

Factors Associated with Preterm Birth

Social, Personal, and Economic Characteristics

- ✓ Low or high maternal age.
- ✓ Black race.
- ✓ Low maternal income or socioeconomic status.

Medical and Pregnancy Conditions

- ✓ Infection.
- ✓ Prior preterm birth.
- ✓ Carrying more than 1 baby (twins, triplets, or more.)
- ✓ High blood pressure during pregnancy.

Behavioral

- ✓ Tobacco and alcohol use.
- ✓ Substance abuse.
- ✓ Late prenatal care.
- ✓ Stress.



For more information visit:
www.cdc.gov/reproductivehealth/MaternalInfantHealth/PretermBirth.htm