency
- We do not have an office; we arrange mutually convenient meeting locations

**M-F** 8:30AM-5PM

•Free

- Parent/guardian must be involved in a parent/guardian-based crisis, must have legal custody/guardianship of child
- Be ready to explain family situation, provide children's medical background and Medicaid number, and to give a medical power of attorney

**SCAN**  
500 W. Main St.  
Fort Wayne, IN 46802  
260-421-5000  
800-752-7116

www.ScanFW.org



**SPANISH**

By appointment only

- **Healthy Families:** Resource assistance and support for families with newborns less than 90 days old up to 3 yrs of service
- **Daybreak Crisis Homes:** Emergency, short-term respite care for children 12 years of age and younger
- **Network for Safe Families:** In-home services for families struggling with issues that may lead to abuse or neglect
- **Education Services:** Workshops on preventing child abuse and neglect, bullying and gun safety for children ages 3-18 and adults
- **Be Someone Now:** Education, guidance, and support for young adults, age 16-25
- **Fatherhood Engagement:** Assistance for fathers, referred by DCS, to engage with their child(ren)
- **Family Connections:** Workshops and classes for families working through divorce, paternity, or custody issues
- **Family Restoration:** Home-based visitation and therapy services for families working through the DCS/court process

**M-F** 8AM-8PM  
**SAT** 10AM-2PM

\*Hours vary by program

24-hour emergency coverage

Select programs available 7 days a week

Call for information

Bus Route:  
9 Brooklyn/Taylor  
St. Francis Gateway

- All programs are free unless otherwise specified. Call for information.
- Sliding fee scale based on income
- Self-pay or cash accepted

- U.S. government-issued ID and/or proof of income may be required for some programs.
- Call for program-specific eligibility details
- If uninsured, bring proof of household income
- If insured, bring insurance card
- Call to schedule appointment


**Organization/Agency**
**Services**
**Hours**
**Payment**
**Eligibility**
**Super Shot**

Clinic locations vary  
260-424-7468 (voicemail only)

www.SuperShot.org



**SPANISH, BURMESE**  
Available at several clinics

- Community immunization clinics
- Convenient, family-friendly sites
- Immunizations and flu shots available for children ages birth through 18
- Immunizations available for adult populations ages 19 and older

Daytime, evening and weekend hours (check website for schedule)

Walk-in clinics: no appointment necessary, children and adults will be seen on first-come, first-served basis

- \$10 per shot
- Medicaid accepted for children only
- No one will be turned away regardless of ability to pay

- No ID needed
- Ages 0-18 uninsured, underinsured, Medicaid
- Ages 19+ uninsured and underinsured populations
- Ages 0-17: must be accompanied by an adult
- Children's current shot record required

**Three Rivers Ambulance Authority (TRAA)**

525 Hayden St.  
Fort Wayne, IN 46802  
260-420-6500

www.traa-ems.com

- **CPR Training:** 4-hour course, participants are certified and receive cards good for two years
- **Safe Sleep:** Indiana Crib Distribution Site
- **Safe Sleep Class:** Learn about safe sleep environment and other life-saving tips
  - Verify car seat installation

**Call for class schedule and to enroll:**  
260-423-1436

**Safe Sleep Class:**  
**3rd M 2PM**

Bus route:  
7/Anthony/Oxford  
7a/Anthony/Creighton

- **CPR Training:** \$15 per student
- **Safe Sleep Class:** Free

- Call office or check website for requirements

**Tobacco Free Allen County**

Parkview Randallia  
2200 Randallia Dr., 2nd Floor  
Fort Wayne, IN 46805  
260-760-7555  
260-373-4276

- Tobacco cessation education and referral
- Education and advocacy to protect families and children from secondhand tobacco smoke and vaping aerosol
- Smoke-free housing advocacy/ referral

**Office hours variable**  
**Phone access:**  
**M-F 9AM-6PM**

- Free for all services

- Anyone is eligible
- No U.S. government-issued ID needed
- Call to schedule appointment

**Turnstone Center for Children & Adults with Disabilities**

3320 N. Clinton St.  
Fort Wayne, IN 46805  
260-483-2100

www.Turnstone.org



**SPANISH**  
By appointment only

**Free birth to 3-years-old developmental screenings for:**

- Speech and language skills
- Feeding skills
- Sensory processing/integration
- Fine motor skills
- Gross motor skills
- Self-help skills

