

**HEALTHY
MOMS.
STRONG
BABIES.**



SUPPORT SERVICES FOR EXPECTING AND NEW MOMS

March of Dimes leads the fight for the health of all moms and babies. Today they need our help more than ever. The effects of the global COVID-19 pandemic on families is truly devastating. We're concerned about the spread of the virus and the risk it poses to moms and their newborns.

That's why we're offering services and resources to provide expecting and new moms with information to best prepare for childbirth and infant care to be as healthy and strong as possible. These programs include:

1. Virtual NICU Family Support®: Our virtual NICU Family Support program provides education and support to NICU parents in partner hospitals across the countries. Families can receive support and education while maintaining hospital protocols for infection control.

2. COVID-19 updates with the My NICU Baby® App: My NICU Baby App provides COVID-19 information for families in the NICU with videos on infection control and parent self-care, how to support siblings and options to connect with other NICU families. Learn more at mynicubaby.org.



3. The latest COVID-19 news with Facebook Live Events and maternal and child health experts: March of Dimes President and CEO Stacey D. Stewart hosts informal conversations with medical and public health experts and others to guide families with the tools they need to prepare for birth and caring for a newborn at home.



4. Preparing for pregnancy at home with Supportive Pregnancy Virtual Groups: In this time of need, expectant moms connected to our Supportive Pregnancy Care program can access virtual support and education to help them prepare for a healthy pregnancy and delivery.



5. Supporting research for a COVID-19 vaccine and treatment with the Mom and Baby COVID-19 Intervention and Support Fund: We established the Mom and Baby COVID-19 Intervention and Support Fund to address the urgent need for research, advocacy and education to protect families from COVID-19 and the unknown future effects of the virus.



6. Supporting hospital partners: We're in local communities to provide support and thank our hospitals partners as they work on the front lines of this pandemic.



Together we can support the health of all moms and babies with advice and help they need as the country strives to combat the spread of COVID-19. Visit marchofdimes.org or nacersano.org for more information.