



ALLEN COUNTY
FIMR
RECOMMENDATIONS

WHAT YOU CAN DO TO HELP

OBJECTIVES

- Overview of FIMR and FIMR process
- Share an example of a local FIMR success
- What did we discover?
- FIMR recommendations for community agencies

WHAT IS THE FETAL INFANT MORTALITY REVIEW (FIMR)?

- Multi-disciplinary team
- Reviews individual cases of fetal or infant death
- All moms are offered maternal/family interviews
- Cases are de-identified
- Examine what “life was like” for families during pregnancy and during the first year of baby’s life
- Look for strengths/opportunities surrounding care, support, and resources
- After reviewing many cases, the team notes trends and reports back to stakeholders
- Community Action Team (CAT) committees design and implement interventions based on recommendations AND individual agencies can use recommendations for internal quality improvement.



Self-Care Toolkit

for Pregnant Women and New Moms

SELF-CARE TOOLKIT

FIMR case reviews revealed:

Mental health affecting
pregnancies

Stigma was present

Moms unaware of self-care
options

Available resources were not
appropriate.

A multi-disciplinary team
developed a tool to meet the
need.

WHAT DID WE DISCOVER?

- Not all deaths are preventable. When this is the case, there are still things that can be done to support the family and prevent additional pain and sorrow.
- For those deaths that the team thought were preventable, significantly more risk factors were present.
- Cases (and people) are complex.
- We have many opportunities to improve the health and well-being of women, infants, and families. To make real and sustainable improvements, it will take us all working together.



PERSPECTIVE



CONSIDER

What are the woman's top concerns?

Could I be the first person to detect a risk or need?

How does acting now make a difference?

How might something I do affect a future pregnancy?

What is something I can implement now at my agency?

How can I partner with another agency to expand our impact?

CHRONIC MATERNAL HEALTH ISSUES CONTRIBUTE TO POOR OUTCOMES

- Preexisting issues, such as diabetes, hypertension, and depression contribute to poor pregnancy outcomes.
- How can preconception health be improved?
- Includes smoking cessation, access to healthy foods, primary care



FOLIC ACID

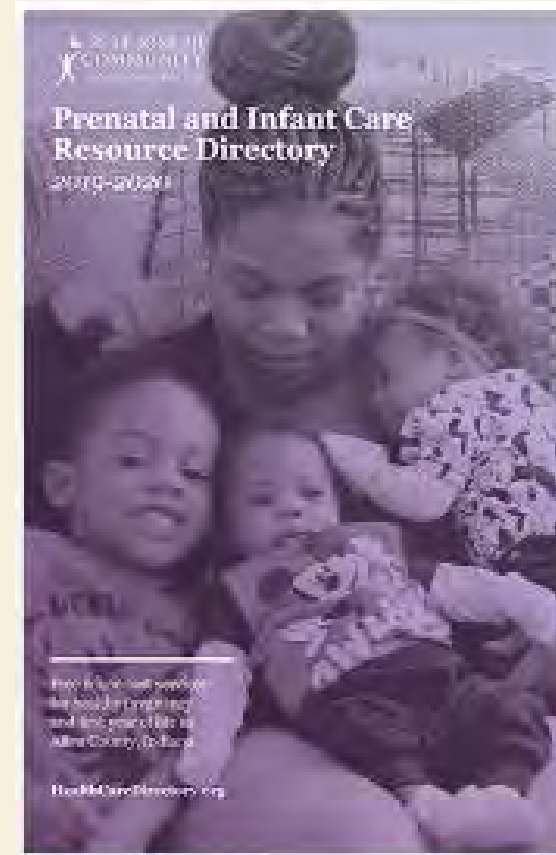
- Few women are taking a folic acid supplement prior to their initial prenatal visit.
- ACOG recommends that all women (even if they are not trying to get pregnant) consume 400 mcg of folic acid a day by taking a vitamin supplement containing folic acid.



WOMEN ARE NOT ACCESSING COMMUNITY RESOURCES

Women either don't know about resources
or think they aren't eligible.

- Networking!
- SJCHF Resource Directory!
- Include family members in education about resources



WOMEN LACK SOCIAL SUPPORT

- Promote home visiting
- Mentors
- OB Navigator



DOMESTIC VIOLENCE

- Increase domestic violence screening
- Partners are often present, making it difficult to complete screening
- Take advantage when opportunities present!



SOCIAL NEEDS

- Unmet social needs, such as inadequate housing, food insecurity, and unreliable transportation affect women's ability to lead healthy lives and access resources and services they need.
- Women are not compliant with a plan of care if they can't afford it.
- Screening
- Referrals
- The sooner the better!



DR. GOOGLE

- Women rely on Google searches for information and often find questionable or non-evidenced based answers.
- Promote the use of appropriate websites
- Encourage communication with providers





Your baby's nutrition

Feeding shouldn't be a frenzy. For either of you.

If you are breastfeeding, this can be a challenging month for you. We can help, with tips about latching on, plus common feeding...

[READ MORE ▼](#)

LATE OR NO PRENATAL CARE

- Reduce barriers to care
- Increase women's awareness of the importance of prenatal care
- Build trust in the healthcare system
- Help women understand the difference between *pregnancy resources* and *prenatal care*



INSURANCE

- Worry about payment is a barrier to care
- Women don't understand presumptive eligibility
- Emergency Medicaid



UNSAFE SLEEP

- Develop a community-wide safe sleep curriculum
- Consistent and persistent messaging
- Develop a community-wide data collection and analysis process
- Ensure every baby has a safe sleep environment





**GOT IDEAS?
WANNA TALK?**

I'm here for it!

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