**Pediatric Therapy:**

- Physical
- Occupational
- Speech

**M-TH 6:30AM-8PM**  
**F 6:30AM-5:30PM**  
**SAT 9AM-2PM**

**Pediatric Therapy services & screening:**  
**M-TH 8AM-6PM**

Bus route:  
8/Glenbrook

- Sliding-fee scale based on income
- No fee for developmental screenings


**Payment methods accepted:**

- Medicaid
- Private insurance
- CSHCS


- Call office or check website for requirements
- No U.S. government-issued ID needed
- Call to schedule appointment
- Uninsured and underinsured patients welcome from any county





Organization/Agency	Services	Hours	Payment	Eligibility
<b>United Way 2-1-1 Help Line</b> <i>Sponsored by United Way of Allen County</i> 260-744-0711 1-877-502-0700 (toll free)  www.MyUnitedWay2-1-1.org	<ul style="list-style-type: none"> <li>General information on organizations for financial and medical assistance, counseling, patient assistance, and a variety of other services</li> </ul>	<b>M-F</b> 7AM-5PM *Calls answered 24/7  Bus Routes: 3/Village Woods 8/Calhoun	<ul style="list-style-type: none"> <li>Free</li> </ul>	<ul style="list-style-type: none"> <li>No U.S. government-issued ID needed</li> <li>Anyone is eligible</li> </ul>
<b>WIC (Women, Infants and Children)</b> <i>Sponsored by Neighborhood Health Clinics</i> Call for all location appointments: 260-458-2641  1717 S. Calhoun St. Fort Wayne, IN 46802 ----- 3350 E. Paulding Rd. Fort Wayne, IN 46816  www.fns.usda.gov/wic	<ul style="list-style-type: none"> <li>Supplemental nutrition program</li> <li>Breast feeding support</li> <li>Peer counselors</li> <li>Staff assistance with breast pumps</li> <li>Nutrition education classes and food demonstrations</li> <li>Assistance with applying for market place insurance and Medicaid</li> </ul>	<b>M</b> 8AM-7PM <b>T</b> 8AM-5PM <b>W</b> 8AM-7PM <b>TH F</b> 8AM-5PM  Bus Routes: 3/Village Woods 6/McKinnie/Franke Pk 8/Calhoun 9/Brooklyn/Taylor ----- <b>M T</b> 8AM-5PM <b>W</b> 10AM-7PM <b>TH F</b> 8AM-5PM  Bus Route: 3/Village Woods	<ul style="list-style-type: none"> <li>Free</li> </ul>	<ul style="list-style-type: none"> <li>Pregnant women, women, infants, and children ages 1-5 years old</li> </ul>
<b>Women's Care Center</b> www.WomensCareCenter.org <b>24-Hour Line:</b> 260-424-9377 <b>Spanish Line:</b> 260-420-8232 419 E. Wayne St. Fort Wayne, IN 46802 ----- 4600 W. Jefferson Blvd. Fort Wayne, IN 46804 260-203-5476 ----- 921 W. Coliseum Blvd. Fort Wayne, IN 46808 24-Hour Help Line: 260-483-8918   <b>SPANISH</b> M-F (Coliseum) operational hrs T-TH (Wayne St) operational hrs	<ul style="list-style-type: none"> <li>Free pregnancy testing/counseling</li> <li>Classes on parenting, birth preparation, and healthy relationships</li> <li>Limited ultrasound</li> <li>Referrals to doctors and community resources</li> <li><b>Crib Club:</b> Baby furniture, clothing and supplies program, funded and operated by Christ Child Society (see pg. 34)</li> <li><b>Adoption Support Center:</b> Provides on site assistance by helping clients wanting to know more about adoption process</li> </ul>	<b>M-F</b> 9AM-5PM Bus Route: 2/Times Corner  ----- <b>M</b> 9AM-5PM <b>T</b> 9AM-7PM <b>W</b> 9AM-5PM <b>TH</b> 8AM-5PM <b>F</b> 9AM-5PM ----- <b>M</b> 8AM-8PM <b>T</b> 9AM-7PM <b>W</b> 9AM-5PM <b>TH</b> 9AM-7PM <b>F</b> 9AM-5PM  Bus Route: 6/Centlivre-Franke Park	<ul style="list-style-type: none"> <li>Free</li> </ul>	<ul style="list-style-type: none"> <li>No U.S. government-issued ID needed</li> <li>For pregnant women and new moms and dads</li> <li>Appointments preferred</li> <li>Walk-ins welcome</li> </ul>



