



**Prenatal &
Infant Care**
Network

Pregnancy & Marijuana

Erica Deathe LMSW, CARC



Maternal Recovery Specialist



- Peer Recovery Coach
- Parkview Health
- Pregnant and postpartum population
- SUD
- Home, community and office-based services

Referrals to Maternal Recovery

- Pregnancy
- Postpartum up to 1 year
- Any substance
- Any provider
- Wellness & recovery
- Hope & support



Peer Recovery Coach

- What is recovery?
- Guiding principles
- Communication skills
- Stigma
- Stages of change
- Recovery pathways
- Recovery wellness plan



Maternal Recovery Services

- Phone calls, texting, emails and mail
- Meeting at OB appointments, ED, FBC or MAT clinic
- Collaborating with other community programs
- Interdisciplinary team approach
- Referrals to treatment
- Harm reduction
- Assist with basic needs





Marijuana use

- Highest volume of use
- Controversial
- CBD
- Medical indications
- Many forms
- More dangerous now
- Conversation



What we've learned

- Stigma
- Language
- Rapport
- Trust
- Ask the questions!





Thank you

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