Organization/Agency	Services	Hours	Payment	Eligibility
<b>Women's Health Advantage</b> Call for all location appointments: 260-432-4400 www.HerAdvantage.com ----- Georgetown 6418 E. State Blvd. Fort Wayne, IN 46815 ----- Parkview North 11141 Parkview Dr., Suite 325 Fort Wayne, IN 46845 ----- <b>Perinatal Center</b> 2518 E. Dupont Rd. Fort Wayne, IN 46825 260-969-6881 For after hours call: 260-432-4400 ----- Southwest 7988 W. Jefferson Blvd. Fort Wayne, IN 46804	<ul style="list-style-type: none"> <li>• Obstetrics</li> <li>• Gynecology</li> <li>• FMLA/Disability paperwork</li> <li>• Mammography</li> <li>• Birth control services</li> <li>• Infertility</li> <li>• Pregnancy tests</li> <li>• Full pregnancy care</li> <li>• Ultrasounds</li> <li>• Infant non-stress testing (NST)</li> <li>• Full range of prenatal tests available</li> <li>• High risk counseling</li> </ul>	<b>M-F</b> 8:30AM-5PM  ----- Bus Route: 2/Time Corners, Georgetown ----- Bus Route: 15/MedLink  ----- Bus Route: 15/MedLink  ----- Bus Route: 22/West Jefferson/ Lutheran	<ul style="list-style-type: none"> <li>• Vary by service provided</li> <li>• Insurance welcome, but not required</li> <li>• Medicaid Emergency insurance users must prepay \$100</li> <li>• Uninsured receive 10% discount but must pay in full for services at the time of the visit</li> </ul> <b>Payment methods accepted:</b> <ul style="list-style-type: none"> <li>• Medicaid</li> <li>• Medicare</li> <li>• Private insurance</li> <li>• Cash</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Photo ID required</li> </ul>
<b>Women's Health Link</b> 2126 Inwood Dr. Fort Wayne, IN 46815 260-203-2365  www.WomensHealthLink.org   <b>SPANISH</b> By appointment only	<b>Referrals to life-affirming healthcare services for women:</b> <ul style="list-style-type: none"> <li>• Crisis pregnancy</li> <li>• Reproductive health-related concerns</li> <li>• Pregnancy and STD prevention classes</li> <li>• Free diapers to families in crisis</li> </ul>	<b>M-F</b> 9AM-4PM Bus Route: 4/Parkview	<ul style="list-style-type: none"> <li>• Free</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• Ages 15-25</li> <li>• Call for appointment</li> <li>• Walk-ins also welcome</li> </ul>
<b>YoungLives</b> <i>A Christian outreach ministry for teen mothers</i> St. Joseph Community Church 2900 N. Anthony Blvd. Fort Wayne, IN 46815 260-413-4861  Fortwayne.younglife.org	<ul style="list-style-type: none"> <li>• Provides a safe community with other teenage mothers and adult mentors</li> <li>• All participants have an individual mentor</li> <li>• Monthly bible study and monthly activity nights (childcare and dinner provided)</li> <li>• Additional activities to build community throughout the year including a week long summer camp opportunity in Michigan</li> </ul>	<b>TH*</b> 6PM-8PM *During school year	<ul style="list-style-type: none"> <li>• Free for all programs except Summer camp</li> <li>• Scholarships and fundraising opportunities for camp</li> </ul>	<ul style="list-style-type: none"> <li>• No U.S. government-issued ID needed</li> <li>• All teenage mothers are eligible between the ages of 13-21</li> </ul>

October 2018						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

January 2019						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

April 2019						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

July 2019						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

November 2018						
S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

February 2019						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2

May 2019						
S	M	T	W	T	F	S
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

August 2019						
S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

December 2018						
S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2019						
S	M	T	W	T	F	S
24	25	26	27	28	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June 2019						
S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

September 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

---

---

---

---

---



---

---

---

---

---



---

---

---

---

---



---

---

---

---

---

October 2019						
S	M	T	W	T	F	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

January 2020						
S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

November 2019						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2020						
S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

December 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

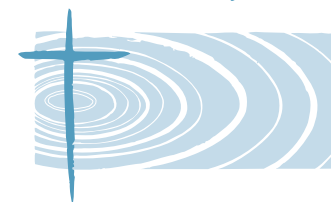
March 2020						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

---

**Thank you to our sponsor**

---

*Poor Handmaids of Jesus Christ*



*Partners in the work of the Spirit*

[www.phjc.org](http://www.phjc.org)

---

## COLOPHON

### PUBLISHER

St. Joseph Community Health Foundation

### PHOTOGRAPHY

Mark Burkholder, Alex Brown - Common People United, Ellie Bogue

### ART DIRECTION

Mark Burkholder, Michelle Marqueling

### CONTENT

Amy Krach

### CONTENT CONTRIBUTORS

Meg Distler, Laura Dwire

**PRINTING** Fort Wayne Printing Company Inc.

**PAPER** 100lb Gloss Cover, 50lb Husky

**TYPE** Times New Roman, Calibri, Georgia

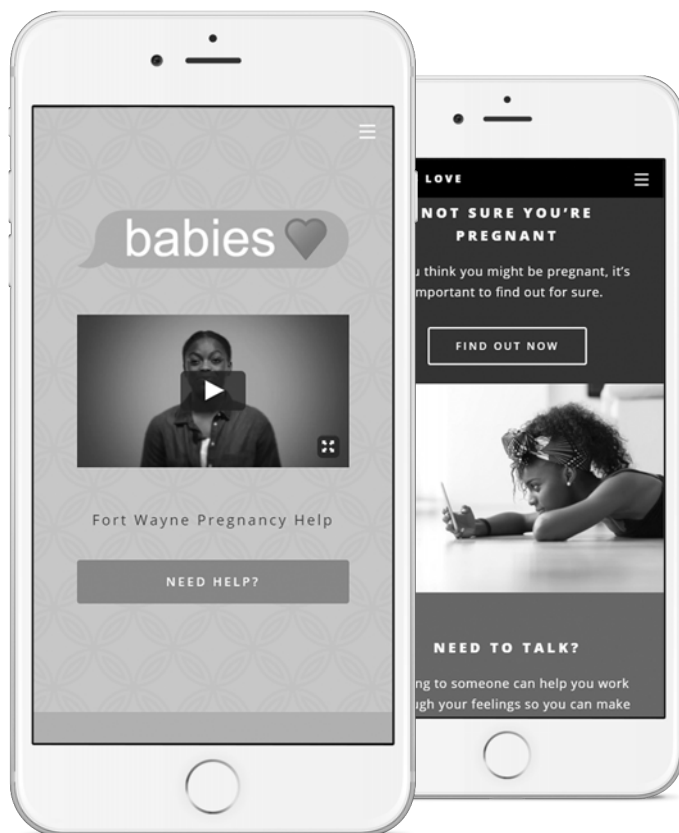
### Disclaimer:

The contents of this directory of quality, low-cost services is not an endorsement of providers. Users are encouraged to take responsibility for their own decisions on their choice of providers and the services they utilize.



## BabiesLove.org

Get **FREE** help right from your smartphone



## 2018-2019 Community Health Resource Directory

Resource for free & low-cost healthcare services in the Fort Wayne Community



— Get your copy —

260-969-2001 ext. 211 | [directory@sjchf.org](mailto:directory@sjchf.org) | [sjchf.org](http://sjchf.org)

These resources are also available online!

## Interactive Online Directory

The same great resources, wherever you are.

- Find resource locations on a map
- Easily translate information into 12 other languages
- Search by category, topic, or alphabetically
- Links to agency websites



[www.HealthCareDirectory.org](http://www.HealthCareDirectory.org)





[HealthCareDirectory.org](http://HealthCareDirectory.org) | [SJCHF.org](http://SJCHF.org) | 260-969-2001

347 W. Berry St., Suite 101, Fort Wayne, IN 46802